

the GYMNASIUM SCHEDULE

FLUSHING YMCA

as of 01.03.2022

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7AM	6:30-8:30 Teen & Adult Basketball	6:30-8:30 Teen & Adult Basketball	6:30-9:00 Teen & Adult Basketball	6:30-8:30 Teen & Adult Basketball	6:30-9:00 Teen & Adult Basketball	YMCA OPENS AT 8:00AM	
8AM							
9AM						8:00-9:45 Teen & Adult Basketball	8:00-10:00 Teen & Adult Basketball
10AM	9:00-9:50 10:00-10:50 11:00-11:50 AOA Classes*	9:00-9:50 10:00-10:50 11:00-11:50 AOA Classes*		9:00-9:50 10:00-10:50 11:00-11:50 AOA Classes*			
11AM			9:00-2:00 Adult Basketball		9:00-2:00 Adult Basketball	10:00-10:50 11:00-11:50 12:00-12:50 Basketball Classes \$	10:00-12:00 ½ Family ½ Teen & Adult Basketball
12PM							
1PM	12:20-2:00 Adult Basketball	12:20-2:00 Adult Basketball		12:20-2:00 Adult Basketball			
2PM						1:00-1:50 2:00-2:50 Soccer Classes \$	12:00-3:00 Teen & Adult Basketball
3PM						YMCA CLOSSES AT 3:00PM	
4PM	2:00-7:00 Teen & Adult Basketball	2:00-7:00 Teen & Adult Basketball	2:00-7:00 Teen & Adult Basketball	2:00-7:00 Teen & Adult Basketball	2:00-7:00 Teen & Adult Basketball		
5PM							
6PM							
7PM	7:00 - 8:30 Adult Basketball	7:00 - 8:30 Adult Basketball	7:00 - 8:30 Adult Basketball	7:00 - 8:30 Adult Basketball	7:00 - 8:30 Adult Basketball		
8PM						<p>* Registration required \$ Paid class</p> <p>Schedule subject to change without notice</p>	

YMCA CLOSSES AT 8:30PM