



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYMNASIUM SCHEDULE

LONG ISLAND CITY YMCA

SPRING 2022

Effective
5-23-2022

MON		TUES		WED		THURS		FRI		SAT		SUN	
Adult Open Court 6:00am-8:30am (half court)	Family Court 6:00am-8:30am (half court)	Adult Open Court 6:00am-7:00am (half court)	Family Court 6:00am-7:00am (half court)	Adult Open Court 6:00am-8:30am (half court)	Family Court 6:00am-8:30am (half court)	Adult Open Court 6:00am-7:00am (half court)	Family Court 6:00am-7:00am (half court)	Adult Open Court 6:00am-7:00am (half court)	Family Court 6:00am-7:00am (half court)	Adult Open Court 8:00am-9:45am (half court)	Family Court 8:00am-9:45am (half court)	Adult Open Court 8:00am-12:30pm (half court)	Family Court 8:00am-12:30pm (half court)
SCHOOL RENTAL 7:00am-2:30pm (full court)		SCHOOL RENTAL 7:00am-2:30pm (full court)		SCHOOL RENTAL 7:00am-2:30pm (full court)		SCHOOL RENTAL 7:00am-2:30pm (full court)		SCHOOL RENTAL 7:00am-2:30pm (full court)		BEGINNER BASKETBALL 5-7 Years (\$\$) 10:15am-11:15am (full court) BASKETBALL INSTRUCTION 8-12 Years (\$\$) 11:30am-12:30pm (full court)		Family Court 12:30pm-1:30pm (full court)	
SOCCER PROGRAM 3:00pm-4:00pm (full court)		Teen Open Court	Family Court	After School Program 3:00pm-4:00pm (half court)		Teen Open Court	Family Court	After School Program 3:00pm-4:00pm (half court)		SCHOOL RENTAL 12:30am-1:30pm (full court)		Teen Open Court 1:30pm-2:30pm (full court)	
Teen Open Court 4:00pm-7:00pm (half court)	Family Court 4:00pm-7:00pm (half court)	3:00pm-5:30pm (half court)	3:00pm-5:30pm (half court)	Teen Open Court	Family Court 4:00pm-7:00pm (half court)	3:00pm-5:30pm (half court)	3:00pm-5:30pm (half court)	Teen Open Court	Family Court 4:00pm-7:00pm (half court)	Teen Open Court 1:30pm-2:30pm (half court)	Family Court 1:30pm-2:30pm (half court)		
		INSANITY@ 6:00pm-6:45pm Basketball Court - Mariel				INSANITY@ 6:00pm-6:45pm Basketball Court - Mariel							
Adult Open Court 7:00pm-8:45pm (half court)	Family Court 7:00pm-8:45pm (half court)	Adult Open Court 7:00pm-8:45pm (half court)	Family Court 7:00pm-8:45pm (half court)	Adult Open Court 7:00pm-8:45pm (half court)	Family Court 7:00pm-8:45pm (half court)	Adult Open Court 7:00pm-8:45pm (half court)	Family Court 7:00pm-8:45pm (half court)	Adult Open Court 7:00pm-8:45pm (half court)	Family Court 7:00pm-8:45pm (half court)	SOCCER PROGRAM 2:30pm-3:15pm (full court)		Adult Open Court 2:30pm-4:45pm (half court)	Family Court 2:30pm-4:45pm (half court)
										SOCCER PROGRAM 3:30pm-4:15pm (full court)			



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