Gym Schedule

Day/Time	Monday		Tuesday		Wednesday Thursday		Friday		Saturday	Sunday	
5:00 AM											
5:30 AM										GYM	GYM
6:00 AM						Adult Open Gym		Adult Open Gym 5:00-9:00AM		CLOSED	CLOSED
6:30 AM	Adult Open Gym		Adult Open Gym		Adult Open Gym						
7:00 AM	5:00-9:00AM		5:00-9:00AM		5:00-9:00AM 5:00-9:00A		9:00AM				
7:30 AM											
8:00 AM										Adult Open Gym	Adult Open Gym
8:30 AM										7:00-10:00AM	8:00-10:00AM
9:00 AM											
9:30 AM		Adult Open					Adult Open				
10:00 AM	Early*	Gym 9-10AM				Early*	Gym 9-10AM	Early*	Adult		
10:30 AM	Childhood		Early C	hildhood*	Early Childhood*	Childhood		Childhood	Open Gym		
11:00 AM	9:00AM	Pickleball	9:00AM	I-12:30PM	9:00AM-12:30PM	9:00AM-	Pickleball	9:00AM-	9:00AM		
11:30 AM	-12:30PM	10:00AM-				-12:30PM	10:00AM-	-12:30PM	-12:30PM		
12:00 PM		12:30PM					12:30PM				
12:30 PM											
1:00 PM	_									ALL AGES	ALL AGES
1:30 PM	All Ages Open Gym		Adult Open Gym		Adult Open Gym	Adult Open Gym 12:30-3:00PM		Adult Open Gym 12:30-3:00PM		OPEN GYM	OPEN GYM
2:00 PM	12:30-3:00PM		12:30-3:00PM		12:30-3:00PM					10:00-5:00PM	10:00-5:00PM
2:30 PM											
3:00 PM											
3:30 PM											
4:00 PM	Youth Sports*		Youth Sports*		Youth Sports*	Youth Sports*		Family & Teen			
4:30 PM	3:00-6:15PM		3:00-6:00PM		3:00-5:30PM	3:00-6:00PM		Oper	n Gym		
5:00 PM								3:00-7	7:00PM		
5:30 PM				Teen			Teen				
6:00 PM				Open	Volleyball		Open			Adult Open Gym	Adult Open Gym
6:30 PM	Warm Up ** 6:30-7:00PM		5:30-7:00PM		Net Set Up/Warm Up	5:30-	7:00PM			5:00-8:00PM	5:00-8:00PM
7:00 PM	0.30-	7.000			5:30-6:00PM						
7:30 PM					Instructional Volleyball						
8:00 PM	Members Only Adult		Members Only Adult Organized Basketball		6:00-7:15PM Members Only Organized Bas		-	Members Only Adult Organized Basketball			
8:30 PM	Organized Basketball (ages 18 and older)		(ages 18 and older)		Game Beginner/Low Int (ages 18 and older)				and older)		
9:00 PM	, , , , , , , , , , , , , , , , , , ,		7:00-10:45PM		7:15-8:30PM	/Adv		7:00-10:45PM		GYM CLOSED	GYM
9:30 PM	7:00-10:45PM				Int/Adv						CLOSED
10:00 PM	Subject to Capacity		Subject to Capacity		8:30-10:45PM Subject to C		o Capacity	Subject to	o Capacity		
10:45 PM											
11:00 PM	GYM (CLOSED	GYM	CLOSED	GYM CLOSED	GYM	CLOSED	GYM C	LOSED		

Note: Classes that have an asterisk * are paid programs/classes and require registration. All programming is subject to capacity.
** Members Only Adult Warm Up (ages 18 and older)