McBurney YMCA Pool Schedule



YMCA OF GREATER NEW YORK Where there's a Y, there's a way.

7/1/2024

LAP SWIM

TUESDAY 6:15am - 11:00am <i>6 LANES</i> 11:00am - 12:00pm <i>3 LANES</i> 12:00pm - 1:00pm <i>4 LANES</i> 1:00pm - 2:00pm	WEDNESDAY 6:15am - 11:00am 6 LANES 11:00am - 12:00pm 3 LANES 12:00pm - 1:30pm 6 LANES	THURSDAY 6:15am - 11:00am 6 LANES 11:00am - 12:00pm 3 LANES 12:00pm - 3:00pm	FRIDAY 6:15am - 11:00am <i>6 LANES</i> 11:00am - 12:00pm <i>3 LANES</i>	SATURDAY 8:15am - 9:00am 6 LANES 9:00am - 4:30pm 4 LANES	SUNDAY 8:15am - 10:00am <i>6 LANES</i> 10:00am - 4:30pm	
6 LANES 11:00am - 12:00pm 3 LANES 12:00pm - 1:00pm 4 LANES	<i>6 LANES</i> 11:00am - 12:00pm <i>3 LANES</i> 12:00pm - 1:30pm	<i>6 LANES</i> 11:00am - 12:00pm <i>3 LANES</i>	<i>6 LANES</i> 11:00am - 12:00pm	<i>6 LANES</i> 9:00am - 4:30pm	6 LANES	
11:00am - 12:00pm <i>3 LANES</i> 12:00pm - 1:00pm <i>4 LANES</i>	11:00am - 12:00pm <i>3 LANES</i> 12:00pm - 1:30pm	11:00am - 12:00pm <i>3 LANES</i>	11:00am - 12:00pm	9:00am - 4:30pm		
<i>3 LANES</i> 12:00pm - 1:00pm <i>4 LANES</i>	<i>3 LANE5</i> 12:00pm - 1:30pm	3 LANES		•	10:00am - 4:30pm	
12:00pm - 1:00pm <i>4 LANES</i>	12:00pm - 1:30pm		3 LANES	4 LANES		
4 LANES		12:00pm - 3:00pm			5 LANES	
	6 LANES		12:00pm - 1:00pm			
1:00pm - 2:00pm		4 LANES	6 LANES			
	1:30pm - 2:15pm	3:00pm - 4:15pm	1:00pm - 2:00pm			
6 LANES	4 LANES	4 LANES	4 LANES			
2:00pm - 3:00pm	2:15pm - 3:00pm	4:15pm - 5:00pm	2:00pm - 3:00pm			
3 LANES	6 LANES	3 LANES	3 LANES			
3:00pm - 4:15pm	3:00pm - 4:15pm	5:00pm - 8:15pm	3:00pm - 5:00pm			
4 LANES	4 LANES	4 LANES	6 LANES			
4:15pm - 5:00pm	4:15pm - 5:00pm	8:15pm - 8:30pm	5:00pm - 7:15pm	Group lessons and private lessons available		
3 LANES	3 LANES	6 LANES	4 LANES			
5:00pm - 7:15pm	5:00pm - 8:15pm		7:15pm - 8:30pm	 Please check with member services for mo information. Youth lap swim available only when 3 or ma lanes are open. Youth programing runs everyday after 3p and all day on Saturday. 		
4 LANES	4 LANES		6 LANES			
7:15pm - 8:30pm	8:15pm - 8:30pm					
6 LANES	6 LANES					
				Schedule subject to change		
				7 la Minimum de	epth: 3.5 ft	
	2:00pm - 3:00pm <i>3 LANES</i> 3:00pm - 4:15pm <i>4 LANES</i> 4:15pm - 5:00pm <i>3 LANES</i> 5:00pm - 7:15pm <i>4 LANES</i> 7:15pm - 8:30pm	2:00pm - 3:00pm 2:15pm - 3:00pm 3 LANES 6 LANES 3:00pm - 4:15pm 3:00pm - 4:15pm 4 LANES 4 LANES 4:15pm - 5:00pm 4:15pm - 5:00pm 3 LANES 3 LANES 5:00pm - 7:15pm 5:00pm - 8:15pm 4 LANES 4 LANES 7:15pm - 8:30pm 8:15pm - 8:30pm	2:00pm - 3:00pm 2:15pm - 3:00pm 4:15pm - 5:00pm 3 LANES 6 LANES 3 LANES 3:00pm - 4:15pm 3:00pm - 4:15pm 5:00pm - 8:15pm 4 LANES 4 LANES 4 LANES 4:15pm - 5:00pm 4:15pm - 5:00pm 8:15pm - 8:30pm 3 LANES 3 LANES 6 LANES 4:15pm - 5:00pm 4:15pm - 5:00pm 8:15pm - 8:30pm 3 LANES 3 LANES 6 LANES 5:00pm - 7:15pm 5:00pm - 8:15pm 4 LANES 4 LANES 4 LANES 7:15pm - 8:30pm 7:15pm - 8:30pm 8:15pm - 8:30pm 5:00pm	2:00pm - 3:00pm 2:15pm - 3:00pm 4:15pm - 5:00pm 2:00pm - 3:00pm 3 LANES 6 LANES 3 LANES 3 LANES 3 LANES 3:00pm - 4:15pm 3:00pm - 4:15pm 5:00pm - 8:15pm 3:00pm - 5:00pm 4 LANES 4 LANES 4 LANES 6 LANES 4:15pm - 5:00pm 4:15pm - 5:00pm 8:15pm - 8:30pm 5:00pm - 7:15pm 3 LANES 3 LANES 6 LANES 4 LANES 4:15pm - 5:00pm 4:15pm - 5:00pm 8:15pm - 8:30pm 5:00pm - 7:15pm 3 LANES 3 LANES 6 LANES 4 LANES 5:00pm - 7:15pm 5:00pm - 8:15pm 7:15pm - 8:30pm 4 LANES 4 LANES 6 LANES 7:15pm - 8:30pm 8:15pm - 8:30pm 6 LANES	2:00pm - 3:00pm 2:15pm - 3:00pm 4:15pm - 5:00pm 2:00pm - 3:00pm 3 LANES 6 LANES 3 LANES 3 LANES 3 LANES 3:00pm - 4:15pm 3:00pm - 4:15pm 5:00pm - 8:15pm 3:00pm - 5:00pm 4 LANES 6 LANES 4:15pm - 5:00pm 4:15pm - 5:00pm 8:15pm - 8:30pm 5:00pm - 7:15pm 3 LANES 6 LANES 3:00pm - 7:15pm 5:00pm - 8:15pm 6 LANES 4 LANES Please check with men inform 5:00pm - 7:15pm 5:00pm - 8:15pm 7:15pm - 8:30pm 7:15pm - 8:30pm 6 LANES 7:15pm - 8:30pm 8:15pm - 8:30pm 6 LANES Youth lap swim availab lanes an 6 LANES 6 LANES 6 LANES Youth programing run and all day of the subj	

