



YMCA OF GREATER NEW YORK
Where there's a Y, there's a way.

McBurney Y Gym A & B Schedule

4/7/2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday								
6	Open Basketball 6:00am - 3:00pm	Open Basketball 6:00am - 8:00am	Open Basketball	Open Basketball 6:00am - 8:00am	Open Basketball			6							
7									7						
8		Active Older Adult Full Court Basketball 8:00am - 9:45am		Open Basketball 10:00am - 6:00pm		Open Basketball 11:00am - 1:00pm	Active Older Adult Full Court Basketball 8:00am - 9:45am	Open Basketball	Open Basketball 8:00am - 9:45am	Active Older Adult Full Court Basketball 8:00am - 10:00am	8				
9													9		
10												Interval Training	Open Basketball 10:00am - 12:30pm	Family Gym 10:00am - 12:00pm	10
11												Instructional Basketball*			11
12															12
1										Open Basketball 9:45am - 5:45pm					1
2									Paddleball / Handball 2:00pm - 5:00pm			Paddleball / Handball 1:00pm - 4:30pm	Paddleball / Handball 1:00pm - 4:30pm	Open Basketball 12:00pm - 4:30pm	2
3												3			
4	Open Basketball	Instructional Soccer*					Teen Center		Instructional Basketball*			4			
5	Open Basketball 5:00pm - 6:00pm								5						
6	Open Basketball	Open Basketball	YAI Basketball 6:00pm - 7:00pm	Paddleball / Handball	Teen Center 3pm - 8pm	Paddleball/Handball and Pickleball Open to all ages and levels	* Fee based class. Please stop by the front desk for more information	Schedule is subject to change	6						
7	Pickleball 6:00pm - 8:30pm	Pickleball 6:00pm - 8:30pm	Open Basketball 5:30pm - 8:30pm	Open Basketball 6:00pm - 8:30pm					7						
8									8						
	CLOSED FOR CLEANING	CLOSED FOR CLEANING	CLOSED FOR CLEANING	CLOSED FOR CLEANING					CLOSED FOR CLEANING						

