



JUST FOR KIDS

Winter Session | January 2, 2026 – February 22, 2026

as of 11.26.25

Need Financial Assistance? Just Ask.



CLASS NAME	LEVEL/ AGE RANGE	AGE GROUP	Ratio	DAY	START TIME	END TIME	MEMBER FEE	COMMUNITY FEE	ROOM
PRESCHOOL/ TODDLER									
Separation	Enrichment Classes	Ages 2-3		Mon - Wed	9:00 AM	12:00 PM	Contact Member Services		Studio B
Separation	Enrichment Classes	Ages 2-3		Mon - Thurs	9:00 AM	12:00 PM	Contact Member Services		Studio B
MG & Me	Movement	Ages 1-3	1:15	Saturday	10:00 AM	10:45 AM	\$206	\$289	Studio C
MG & Me	Open Gym Playdate	Ages 4 & under		M, T, Th	11:00 AM	11:50 AM	Free	\$10/ adult/ day	Gym
SPORTS, DANCE & ARTS									
Youth Arts	Tiny Toes Ballet Beginner	Ages 3-4	1:15	Wednesday	5:00 PM	6:00 PM	\$206	\$289	Studio C
Youth Arts	Ballet & Tap Beginner	Ages 5-7	1:15	Saturday	11:00 AM	12:00 PM	\$206	\$289	Studio C
Youth Arts	Ballet II Beg/ Intermediate	Ages 8-12	1:15	Saturday	12:00 PM	1:00 PM	\$206	\$289	Studio C
Youth Sports	Basketball Beginner	Ages 4-6		Wednesday	4:00 PM	5:00 PM	\$206	\$289	Gym
Youth Sports	Basketball Intermediate	Ages 7-12		Wednesday	5:00 PM	6:00 PM	\$206	\$289	Gym
Youth Sports	Basketball Beginner	Ages 4-6		Saturday	10:15 AM	11:15 AM	\$206	\$289	Gym
Youth Sports	Basketball Intermediate	Ages 7-12		Saturday	11:30 AM	12:30 PM	\$206	\$289	Gym
Youth Sports	Shotokan Karate Beginner	Ages 5-10		Tuesday	6:30 PM	7:30 PM	\$206	\$289	Studio B
Youth Sports	Shotokan Karate Beginner	Ages 5-10		Friday	5:30 PM	6:30 PM	\$206	\$289	Studio B
Youth Sports	Shotokan Karate Intermediate	Ages 11-17		Friday	6:30 PM	7:30 PM	\$206	\$289	Studio B
Youth Sports	Soccer Beginner	Ages 3-4		Friday	3:00 PM	4:00 PM	\$206	\$289	Gym
Youth Sports	Soccer Beginner	Ages 5-6		Friday	4:00 PM	5:00 PM	\$206	\$289	Gym
Youth Sports	Soccer Beginner	Ages 7-12		Friday	5:00 PM	6:00 PM	\$206	\$289	Gym
Youth Sports	Tennis Beginner	Ages 5-8		Thursday	3:30 PM	4:15 PM	\$206	\$289	Gym
Youth Sports	Tennis Beginner	Ages 9-12		Thursday	4:15 PM	5:00 PM	\$206	\$289	Gym
SWIM STARTERS PARENT/ CHILD SWIM 6-36 MONTHS OLD									
Swim Starters	Stage A/ Water Discovery	6-18 months	1:6	Saturday	9:15 AM	9:45 AM	\$208	\$294	Pool
Swim Starters	Stage A/ Water Discovery	6-18 months	1:6	Sunday	9:15 AM	9:45 AM	\$208	\$294	Pool
Swim Starters	Stage B/ Water Exploration	18-36 months	1:6	Saturday	9:45 AM	10:15 AM	\$208	\$294	Pool
Swim Starters	Stage B/ Water Exploration	18-36 months	1:6	Sunday	9:45 AM	10:15 AM	\$208	\$294	Pool
PRESCHOOL SWIM 3-5 YEARS OLD									
Swim Basics	Stage 1/ Water Accl w/ par	Ages 3-5	1:6	Saturday	10:15 AM	10:45 AM	\$208	\$294	Pool
Swim Basics	Stage 1/ Water Accl w/ par	Ages 3-5	1:6	Sunday	10:15 AM	10:45 AM	\$208	\$294	Pool
Swim Basics	Stage 1/ Water Acclimation	Ages 3-5	1:6	Wednesday	3:00 PM	3:30 PM	\$208	\$294	Pool
Swim Basics	Stage 2/ Water Movement	Ages 3-5	1:6	Wednesday	3:30 PM	4:00 PM	\$208	\$294	Pool
Swim Basics	Stage 2/ Water Movement	Ages 3-5	1:6	Saturday	11:45 AM	12:15 PM	\$208	\$294	Pool
Swim Basics	Stage 2/ Water Movement	Ages 3-5	1:6	Sunday	11:45 AM	12:15 PM	\$208	\$294	Pool
Swim Basics	Stage 3/ Water Stamina	Ages 3-5	1:6	Saturday	12:15 PM	12:45 PM	\$208	\$294	Pool
Swim Basics	Stage 3/ Water Stamina	Ages 3-5	1:6	Sunday	12:15 PM	12:45 PM	\$208	\$294	Pool
YOUTH SWIM AGES 5-12									
Swim Basics	Stage 1/ Water Acclimation	Ages 5-12	1:6	Friday	3:00 PM	3:30 PM	\$208	\$294	Pool
Swim Basics	Stage 1/ Water Acclimation	Ages 5-12	1:6	Saturday	12:45 PM	1:15 PM	\$208	\$294	Pool
Swim Basics	Stage 1/ Water Acclimation & Stage 2/ Water Movement	Ages 5-12	1:6	Wednesday	4:00 PM	4:30 PM	\$208	\$294	Pool
Swim Basics	Stage 2/ Water Movement	Ages 5-12	1:6	Friday	3:30 PM	4:00 PM	\$208	\$294	Pool
Swim Basics	Stage 2/ Water Movement	Ages 5-12	1:6	Sunday	12:45 PM	1:15 PM	\$208	\$294	Pool
Swim Basics	Stage 3/ Water Stamina	Ages 5-12	1:6	Friday	4:00 PM	4:30 PM	\$208	\$294	Pool
Swim Basics	Stage 3/ Water Stamina	Ages 5-12	1:6	Saturday	1:15 PM	1:45 PM	\$208	\$294	Pool
Swim Basics	Stage 3/ Water Stamina	Ages 5-12	1:6	Sunday	1:15 PM	1:45 PM	\$208	\$294	Pool
Swim Strokes	Stage 4/ Stroke Introduction & Stage 5/ Stroke Development	Ages 5-12	1:8	Wednesday	4:45 PM	5:30 PM	\$210	\$300	Pool
Swim Strokes	Stage 4/ Stroke Introduction	Ages 5-12	1:8	Saturday	2:00 PM	2:45 PM	\$210	\$300	Pool
Swim Strokes	Stage 5/ Stroke Development & Stage 6/ Stroke Mechanics	Ages 5-12	1:8	Sunday	2:00 PM	2:45 PM	\$210	\$300	Pool
TEEN SWIM AGES 13-17									
Swim Basics	Stage 2/ Water Movement Stage 3/ Water Stamina	Ages 13-17	1:10	Friday	4:45 PM	5:30 PM	\$210	\$300	Pool
ADULT SWIM AGES 18+									
Swim Basics	Stage 2/ Water Movement	Ages 18+	1:10	Wednesday	5:30 PM	6:15 PM	\$210	\$300	Pool
Swim Strokes	Stage 5/ Stroke Development & Stage 6/ Stroke Mechanics	Ages 18+	1:10	Wednesday	6:30 PM	7:15 PM	\$210	\$300	Pool
Swim Basics	Stage 3/ Water Stamina	Ages 18+	1:10	Friday	5:30 PM	6:15 PM	\$210	\$300	Pool
Swim Strokes	Stage 4/ Stroke Intro	Ages 18+	1:10	Friday	7:00 PM	7:45 PM	\$210	\$300	Pool
FAMILY RECREATIONAL SWIM									
Swim - Family	Family Recreation Swim Time	All Ages		Monday	4:45 PM	5:30 PM	Free w/ Family Membership		Pool
Swim - Family	Family Recreation Swim Time	All Ages		Tuesday	2:30 PM	3:15 PM	Free w/ Family Membership		Pool

