

McBurney YMCA Pool Schedule



YMCA OF
GREATER NEW YORK
Where there's a Y,
there's a way.

1/2/2023

LAP SWIM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:15am - 10:00am 6 LANES	6:15am - 12:30am 6 LANES	6:15am - 3:00pm 6 LANES	6:15am - 10:00am 6 LANES	6:15am - 3:00pm 6 LANES	8:15am - 9:00am 6 LANES	8:15am - 10:00am 6 LANES
10:00am - 11:00am 3 LANES	12:30pm - 1:30pm 4 LANES	3:00pm - 3:30pm 4 LANES	10:00am - 12:00pm 3 LANES	3:00pm - 3:30pm 5 LANES	9:00am - 4:30pm 4 LANES	10:00am - 4:30pm 5 LANES
11:00am - 3:00pm 6 LANES	1:30pm - 3:00pm 6 LANES	3:30pm - 5:30pm CLOSED	12:00pm - 3:00pm 6 LANES	3:30pm - 5:30pm CLOSED		
3:00pm - 3:30pm 4 LANES	3:00pm - 7:00pm 4 LANES	5:30pm - 8:00pm 4 LANES	3:00pm - 7:45pm 4 LANES	5:30pm - 8:00pm 5 LANES		
3:30pm - 5:30pm CLOSED	7:00pm - 8:30pm 6 LANES	8:00pm - 8:30pm 6 LANES	7:45pm - 8:30pm 6 LANES	8:00pm - 8:30pm 6 LANES		
5:30pm - 7:00pm 4 LANES						
7:00pm - 8:30pm 6 LANES						
					<p>Group lessons and private lessons available. Please check with member services for more information.</p> <p>Youth lap swim available only when 3 or more lanes are open.</p> <p>Youth programming runs everyday after 3pm and all day on weekends.</p> <p>Schedule subject to change</p> <p>Pool Length: 75 ft (25 yds) 7 lanes Minimum depth: 3.5 ft Maximum depth: 9 ft Water temperature: 83-84 degrees</p>	

Recreational Swim (Water Jogging, Treading, Exercise, Private Lesson, etc.)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:15am - 10:00am	6:15am - 12:30pm	6:15am - 10:30am	6:15am - 10:00am	6:15am - 3:30pm	8:15am - 1:00pm	8:15am - 10:00am
11:00am - 3:30pm	1:30pm - 4:00pm	11:30am - 3:30pm	11:00am - 4:00pm	5:30pm - 8:30pm	1:00pm - 4:30pm*	10am - 4:30pm*
5:30pm - 8:30pm*	4:00pm - 6:00pm*	5:30pm - 7:00pm*	4:00pm - 7:00pm*			
	6:00pm - 8:30pm	7:00pm - 8:30pm	7:45pm - 8:30pm			
Private lessons may occur in Multipurpose lane					*Combined with Family Swim	

Aqua Exercise

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00am - 10:45am	12:30pm - 1:15pm	10:30am - 11:15am	10:00am - 10:45am			
			7:00pm - 7:45pm			

Family Swim

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30am - 10:00am	8:30am - 10:00am	8:30am - 10:00am	8:30am - 10:00am	8:30am - 10:00am	1:00pm - 4:30pm	10:00am - 4:30pm
5:30pm - 7:00pm	4:00pm - 6:00pm	5:30pm - 7:00pm	4:00pm - 6:00pm	6:00pm - 8:00pm		

Schedule subject to change for private lessons. A swim cap is required for all participants in the water. For any questions regarding the pool schedule, please contact Brienna Roys, Aquatics Director at broys@ymcanyc.org or (212) 912-2321.