



# McBurney YMCA Pool Schedule

YMCA OF  
GREATER NEW YORK  
Where there's a Y,  
there's a way.

10/11/21 - 12/26/21

## LAP SWIM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:45am - 7:30am 6 LANES	6:45am - 7:30am 6 LANES	6:45am - 7:30am 6 LANES	6:45am - 7:30am 6 LANES	6:45am - 3:00pm 6 LANES	8:15am - 9:00am 6 LANES	8:15am - 11:00am 6 LANES
7:30am - 8:00am 4 LANES	7:30am - 8:00am 4 LANES	7:30am - 8:00am 4 LANES	7:30am - 8:00am 4 LANES	3:00pm - 3:30pm 5 LANES	9:00am - 12:30pm 4 LANES	11:00am - 2:30pm 5 LANES
8:00am - 10:00am 6 LANES	8:00am - 10:00am 6 LANES	8:00am - 10:00am 6 LANES	8:00am - 10:00am 6 LANES	3:30pm - 5:30pm CLOSED	12:30pm - 2:30pm 5 LANES	
10:00am - 10:30am 4 LANES	10:00am - 11:00am 4 LANES	10:00am - 10:30am 4 LANES	10:00am - 11:00am 4 LANES	5:30pm - 7:00pm 5 LANES		
10:30am - 11:00am 2 LANES	11:00am - 3:00pm 6 LANES	10:30am - 11:00am 2 LANES	11:00am - 12:30pm 6 LANES	7:00pm - 8:00pm 6 LANES		
11:00am - 11:30am 4 LANES	3:00pm - 3:30pm 5 LANES	11:00am - 11:30am 3 LANES	12:30pm - 1:30pm 4 LANES			
11:30am - 3:00pm 6 LANES	3:30pm - 7:30pm 4 LANES	11:30am - 12:00pm 5 LANES	1:30pm - 3:00pm 6 LANES		<p>Group lessons and private lessons available. Please check with member services for more information.</p> <p>Youth lap swim available only when 3 or more lanes are open.</p> <p>Pool Length: 75 ft (25 yds) 7 lanes Minimum depth: 3.5 ft Maximum depth: 9 ft Water temperature: 83-84 degrees</p>	
3:00pm - 3:30pm 5 LANES	7:30pm - 8:00pm 6 LANES	12:00pm - 3:00pm 6 LANES	3:00pm - 3:30pm 5 LANES			
3:30pm - 5:30pm CLOSED		3:00pm - 3:30pm 5 LANES	3:30pm - 8:00pm 4 LANES			
5:30pm - 7:30pm 4 LANES		3:30pm - 5:30pm CLOSED				
7:30pm - 8:00pm 6 LANES		5:30pm - 8:00pm 4 LANES				

## Multi Purpose (Water Jogging, Treading, Water Exercise, etc.)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:45am - 10:30am	6:45am - 8:00pm	6:45am - 10:30am	6:45am - 12:30pm	6:45am - 3:30pm	8:15am - 2:30pm	8:15am - 2:30pm
11:30am - 3:30pm		11:30am - 3:30pm	1:30pm - 8:00pm	5:30pm - 8:00pm		
5:30pm - 8:00pm		5:30pm - 8:00pm				

Private lessons may occur in Multipurpose lane

\*Combined with Family Swim

## Aqua Exercise

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:45am - 11:30am		10:30am - 11:15am	12:30pm - 1:15pm			

## Family Swim

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30am - 10:00am	8:30am - 10:00am	8:30am - 10:00am	8:30am - 10:00am	8:30am - 10:00am	12:00pm - 2:30pm	11:00am - 2:30pm
12:30pm - 2:00pm	12:30pm - 2:00pm	12:30pm - 2:00pm	6:00pm - 7:00pm	12:30pm - 2:00pm		
6:00pm - 7:00pm	6:00pm - 7:00pm	6:00pm - 7:00pm		5:30pm - 7:00pm		

Schedule subject to change for private lessons. A swim cap is required for all participants in the water. For any questions regarding the pool schedule, please contact Angie Rivera, Aquatics Coordinator at arivera@ymcanyc.org or (212) 912-2321.