Swim - Family	Family Recreation Swim Time	All Ages	Thursday	3:15 PM	4:00 PM	Free w/ Family Membership	Pool
Swim - Family	Family Recreation Swim Time	All Ages	Thursday	4:15 PM	5:00 PM	Free w/ Family Membership	Pool
Swim - Family	Family Recreation Swim Time	All Ages	Saturday	3:30 PM	4:15 PM	Free w/ Family Membership	Pool
Swim - Family	Family Recreation Swim Time	All Ages	Saturday	4:15 PM	5:00 PM	Free w/ Family Membership	Pool
Swim - Family	Family Recreation Swim Time	All Ages	Sunday	4:45 PM	5:45 PM	Free w/ Family Membership	Pool
Swim - Teen	Teens - Lap Swim	Ages 13-17	Tuesday	8:00 PM	9:00 PM	Free w/ Family Membership	Pool
Swim - Teen	Teens - Lap Swim	Ages 13-17	Wednesday	8:00 PM	9:00 PM	Free w/ Family Membership	Pool
Swim - Teen	Teens - Lap Swim	Ages 13-17	Thursday	8:00 PM	9:00 PM	Free w/ Family Membership	Pool
Swim - Teen	Teens - Lap Swim	Ages 13-17	Friday	8:00 PM	9:00 PM	Free w/ Family Membership	Pool
Swim - Teen	Teens - Lap Swim	Ages 13-17	Saturday	8:00 AM	9:00 AM	Free w/ Family Membership	Pool
Swim - Teen	Teens - Lap Swim	Ages 13-17	Saturday	5:30 PM	7:00 PM	Free w/ Family Membership	Pool
Swim - Teen	Teens - Lap Swim	Ages 13-17	Sunday	8:00 AM	9:00 AM	Free w/ Family Membership	Pool
Swim - Teen	Teens - Lap Swim	Ages 13-17	Sunday	6:00 PM	7:30 PM	Free w/ Family Membership	Pool

GET SOCIAL: @GREENPOINTYMCA



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