McBurney YMCA Pool Schedule



*Combined with Family Swim

5/2/2022

LAP SWIM

6 LANES 6 LANES <t< th=""><th></th><th></th><th>_</th><th></th><th>•</th><th></th><th></th></t<>			_		•			
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7 lanes Minimum depth: 3.5 ft Maximum depth: 9 ft						1		
Minimum depth: 3.5 ft Maximum depth: 9 ft						Pool Length: 75 ft (25 yrds)		
Maximum depth: 9 ft								
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Recreational Swim (Water Jogging, Treading, Exercise, Private Lesson, etc.)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:45am - 10:30am	6:45am - 12:30pm	6:45am - 10:30am	6:45am - 12:30pm	6:45am - 3:30pm	8:15am - 4:30pm	8:15am - 4:30pm
11:30am - 3:30pm	1:30pm - 8:30pm	11:30am - 3:30pm	1:30pm - 8:30pm	5:30pm - 8:30pm		
5:30pm - 8:30pm		5:30pm - 8:30pm				

Private lessons may occur in Multipurpose lane

Aqua Exercise

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:45am - 11:30am	12:30pm - 1:15pm	10:30am - 11:15am	12:30pm - 1:15pm			

Family Swim

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30am - 10:00am	1:00pm - 4:00pm	10:00am - 4:00pm				
12:30pm - 2:00pm	1:30pm - 3:00pm	12:30pm - 2:00pm	1:30pm - 3:00pm	12:30pm - 2:00pm		
5:30pm - 6:30pm	5:30pm - 6:30pm	5:30pm - 6:30pm	5:30pm - 6:30pm	5:30pm - 7:00pm		

Schedule subject to change for private lessons. A swim cap is required for all participants in the water. For any questions regarding the pool schedule, please contact Brienna Roys, Aquatics Coordinator at broys@ymcanyc.org or (212) 912-2321.