Recreational Swim (Water Jogging, Treading, Exercise, Private Lesson, etc.)

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:15am - 12:00pm	6:15am - 12:00pm	6:15am - 1:30pm	6:15am - 12:00pm	6:15am - 1:00pm	8:15am - 4:30pm	8:15am - 4:30pm
1:00pm - 3:00pm	1:00pm - 3:00pm	2:15pm - 3:00pm	12:45pm - 3:00pm	1:45pm - 3:00pm		
6:00pm - 8:30pm	6:00pm - 8:30pm	6:00pm - 7:30pm	6:00pm - 7:30pm	7:15pm - 8:30pm		
		8:15pm - 8:30pm	8:15pm - 8:30pm			

*Private lessons may occur in Multipurpose lane

*Family and Recreational Swim combined during hours of overlap

Water temperature: 83-84 degrees

Aqua Exercise

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12:00pm - 12:45pm	12:00pm - 12:45pm	1:30pm - 2:15pm	12:00pm - 12:45pm	1:00pm - 1:45pm		
		7:30pm - 8:15pm	7:30pm - 8:15pm	6:30pm - 7:15pm		

Family Swim

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30am - 11:00am	1:30pm - 4:30pm	10:00am - 4:30pm				
6:00pm - 7:30pm	6:00pm - 7:30pm	6:00pm - 7:30pm	6:00pm - 7:30pm	4:30pm - 6:00pm		

Schedule subject to change for private lessons. A swim cap is required for all participants in the water. For any questions regarding the pool schedule, please contact Nia-Michelle Caprioli at ncaprioli@ymcanyc.org or (212) 912-2321.