YMCA OF GREATER NEW YORK
Where there's a Y, there's a way.

McBurney Y Gym A & B Schedule

10/12/2021

Monday

- Open Basketball 6:30am - 1:45pm
- Harvest 8:30am-9:00am
- Youth Programs*
- Open Basketball
- Paddleball / Handball 2:00pm - 5:00pm
- Instructional Basketball*
- Open Basketball 5:00pm-6:00pm
- CLOSED FOR CLEANING
- Open Basketball 6:30pm - 8:00pm
- CLOSED FOR CLEANING

Tuesday

- Open Basketball 6:30am - 8:00am
- 70+ 8:00am - 9:45am
- Youth Programs*
- Open Basketball
- Instructional Soccer*
- Open Basketball until 5:45pm
- CLOSED
- Train Like an Athlete
- Open Basketball 7:15pm-8:00pm
- CLOSED FOR CLEANING

Wednesday

- Open Basketball 6:30am - 1:45pm
- Harvest 8:30am-9:00am
- Youth Programs*
- Open Basketball
- Paddleball / Handball 2:00pm - 5:00pm
- Instructional Soccer*
- Open Basketball 5:00pm-6:00pm
- CLOSED FOR CLEANING
- Open Basketball 6:30pm - 8:00pm
- CLOSED FOR CLEANING

Thursday

- Open Basketball 6:30am - 8:00am
- 70+ 8:00am - 9:45am
- Youth Programs*
- Open Basketball 9:45am - 5:45pm
- CLOSED
- Paddleball / Handball 6:00pm - 8:00pm
- Open Basketball 6:00pm-8:00pm
- CLOSED FOR CLEANING

Friday

- Open Basketball 6:30am - 1:45pm
- Harvest 8:30am-9:00am
- Youth Programs*
- Open Basketball
- Pickleball 11:00am-1:00pm
- Open Basketball
- Instructional Basketball*
- Open Basketball
- Family Gym
- Open Basketball 6:30pm - 8:00pm
- CLOSED FOR CLEANING

Saturday

- Open Basketball 8:00am - 9:45am
- Instructional Basketball*
- Interval Training
- Open Basketball
- Family Gym 11:00am - 2:30pm
- Paddleball / Handball 12:00pm - 2:30pm
- CLOSED FOR CLEANING

Sunday

- 70+ 8:00am - 10:00am
- Open Basketball 10:00am - 11:45am
- Family Gym 10:00am - 11:45am
- CLOSED FOR CLEANING
- Paddleball / Handball 12:00pm - 2:30pm
- Open Basketball 12:00pm - 2:30pm
- CLOSED FOR CLEANING

Paddleball/Handball:
Singles or Doubles per court
Seating on bleachers at designated spots

* Fee based class. Please stop by the front desk for more information

Schedule is subject to change