

McBurney YMCA Pool Schedule



YMCA OF
GREATER NEW YORK
Where there's a Y,
there's a way.

7/5/2022

LAP SWIM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:15am - 9:30am 6 LANES	6:15am - 9:30am 6 LANES	6:15am - 9:30am 6 LANES	6:15am - 9:30am 6 LANES	6:15am - 11:00am 6 LANES	8:15am - 9:00am 6 LANES	8:15am - 11:00am 6 LANES
9:30am - 11:00am 4 LANES	9:30am - 10:00am 4 LANES	9:30am - 11:00am 4 LANES	9:30am - 10:00am 4 LANES	11:00am - 12:00pm 3 LANES	9:00am - 1:15pm 4 LANES	11:00am - 4:30pm 5 LANES
11:00am - 12:00pm 3 LANES	10:00am - 11:00am 6 LANES	11:00am - 12:00pm 3 LANES	10:00am - 11:00am 5 LANES	12:00pm - 4:00pm 6 LANES	1:15pm - 4:30pm 5 LANES	
12:00pm - 1:30pm 5 LANES	11:00am - 12:00pm 3 LANES	12:00pm - 1:30pm 5 LANES	11:00am - 12:00pm 3 LANES	4:00pm - 8:00pm 4 LANES		
1:30pm - 3:00pm 3 LANES	12:00pm - 12:30pm 6 LANES	1:30pm - 3:00pm 3 LANES	12:00pm - 3:00pm 6 LANES	8:00pm - 8:30pm 4 LANES		
3:00pm - 3:30pm 2 LANES	12:30pm - 1:30pm 5 LANES	3:00pm - 3:30pm 2 LANES	3:00pm - 7:00pm 4 LANES			
3:30pm - 5:30pm CLOSED	1:30pm - 2:00pm 6 LANES	3:30pm - 5:30pm CLOSED	7:00pm - 8:00pm 5 LANES		<p>Group lessons and private lessons available. Please check with member services for more information.</p> <p>Youth lap swim available only when 3 or more lanes are open.</p> <p>Youth programing runs everyday after 3pm and all day on weekends.</p> <p>Schedule subject to change</p> <p>Pool Length: 75 ft (25 yds) 7 lanes Minimum depth: 3.5 ft Maximum depth: 9 ft Water temperature: 83-84 degrees</p>	
5:30pm - 7:00pm 4 LANES	2:00pm - 3:00pm 3 LANES	5:30pm - 7:00pm 4 LANES	8:00pm - 8:30pm 6 LANES			
7:00pm - 8:00pm 5 LANES	3:00pm - 7:00pm 4 LANES	7:00pm - 8:30pm 6 LANES				
8:00pm - 8:30pm 6 LANES	7:00pm - 8:00pm 5 LANES					
	8:00pm - 8:30pm 6 LANES					

Recreational Swim (Water Jogging, Treading, Exercise, Private Lesson, etc.)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:15am - 10:00am	6:15am - 8:30pm	6:15am - 10:00am	6:15am - 10:00am	6:15am - 8:30pm	8:15am - 4:30pm	8:15am - 4:30pm
11:00am - 1:30pm		11:00am - 1:30pm	11:00am - 8:30pm			
5:30pm - 8:30pm		5:30pm - 8:30pm				

Private lessons may occur in Multipurpose lane

*Combined with Family Swim

Aqua Exercise

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00am - 10:45am	12:30pm - 1:15pm	10:00am - 10:45am	10:00am - 10:45am			

Family Swim

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30am - 10:00am	8:30am - 10:00am	8:30am - 10:00am	8:30am - 10:00am	8:30am - 10:00am	1:00pm - 4:30pm	11:00am - 4:30pm
7:00pm - 8:00pm	7:00pm - 8:00pm		7:00pm - 8:00pm	6:00pm - 8:00pm		

Schedule subject to change for private lessons. A swim cap is required for all participants in the water. For any questions regarding the pool schedule, please contact Brienna Roys, Aquatics Director at broys@ymcanyc.org or (212) 912-2321.