



DODGE YMCA Gymnasium Schedule

February 24 - April 26

COURT	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY					
	A	B	A	B	A	B	A	B	A	B	A	B	A	B				
M o r n i n g	Adult Open Gym 5:30am-8:45am		Adult Open Gym 5:30am-8:45am		Adult Open Gym 5:30am-8:45am		Adult Open Gym 5:30am-9:45am		Adult Open Gym 5:30am-9:45am		Adult Open Gym 6:00am-7:45am		Adult Open Gym 7:00am-9:45am					
	Rumble Tumble 9:00am-9:45am		Barre 8:55am-9:50am		Toddler Time 9:00am-9:45am						Les Mills BodyPump™ 8:00am-9:00am		Toddler Time 10:00am-12:00pm					
	Rumble Tumble Extreme 10:00am-10:45am		Kinder Sports 10:00am-10:45am		Rumble Tumble 9:45am-11:45am		Kinder Sports 10:00am-10:45am		Soccer Jr 2-3yrs 10:05am - 10:45am		Grit Cardio 9:10am-9:40am		Family Open Gym 12:00pm-1:00pm					
A f t e r n o o n	Toddler Time 11:00am-11:45am		Family Open Gym 10:45am-12:00pm	Drumming & Percussion 11:00am - 11:45am			AOA Cardio Cond. 10:55am-11:55am		Soccer Jr 4-5yrs 11:00am - 11:45am		Family Open Gym 10:00am-3:00am		Teen Open Gym 1:00pm-3:30pm					
	Adult Open Gym 12:00pm-3:30pm		Adult Open Gym 12:00pm-1:00pm		Adult Open Gym 12:00pm-3:30pm		Adult Open Gym 12:00pm-1:00pm		Adult Open Gym 12:00pm-3:30pm		Family Open Gym 3:30-6:30pm *Schedule subject to change pending private events (Birthday Party Events)		Open Gym 3:30pm-6:00pm		Family Open Gym 3:30pm-6:00pm (Birthday Party Events)			
			Mary McDowell & Friends 1pm-2:30pm				Mary McDowell & Friends 1pm-2:30pm								Adult Open Gym 2:30pm-3:30pm		Adult Open Gym 2:30pm-3:30pm	
			Adult Open Gym 2:30pm-3:30pm															
Youth Basketball 3-5yrs 3:30-4:15pm	Teen Open Gym 3:30pm-5:45pm	Youth Tennis 3-5yrs 3:30-4:15pm	Teen Open Gym 3:30pm-6:30pm	Youth Basketball 7yrs 3:30-4:15pm	Teen Open Gym 3:30pm-5:15pm	Youth Basketball 9-10yrs 3:30-4:15pm	Teen Open Gym 3:30pm-6:30pm	Soccer Spikes 3-5yrs 4:30-5:15pm	Teen Open Gym 3:30pm-5:45pm									
Soccer Spikes 3-5yrs 4:30-5:15pm		Youth Tennis 6-8yrs 4:30-5:15pm		Youth Basketball 6-8yrs 3:30-4:15pm		Youth Basketball 3-5yrs 4:30-5:15pm		Soccer Spikes 6-8yrs 4:30-5:15pm										
Total Body Conditioning 6:00pm-7:00pm		Family Open Gym AGES 7-11 (Parent/Child) 5:15pm-6:15pm		Teen Open Gym 5:15pm-6:15pm		Family Open Gym AGES 7-11 (Parent/Child) 5:15pm-6:15pm		Les Mills BodyPump™ 6:00pm-6:45pm		Adult Open Gym 6:00pm-7:45pm		Adult Volleyball 6:00pm-7:45pm						
Les Mills BodyPump™ 7:00pm-8:00pm		Teen Open Gym 6:30pm-8pm		Les Mills BodyPump™ 6:30pm-7:30pm		Teen Open Gym 6:30pm-8:00pm		Adult Basketball 7:00pm-10:45pm		Facility Closed 8:00pm		Facility Closed 8:00pm						
Adult Soccer 8:15pm-10:45pm		Adult Basketball 8:00pm-10:45pm		Adult Volleyball 7:45pm-10:45pm		Adult Soccer 8:15pm-10:45pm												

KEY: HEALTHY LIFESTYLES TEENS PICK-UP ADULT YOUTH & FAMILY *Note: Schedule is subject to change

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