




YMCA OF GREATER NEW YORK  
Where there's a Y, there's a way.

# McBurney Y Gym A & B Schedule

10/31/2022

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
6	Open Basketball	Open Basketball 6:00am - 8:00am	Open Basketball	Open Basketball 6:00am - 8:00am	Open Basketball			6				
7		Active Older Adult Full Court Basketball 8:00am - 9:45am		Active Older Adult Full Court Basketball 8:00am - 9:45am				Open Basketball 8:00am - 9:45am	Active Older Adult Full Court Basketball 8:00am - 10:00am	7		
8		Open Basketball		Open Basketball		Open Basketball	Open Basketball	Instructional Basketball*	Interval Training	Open Basketball 10:00am - 12:30pm	Family Gym 10:00am - 12:00pm	8
9												10
10	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	10		
11										11	12	1
12	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	11		
1										2	3	4
1	Paddleball / Handball 2:00pm - 5:00pm	Instructional Soccer*	Paddleball / Handball 2:00pm - 5:00pm	Open Basketball 9:45am - 5:45pm	Open Basketball	Paddleball / Handball 1:00pm - 4:30pm	Family Gym 11:00am - 4:30pm	Paddleball / Handball 1:00pm - 4:30pm	Open Basketball 12:00pm - 4:30pm	1		
2										3	4	
2	Instructional Basketball*	Open Basketball until 5:45pm	Open Basketball	Open Basketball	Open Basketball	Paddleball / Handball and Pickleball Open to all ages and levels	Pickleball	Pickleball	Pickleball	2		
3										4		
3	Open Basketball 5:00pm-6:00pm	CLOSED	Open Basketball 5:00pm-6:00pm	CLOSED	Open Basketball	CLOSED FOR CLEANING	CLOSED FOR CLEANING	CLOSED FOR CLEANING	CLOSED FOR CLEANING	3		
4										5		
4	Open Basketball 6:30pm - 8:30pm	Open Basketball 6:00pm-8:30pm	Open Basketball 6:30pm - 8:30pm	Open Basketball 6:00pm - 8:30pm	Open Basketball 6:00pm-8:30pm	Open Basketball 6:30pm - 8:30pm	Open Basketball 6:00pm - 8:30pm	Open Basketball 6:00pm-8:30pm	Open Basketball 6:30pm - 8:30pm	4		
5										6		
5	Open Basketball 6:30pm - 8:30pm	Open Basketball 6:00pm-8:30pm	Open Basketball 6:30pm - 8:30pm	Open Basketball 6:00pm - 8:30pm	Open Basketball 6:00pm-8:30pm	Open Basketball 6:30pm - 8:30pm	Open Basketball 6:00pm - 8:30pm	Open Basketball 6:00pm-8:30pm	Open Basketball 6:30pm - 8:30pm	5		
6										7		
6	Open Basketball 6:30pm - 8:30pm	Open Basketball 6:00pm-8:30pm	Open Basketball 6:30pm - 8:30pm	Open Basketball 6:00pm - 8:30pm	Open Basketball 6:00pm-8:30pm	Open Basketball 6:30pm - 8:30pm	Open Basketball 6:00pm - 8:30pm	Open Basketball 6:00pm-8:30pm	Open Basketball 6:30pm - 8:30pm	6		
7										8		
7	Open Basketball 6:30pm - 8:30pm	Open Basketball 6:00pm-8:30pm	Open Basketball 6:30pm - 8:30pm	Open Basketball 6:00pm - 8:30pm	Open Basketball 6:00pm-8:30pm	Open Basketball 6:30pm - 8:30pm	Open Basketball 6:00pm - 8:30pm	Open Basketball 6:00pm-8:30pm	Open Basketball 6:30pm - 8:30pm	7		
8										8		
8	CLOSED FOR CLEANING	CLOSED FOR CLEANING	CLOSED FOR CLEANING	CLOSED FOR CLEANING	CLOSED FOR CLEANING	* Fee based class. Please stop by the front desk for more information Schedule is subject to change			8			