



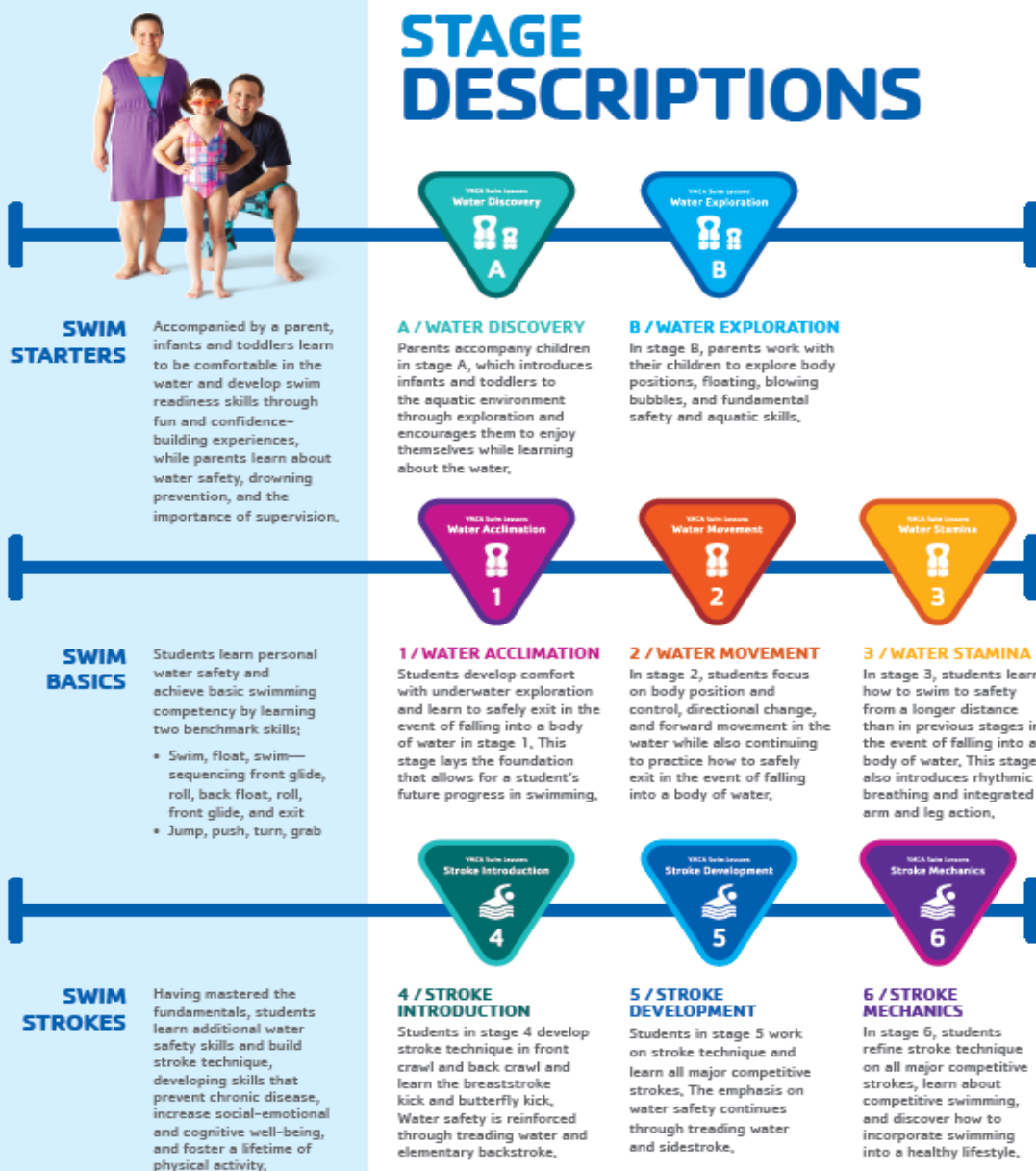
| CLASS NAME | LEVEL/ AGE RANGE | AGE GROUP | Ratio | DAY | START TIME | END TIME | MEMBER FEE | COMMUNITY FEE | ROOM |
|---|--|----------------|-------|-------------|------------|----------|---------------------------|------------------|----------|
| PRESCHOOL/ TODDLER | | | | | | | | | |
| Separation | Enrichment Classes | Ages 2-3 | | Mon - Wed | 9:00 AM | 12:00 PM | Contact Member Services | | Studio B |
| Separation | Enrichment Classes | Ages 2-3 | | Mon - Thurs | 9:00 AM | 12:00 PM | Contact Member Services | | Studio B |
| MG & Me | Movement | Ages 1-3 | 1:15 | Saturday | 10:00 AM | 10:45 AM | \$206 | \$289 | Studio C |
| MG & Me | Open Gym Playdate | Ages 4 & under | | M, T, Th | 11:00 AM | 11:50 AM | Free | \$10/ adult/ day | Gym |
| SPORTS, DANCE & ARTS | | | | | | | | | |
| Youth Arts | Tiny Toes Ballet Beginner | Ages 3-4 | 1:15 | Wednesday | 5:00 PM | 6:00 PM | \$206 | \$289 | Studio C |
| Youth Arts | Ballet & Tap Beginner | Ages 5-7 | 1:15 | Saturday | 11:00 AM | 12:00 PM | \$206 | \$289 | Studio C |
| Youth Arts | Ballet II Beg/ Intermediate | Ages 8-12 | 1:15 | Saturday | 12:00 PM | 1:00 PM | \$206 | \$289 | Studio C |
| Youth Sports | Basketball Beginner | Ages 4-6 | | Wednesday | 4:00 PM | 5:00 PM | \$206 | \$289 | Gym |
| Youth Sports | Basketball Intermediate | Ages 7-12 | | Wednesday | 5:00 PM | 6:00 PM | \$206 | \$289 | Gym |
| Youth Sports | Basketball Beginner | Ages 4-6 | | Saturday | 10:15 AM | 11:15 AM | \$206 | \$289 | Gym |
| Youth Sports | Basketball Intermediate | Ages 7-12 | | Saturday | 11:30 AM | 12:30 PM | \$206 | \$289 | Gym |
| Youth Sports | Shotokan Karate Beginner | Ages 5-10 | | Tuesday | 6:30 PM | 7:30 PM | \$206 | \$289 | Studio B |
| Youth Sports | Shotokan Karate Beginner | Ages 5-10 | | Friday | 5:30 PM | 6:30 PM | \$206 | \$289 | Studio B |
| Youth Sports | Shotokan Karate Intermediate | Ages 11-17 | | Friday | 6:30 PM | 7:30 PM | \$206 | \$289 | Studio B |
| Youth Sports | Soccer Beginner | Ages 3-4 | | Friday | 3:00 PM | 4:00 PM | \$206 | \$289 | Gym |
| Youth Sports | Soccer Beginner | Ages 5-6 | | Friday | 4:00 PM | 5:00 PM | \$206 | \$289 | Gym |
| Youth Sports | Soccer Beginner | Ages 7-12 | | Friday | 5:00 PM | 6:00 PM | \$206 | \$289 | Gym |
