



McBurney Y Gym A & B Schedule

6/28/2021

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
6								6		
7	Open Basketball 6:30am - 9:30am	Open Basketball 6:30am - 8:00am	Open Basketball 6:30am - 9:30am	Open Basketball 6:30am - 8:00am	Open Basketball 6:30am - 9:30am			7		
8		70+ 8:00am - 9:45am		70+ 8:00am - 9:45am		70+ 8:00am - 9:45am	Open Basketball 8:00am - 9:45am	70+ 8:00am - 9:30am	8	
9		<i>CLOSED FOR CLEANING</i>		<i>CLOSED FOR CLEANING</i>		<i>CLOSED FOR CLEANING</i>	<i>CLOSED FOR CLEANING</i>	<i>CLOSED FOR CLEANING</i>		9
10	Summer Camp 10:00am - 2:00pm	Summer Camp 10:00am - 2:00pm	Summer Camp 10:00am - 2:00pm	Summer Camp 10:00am - 2:00pm	Summer Camp 10:00am - 2:00pm	Instructional Basketball*	Interval Training	Open Basketball 9:30am - 11:30am		
11							<i>CLOSED FOR CLEANING</i>		11	
12							Paddleball / Handball 12:00pm - 2:30pm	Open Basketball 11:00am - 2:30pm	Paddleball / Handball 12:00pm - 2:30pm	Open Basketball 12:00pm - 2:30pm
1								1		
2	Paddleball / Handball 2:00pm - 5:00pm	Open Basketball 2:00pm - 6:00pm	Paddleball / Handball 2:00pm - 5:00pm	Open Basketball 2:00pm - 5:45pm	Open Basketball 2:00pm - 6:00pm	<i>CLOSED FOR CLEANING</i>	<i>CLOSED FOR CLEANING</i>	Stretching 2:00pm - 3:00pm		
3	Camp 4:00pm - 5:00pm		Camp 4:00pm - 5:00pm					Camp 4:00pm - 5:00pm	Stretching 2:00pm - 3:00pm	2
4										
5	Open Basketball 5:00pm-6:00pm	Open Basketball 5:00pm-6:00pm	Open Basketball 5:00pm-6:00pm	<i>CLOSED</i>	<i>CLOSED</i>	<p>Individual Hoop Shooting (I.H.S.): 2 people per hoop at a time Maintain 6 ft social distancing Only members in the same household can share a ball No games or contact at all</p> <p>Paddleball/Handball: Singles or Doubles per court Maintain 6 ft social distancing Seating on bleachers at designated spots</p> <p>* Fee based class. Please stop by the front desk for more information</p> <p>Schedule is subject to change</p>		3		
6	<i>CLOSED FOR CLEANING</i>	Train Like an Athlete	<i>CLOSED FOR CLEANING</i>	Paddleball / Handball 6:00pm - 8:00pm	Zumba			4		
7	Open Basketball 6:30pm - 8:00pm	Open Basketball 7:15pm-8:00pm	Open Basketball 6:30pm - 8:00pm	Open Basketball	Open Basketball 6:30pm - 8:00pm			5		
8	<i>CLOSED FOR CLEANING</i>	<i>CLOSED FOR CLEANING</i>	<i>CLOSED FOR CLEANING</i>	<i>CLOSED FOR CLEANING</i>	<i>CLOSED FOR CLEANING</i>			6		
								7		
								8		