



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

TEEN ORIENTATION FORM

Teen First Name (Print)	Teen Last Name (Print)	Date of Birth	Age
Parent/Guardian First Name (Print)	Parent/Guardian Last Name (Print)	Home Phone	Cell Phone

Terms & Conditions

- All members, staff, and visitors are expected to exhibit the YMCA’s four core values of Caring, Honesty, Responsibility and Respect.
- All members are subject to our Code of Conduct Policy. Code of Conduct will be distributed and reviewed at teen orientations.
- Appropriate attire and footwear must be worn at all times.
- Teen participants may only use the fitness center during teen fitness hours, as set forth by each branch.
- Teen participants must take a teen orientation with one of the Fitness Center Coaches prior to using the Fitness Center.

Consent & Agreement

My child is in good health and I am not aware of any condition that would be a problem during his/her participation within the Fitness Centre.

I give permission for my child to workout at the YMCA although he/she is under 18 years of age.

I understand that my child must follow all safety protocols in place by the YMCA of Greater NY, including temperature checks upon arrival, and full compliance with mask-wearing.

I understand that this authorization is at our own risk.

Signing below indicates that you have read and agree with the terms, conditions, and consent above.

Teen Name (Print)	Teen Signature
Parent/Guardian Name (Print)	Parent/Guardian Signature



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Teen Orientation Form

(Please Print)

Teen Member Name:		Age:	
Address:			

Membership I.D. #	
Membership Category:	
Age:	
DOB:	
EMERGENCY CONTACT NAME & NUMBER (indicate relationship)	

To be completed by Membership Staff: Fac. Acc. Msg. entered on:			
Staff Name: (please print)		Date:	

***Children under the age of 12 are not permitted in the Fitness Center / Cardio Room**



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YMCA of Greater New York Code of Conduct

At the YMCA of Greater New York, creating a welcoming and healthy environment is a team effort. We ask everyone — staff, members, volunteers and guests — to follow our Code of Conduct, which is based on our core values of caring, honesty, respect, and responsibility.

1. Create a healthy environment; adhere to all required New York City Covid-19 mandates and stay home if you have any symptoms of being sick.
2. Speak in respectful tones; refrain from the use of vulgar or derogatory language; and dress appropriately.
3. Resolve conflicts in a respectful, honest, and caring manner; never resort to physical contact or threatening gestures.
4. Respect others by refraining from intimate behavior in public; abstain from contact of a sexual nature.
5. Respect the property of others; never engage in theft or destruction.
6. Create a safe, caring environment; never carry illegal firearms or devices.
7. Participate in programs to build a healthy spirit, mind, and body; never engage in the use, sale, dispensing, or possession of illegal drugs or narcotics, or the unsanctioned use of alcohol on YMCA premises.

ADHERENCE TO THE YMCA CODE OF CONDUCT AND REGULATIONS IS ESSENTIAL