| Youth Sports | Tennis Beginner | Ages 5-8 | | Thursday | 3:30 PM | 4:15 PM | \$206 | \$289 | Gym |
| Youth Sports | Tennis Beginner | Ages 5-8 | | Sunday | 3:45 PM | 4:30 PM | \$206 | \$289 | Gym |
| Youth Sports | Tennis Beginner | Ages 9-12 | | Thursday | 4:15 PM | 5:00 PM | \$206 | \$289 | Gym |
| Youth Sports | Tennis Beginner | Ages 9-12 | | Sunday | 4:30 PM | 5:15 PM | \$206 | \$289 | Gym |
| SWIM STARTERS PARENT/ CHILD SWIM 6-36 MONTHS OLD | | | | | | | | | |
| Swim Starters | Stage A/ Water Discovery | 6-18 months | 1:6 | Saturday | 9:15 AM | 9:45 AM | \$208 | \$294 | Pool |
| Swim Starters | Stage A/ Water Discovery | 6-18 months | 1:6 | Sunday | 9:15 AM | 9:45 AM | \$208 | \$294 | Pool |
| Swim Starters | Stage B/ Water Exploration | 18-36 months | 1:6 | Saturday | 9:45 AM | 10:15 AM | \$208 | \$294 | Pool |
| Swim Starters | Stage B/ Water Exploration | 18-36 months | 1:6 | Sunday | 9:45 AM | 10:15 AM | \$208 | \$294 | Pool |
| PRESCHOOL SWIM 3-5 YEARS OLD | | | | | | | | | |
| Swim Basics | Stage 1/ Water Accl w/ par | Ages 3-5 | 1:6 | Saturday | 10:15 AM | 10:45 AM | \$208 | \$294 | Pool |
| Swim Basics | Stage 1/ Water Accl w/ par | Ages 3-5 | 1:6 | Sunday | 10:15 AM | 10:45 AM | \$208 | \$294 | Pool |
| Swim Basics | Stage 1/ Water Acclimation | Ages 3-5 | 1:6 | Wednesday | 3:00 PM | 3:30 PM | \$208 | \$294 | Pool |
| Swim Basics | Stage 2/ Water Movement | Ages 3-5 | 1:6 | Wednesday | 3:30 PM | 4:00 PM | \$208 | \$294 | Pool |
| Swim Basics | Stage 2/ Water Movement | Ages 3-5 | 1:6 | Saturday | 11:45 AM | 12:15 PM | \$208 | \$294 | Pool |
| Swim Basics | Stage 2/ Water Movement | Ages 3-5 | 1:6 | Sunday | 11:45 AM | 12:15 PM | \$208 | \$294 | Pool |
| Swim Basics | Stage 3/ Water Stamina | Ages 3-5 | 1:6 | Saturday | 12:15 PM | 12:45 PM | \$208 | \$294 | Pool |
| Swim Basics | Stage 3/ Water Stamina | Ages 3-5 | 1:6 | Sunday | 12:15 PM | 12:45 PM | \$208 | \$294 | Pool |
| YOUTH SWIM AGES 5-12 | | | | | | | | | |
| Swim Basics | Stage 1/ Water Acclimation | Ages 5-12 | 1:6 | Friday | 3:00 PM | 3:30 PM | \$208 | \$294 | Pool |
| Swim Basics | Stage 1/ Water Acclimation | Ages 5-12 | 1:6 | Saturday | 12:45 PM | 1:15 PM | \$208 | \$294 | Pool |
