



*I love to get fit and
meet new friends
at my local Y.*

YMCA MEMBERSHIP OPEN HOUSE

SATURDAY JANUARY 11, 10 AM-12 PM

On Saturday, January 11th, you can try out the Y for free. And now through 1/31, you can get One Month Free* + \$0 Joiner's Fee.

*Stay 3 months, get the 4th free

CHECK OUT SOME OF THE AMENITIES INCLUDED WITH A MEMBERSHIP:

- State-of-the-art cardio & strength equipment and free weights
- Group fitness classes (cardio, mind/body, dance, martial arts, aqua fitness, and more)
- Swimming pools for lap swim, family swim, and recreational swim
- Basketball courts and open gym time
- Adult sports including basketball, pickleball, volleyball, and badminton
- Member discounts and priority access for programs
- A welcoming community for all
- Free Fitness Center Essentials Program for all new members

FINANCIAL ASSISTANCE AVAILABLE. *Promotional Offer – \$0 Joiner's Fee & stay 3 months, get the 4th month free. Offer ends January 31, 2025 and is valid for new members at the YMCA of Greater New York locations only, and not available to lapsed members of the past 30 days. Cannot be combined with any other offer; Valid government-issued photo ID required.



GREENPOINT YMCA | 99 Meserole Ave, Bklyn, NY 11222 | 212.912.2260
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ymcanyc.org/join



YMCA OF GREATER
NEW YORK



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CHECK OUT SOME OF OUR OPEN HOUSE ACTIVITIES:

Adult Activities:

- Morning Yoga Class | 8 am - 9 am
- Zumba Class | 11 am - 12 pm
- Salsa Demo | 11 am - 12 pm
- Learn about Fitness Center Essentials
- Discover Badminton-Coming in Jan

Family & Youth Activities:

- Learn about Youth Programs, Birthday Party rentals, Year-Round Family Events, and Free Teen Programs on Saturdays.

ALL:

- Healthy Snacks & Giveaways

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