



YMCA OF GREATER NEW YORK
Where there's a Y, there's a way.

McBurney Y Gym A & B Schedule

9/04/2023
Sunday

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
6	Open Basketball 6am - 3:15pm	Open Basketball 6:00am - 8:00am	Open Basketball 6am-11am	Open Basketball 6:00am - 8:00am	Open Basketball 6am-11am			6			
7										7	
8		Active Older Adult Full Court Basketball 8am - 9:45am		Active Older Adult Full Court Basketball 8:00am - 9:45am		Active Older Adult Full Court Basketball 8:00am - 9:45am	Active Older Adult Full Court Basketball 8:00am - 9:45am	Open Basketball 8:00am - 9:45am	Active Older Adult Full Court Basketball 8:00am - 10:00am	Active Older Adult Full Court Basketball 8:00am - 10:00am	8
9											
10			Open Basketball 10am - 3:30pm	Open Basketball 11am-1pm	Open Basketball 9:45am - 3:00pm	Youth 10am -12pm	Interval Training	Open Basketball 10:00am - 12:00pm	10		
11									Pickleball 11am-1pm	Open Basketball 11am-2pm	Pickleball 11am-2pm
12									12		
1				Paddleball / Handball 2:00pm - 4:00pm	Open Basketball 2pm- 3pm	Open Basketball 2pm- 3pm	Family Gym 11:00am - 2:00pm	Open Basketball 12:00pm - 4:30pm	1		
2											
3	Open Basketball 4:30pm-6pm	Youth Sports 3:30pm-4:30pm	Youth Sports 3:30pm-4:30pm	Open Basketball 3pm-6pm	Youth Basketball 3:30pm-5:30pm	Paddleball / Handball 1:00pm - 4:30pm	Open Basketball 2:00pm - 4:30pm	3			
4		Open Basketball 4:30pm-6pm	Open Basketball 4:30pm-6pm			CLOSED FOR CLEANING		4			
5					Teen Center 3pm-8:30pm	Paddleball/Handball and Pickleball Open to all ages and levels		5			
6	Open Basketball 6:00pm-8:30pm	Open Basketball 6:00pm-8:30pm	YAI Basketball 6:00pm-7:00pm	Paddleball / Handball 6:00pm - 8:30pm	Open Basketball 6:00pm-8:30pm	 * Fee based class. Please stop by the front desk for more information Schedule is subject to change		6			
7	Pickleball 6:00pm - 8:30pm	Pickleball 6:00pm - 8:30pm	Open Basketball 5:30pm - 8:30pm					7			
8	CLOSED FOR CLEANING		CLOSED FOR CLEANING		CLOSED FOR CLEANING			8			