




YMCA OF GREATER NEW YORK
Where there's a Y, there's a way.

McBurney Y Gym A & B Schedule

9/04/2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
6	Open Basketball 6am - 3:15pm	Open Basketball 6:00am - 8:00am	Open Basketball 6am-11am	Open Basketball 6:00am - 8:00am	Open Basketball 6am-11am			6		
7								7		
8		Active Older Adult Full Court Basketball 8am - 9:45am				Active Older Adult Full Court Basketball 8:00am - 9:45am	Open Basketball 8:00am - 9:45am	Active Older Adult Full Court Basketball 8:00am - 10:00am	8	
9								9		
10			Open Basketball 10am - 3:30pm			Interval Training	Open Basketball 10:00am - 12:30pm	Family Gym 10:00am - 12:00pm	10	
11				Open Basketball 11am-1pm	Pickleball 11am-1pm	Open Basketball 9:45am - 3:00pm		10:00am - 12:45pm	Family Gym 11:00am - 2:00pm	11
12						Pickleball 12pm -2pm	Pickleball 11am-2pm		12	
1									1	
2			Paddleball / Handball 2:00pm - 4:00pm		Open Basketball 2pm-3pm	Paddleball / Handball 1:00pm - 4:30pm	Paddleball / Handball 1:00pm - 4:30pm	2		
3	Open Basketball 4:30pm-6pm	Youth Sports 3:30pm-4:30pm	Youth Sports 3:30pm-4:30pm	Open Basketball 3pm-6pm	Youth Basketball 3:30pm-5:30pm		Open Basketball 2:00pm - 4:30pm	3		
4										4
5		Open Basketball 4:30pm-6pm	Open Basketball 4:30pm-6pm		Teen Center 3pm-8:30pm	CLOSED FOR CLEANING		5		
6	Open Basketball 6:00pm-8:30pm	Pickleball 6:00pm - 8:30pm	YAI Basketball 6:00pm-7:00pm	Paddleball / Handball 6:00pm - 8:30pm		* Fee based class. Please stop by the front desk for more information Schedule is subject to change			6	
7			Open Basketball 5:30pm - 8:30pm	Open Basketball 6:00pm-8:30pm					7	
8	CLOSED FOR CLEANING		CLOSED FOR CLEANING						CLOSED FOR CLEANING	