| Swim Basics | Stage 1/ Water Acclimation & Stage 2/ Water Movement | Ages 5-12 | 1:6 | Wednesday | 4:00 PM | 4:30 PM | \$208 | \$294 | Pool |
| Swim Basics | Stage 2/ Water Movement | Ages 5-12 | 1:6 | Friday | 3:30 PM | 4:00 PM | \$208 | \$294 | Pool |
| Swim Basics | Stage 2/ Water Movement | Ages 5-12 | 1:6 | Sunday | 12:45 PM | 1:15 PM | \$208 | \$294 | Pool |
| Swim Basics | Stage 3/ Water Stamina | Ages 5-12 | 1:6 | Friday | 4:00 PM | 4:30 PM | \$208 | \$294 | Pool |
| Swim Basics | Stage 3/ Water Stamina | Ages 5-12 | 1:6 | Saturday | 1:15 PM | 1:45 PM | \$208 | \$294 | Pool |
| Swim Basics | Stage 3/ Water Stamina | Ages 5-12 | 1:6 | Sunday | 1:15 PM | 1:45 PM | \$208 | \$294 | Pool |
| Swim Strokes | Stage 4/ Stroke Introduction & Stage 5/ Stroke Development | Ages 5-12 | 1:8 | Wednesday | 4:45 PM | 5:15 PM | \$210 | \$300 | Pool |
| Swim Strokes | Stage 4/ Stroke Introduction | Ages 5-12 | 1:8 | Saturday | 2:00 PM | 2:45 PM | \$210 | \$300 | Pool |
| Swim Strokes | Stage 5/ Stroke Development & Stage 6/ Stroke Mechanics | Ages 5-12 | 1:8 | Sunday | 2:00 PM | 2:45 PM | \$210 | \$300 | Pool |
| TEEN SWIM AGES 13-17 | | | | | | | | | |
| Swim Basics | Stage 2/ Water Movement Stage 3/ Water Stamina | Ages 13-17 | 1:10 | Friday | 4:45 PM | 5:30 PM | \$210 | \$300 | Pool |
| ADULT SWIM AGES 18+ | | | | | | | | | |
| Swim Basics | Stage 1/ Water Acclimation | Ages 18+ | 1:10 | Wednesday | 5:15 PM | 6:00 PM | \$210 | \$300 | Pool |
| Swim Basics | Stage 2/ Water Movement | Ages 18+ | 1:10 | Wednesday | 5:15 PM | 6:00 PM | \$210 | \$300 | Pool |
| Swim Basics | Stage 3/ Water Stamina | Ages 18+ | 1:10 | Wednesday | 6:15 PM | 7:00 PM | \$210 | \$300 | Pool |
| Swim Strokes | Stage 4/ Stroke Intro | Ages 18+ | 1:10 | Wednesday | 6:15 PM | 7:00 PM | \$210 | \$300 | Pool |
| Swim Strokes | Stage 5/ Stroke Development & Stage 6/ Stroke Mechanics | Ages 18+ | 1:10 | Friday | 6:30 PM | 7:15 PM | \$210 | \$300 | Pool |
| FAMILY RECREATIONAL SWIM | | | | | | | | | |
| Swim - Family | Family Recreation Swim Time | All Ages | | Monday | 4:45 PM | 5:30 PM | Free w/ Family Membership | | Pool |
| Swim - Family | Family Recreation Swim Time | All Ages | | Tuesday | 2:30 PM | 3:15 PM | Free w/ Family Membership | | Pool |

