

LAP SWIM

Multi Purpose (Water Jogging, Water Treading, Water Exercise, Private Lessons, etc.)

the						etc.) MONDAY – THURSDAY FRIDAY SATURDAY – SUNDA					
- The second sec	MONDAY -		FRIDAY	SATURDAY -			NDAY - THURSDAY			SATURDAY – SUNDAY	
	6:45 - 7:30am	2:15 - 3:00pm		8:15 - 9:00am		6:45 - 7:30am	2:15 - 3:00pm		8:15 -	8:15 - 9:00am	
	11 LANES	10 LANES	4	11 LANES		4 Blocks	n/a		3 B	3 Blocks	
McBurnov	7:30 - 8:00am	3:00 - 3:30pm		9:00 - 9:	30am	7:30 - 8:00am	3:00 - 3:30pm		9:00 -	9:00 - 9:30am	
McBurney	11 LANE5	11 LANES		11 LANE5		4 Blocks	4 Blocks		3 B	llocks	
YMCA	8:00 - 8:30am	3:30 - 4:00pm		9:30 - 10:00am <i>10 LANES</i> 10:00 - 10:30am <i>10 LANES</i>		8:00 - 8:30am	3:30 - 4:00pm		9:30 -	10:00am	
	11 LANES	10 LANES				4 Blocks	n/a		3 B	llocks	
	8:30 - 9:00am	4:00 - 4:30pm	ס			8:30 - 9:00am	4:00 - 4:30pm	D	10:00 -	10:30am	
	11 LANES	10 LANES	2			4 Blocks	n/a	2.	3 B	3 Blocks	
POOL	9:00 - 9:30am	4:30 - 5:00pm	Ż	10:30 - 11:00am		9:00 - 9:30am	4:30 - 5:00pm	Ξ	10:30 - 11:00am		
SCHEDULE	11 LANES	10 LANES	a	10 LANES		4 Blocks	n/a		3 Blocks		
Effective	9:30 - 10:00am	5:00 - 5:30pm	Ū.	11:00 - 11:30am		9:30 - 10:00am	5:00 - 5:30pm	Ü	11:00 - 11:30am		
	11 LANES	10 LANES		10 LANES		4 Blocks	n/a		3 Blocks		
1.11.21	10:00 - 10:30am	5:30 - 6:00pm	U	11:30 - 12:00pm		10:00 - 10:30am	5:30 - 6:00pm	U	11:30 -	11:30 - 12:00pm	
	10 LANES	11 LANES	L	10 LAN	IES	4 Blocks	4 Blocks		3 B	llocks	
Download our mobile	10:30 - 11:00am	6:00 - 6:30pm	0	12:00 - 12	:30pm	10:30 - 11:00am	6:00 - 6:30pm	0	12:00 - 12:30pm		
app for the most	11 LANES	11 LANES	ų spanstalių substantas	10 LANES		4 Blocks	4 Blocks		3 Blocks		
updated information:	11:00 - 11:30am	6:30 - 7:00pm		12:30 - 1:00pm		11:00 - 11:30am	6:30 - 7:00pm		12:30 - 1:00pm		
https://ymcanyc.org/	11 LANES	11 LANES	pa	11 LANES		4 Blocks	4 Blocks		3 Blocks		
mobile-app	11:30 - 12:00pm	7:00 - 7:30pm	U U	1:00 - 1:30pm		11:30 - 12:00pm	7:00 - 7:30pm		1:00 -	1:30pm	
	11 LANES	10 LANES	SO	11 LANES		4 Blocks	4 Blocks	Ö	3 Blocks		
Cebedulae anline	12:00 - 12:30pm	7:30 - 8:00pm		1:30 - 2:00pm		12:00 - 12:30pm	7:30 - 8:00pm		1:30 - 2:00pm		
Schedules online:	11 LANES	11 LANES	U	11 LANES		4 Blocks	4 Blocks		3 B	llocks	
interested	2:00 - 2:30pm		30pm				2:00 - 2:30pm				
분의한 전부				11 LANES					3 B	llocks	
1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1											
			0								
LID-SEA											
Contact Us:	Lap Swim Policies					Multi Purpose Policies					
(212) 912-2321	17 yard lanes. 30 minute swim slots only until further notice.					30 minute slots for 6 ft x 10 ft block in shallow end of pool.					
mpatel@ymcanyc.org			r slot using the mobi		Lap swim not avialable in this area.						
Masks must be worn onto pool deck and hung on hooks while swimming. One person limit per lane for lap swim.											
0 f 🎔	Current 25 yards					New					
						17 yards					
@mcburneyymca		Yards	Laps	Yards Laps		Yards	Laps	Yards	s Laps		
		100	4 1/2 Mi		34	100		Mile 880			
		200	8	1000	40	200	12	1000			
		500	20 1 Mile		70	500	1	Mile 1760			
	l	500		2 1/00	70	500		1700	104		