# McBurney YMCA Pool Schedule



\*Combined with Family Swim

5/2/2022

#### LAP SWIM

6 LANES   6 LANES <t< th=""><th></th><th></th><th>_</th><th></th><th>•</th><th></th><th></th></t<>			_		•			
6 LANES   5 LANES   11:00am - 1:30pm   11:00am - 4:30pm   4 LANES   5 LAN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
10:00am - 10:30am   10:00am - 11:00am   10:00am - 10:30am   10:00am - 11:00am   3:00pm - 3:30pm   9:00am - 1:15pm   11:00am - 4:30pm     4 LANES   4 LANES   4 LANES   4 LANES   4 LANES   5 LANES   9:00am - 1:15pm   11:00am - 4:30pm     2 LANES   6 LANES   6 LANES   3:30pm - 5:30pm   5:30pm - 7:00pm   11:10am - 4:30pm     4 LANES   6 LANES   5 LANES   11:10am - 4:30pm   11:00am - 4:30pm     4 LANES   6 LANES   5:30pm - 7:00pm   11:10am - 4:30pm   5 LANES   11:10am - 4:30pm     4 LANES   6 LANES   5 LANES   5:30pm - 7:00pm   5 LANES   5 LANES   5 LANES   5 LANES     11:30am - 3:00pm   1:30pm - 3:00pm   1:30pm - 3:00pm   3:00pm - 3:30pm   5 LANES   6 LANES   5 LANES   6 LANES   6 LANES   5 LANES   6 LANES   5 LANES   6 LANES   5 LANES   6 LANES   3:00pm - 3:30pm   3:00pm - 3:30pm   3:00pm - 3:30pm   3:30pm - 4:00pm   3:30pm - 4:0	6:15am - 10:00am	6:15am - 10:00am	6:15am - 10:00am	6:15am - 10:00am	6:15am - 3:00pm	8:15am - 9:00am	8:15am - 11:00am	
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Pool Length: 75 ft (25 yrds) 7 lanes Minimum depth: 3.5 ft Maximum depth: 9 ft			4 LANES			Schedule subject to change		
7 lanes Minimum depth: 3.5 ft Maximum depth: 9 ft						1		
Minimum depth: 3.5 ft Maximum depth: 9 ft						Pool Length: 75 ft (25 yrds)		
Maximum depth: 9 ft								
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### **Recreational Swim** (Water Jogging, Treading, Exercise, Private Lesson, etc.)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:45am - 10:30am	6:45am - 12:30pm	6:45am - 10:30am	6:45am - 12:30pm	6:45am - 3:30pm	8:15am - 4:30pm	8:15am - 4:30pm
11:30am - 3:30pm	1:30pm - 8:30pm	11:30am - 3:30pm	1:30pm - 8:30pm	5:30pm - 8:30pm		
5:30pm - 8:30pm		5:30pm - 8:30pm				

Private lessons may occur in Multipurpose lane

#### **Aqua Exercise**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:45am - 11:30am	12:30pm - 1:15pm	10:30am - 11:15am	12:30pm - 1:15pm			

## **Family Swim**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30am - 10:00am	1:00pm - 4:00pm	10:00am - 4:00pm				
12:30pm - 2:00pm	1:30pm - 3:00pm	12:30pm - 2:00pm	1:30pm - 3:00pm	12:30pm - 2:00pm		
5:30pm - 6:30pm	5:30pm - 6:30pm	5:30pm - 6:30pm	5:30pm - 6:30pm	5:30pm - 7:00pm		

Schedule subject to change for private lessons. A swim cap is required for all participants in the water. For any questions regarding the pool schedule, please contact Brienna Roys, Aquatics Coordinator at broys@ymcanyc.org or (212) 912-2321.