| | | | | | | | |
|---------------|-----------------------------|------------|-----------|---------|---------|---------------------------|------|
| Swim - Family | Family Recreation Swim Time | All Ages | Thursday | 3:15 PM | 4:00 PM | Free w/ Family Membership | Pool |
| Swim - Family | Family Recreation Swim Time | All Ages | Thursday | 4:15 PM | 5:00 PM | Free w/ Family Membership | Pool |
| Swim - Family | Family Recreation Swim Time | All Ages | Saturday | 3:30 PM | 4:15 PM | Free w/ Family Membership | Pool |
| Swim - Family | Family Recreation Swim Time | All Ages | Saturday | 4:15 PM | 5:00 PM | Free w/ Family Membership | Pool |
| Swim - Family | Family Recreation Swim Time | All Ages | Sunday | 4:45 PM | 5:45 PM | Free w/ Family Membership | Pool |
| Swim - Teen | Teens - Lap Swim | Ages 13-17 | Tuesday | 8:00 PM | 9:00 PM | Free w/ Family Membership | Pool |
| Swim - Teen | Teens - Lap Swim | Ages 13-17 | Wednesday | 7:30 PM | 9:00 PM | Free w/ Family Membership | Pool |
| Swim - Teen | Teens - Lap Swim | Ages 13-17 | Thursday | 7:30 PM | 9:00 PM | Free w/ Family Membership | Pool |
| Swim - Teen | Teens - Lap Swim | Ages 13-17 | Friday | 7:30 PM | 9:00 PM | Free w/ Family Membership | Pool |
| Swim - Teen | Teens - Lap Swim | Ages 13-17 | Saturday | 8:00 AM | 9:00 AM | Free w/ Family Membership | Pool |
| Swim - Teen | Teens - Lap Swim | Ages 13-17 | Saturday | 5:30 PM | 7:00 PM | Free w/ Family Membership | Pool |
| Swim - Teen | Teens - Lap Swim | Ages 13-17 | Sunday | 8:00 AM | 9:00 AM | Free w/ Family Membership | Pool |
| Swim - Teen | Teens - Lap Swim | Ages 13-17 | Sunday | 6:00 PM | 7:30 PM | Free w/ Family Membership | Pool |

GET SOCIAL: @GREENPOINTYMCA



99 Meserole Ave, Bklyn, NY - 212-912-2260 - www.ymcany.org/greenpoint



Note:

- Everyone must shower before entering the pool.
- Swim caps are required to swim.
- Shoes are not allowed on the pool deck.
- Swimsuits are required in the pool.

HAVE MORE QUESTIONS? Our front-desk staff is available to answer any questions about the swim lessons program.

051618 08/16