## ARTS & CULTURE
### PROGRAM SCHEDULE
#### SPRING I SESSION: 2/24 – 4/26

<table>
<thead>
<tr>
<th>MON</th>
<th>TUES</th>
<th>WED</th>
<th>THURS</th>
<th>FRI</th>
<th>SAT</th>
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</thead>
<tbody>
<tr>
<td>10:15 – 11:00am</td>
<td><strong>NEW!</strong> 11:15 – 11:55am</td>
<td>10:30 – 11:15am</td>
<td>9:00 – 10:00am</td>
<td><strong>LOOKING FOR MORE FAMILY FUN?</strong></td>
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<tr>
<td>Ready, Set, Science</td>
<td>Bilingual Baby</td>
<td>Imagination Theater</td>
<td>Intermediate Karate</td>
<td>Check out our FREE Family Programs Schedule!</td>
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<tr>
<td>Ages: 3-4 years</td>
<td>Ages: 2-3 years</td>
<td>Ages: 3-4 years</td>
<td>Ages: 4 and up</td>
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<tr>
<td>Amy, AT</td>
<td>Elsa, CT</td>
<td>Miho, MB</td>
<td>Mostafa, CT</td>
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### ARTS & CULTURE

- **Intermediate Karate**
  - Ages: 5
  - 4:45
  - Yasser, CT

- **Advanced Karate**
  - Ages: 7
  - 6:45
  - Yasser, CT

- **Sing, Act, Dance!**
  - Ages: 3
  - 4:00
  - Miho, MB

- **Beginner Karate**
  - Ages: 4 and up
  - 4:00
  - Miho, MB

- **NEW!**
  - **Intermediate Karate**
    - Ages: 7-9 years
    - 4:45
    - Charlotte, AT
  - **Lights, Camera, Action**
    - Ages: 7-9 years
    - 3:45
    - Yasser, CT

- **NEW!**
  - **Sing, Act, Dance!**
    - Ages: 9 years
    - 5:15
    - Jessilyn, CR
  - **Ballet/Creative Movement**
    - Ages: 4 years
    - 4:45
    - Amy, AT

### CLASS LOCATIONS:
- **Art Room (AT)**
- **Culture Room (CT)**
- **Mind-Body (MB)**
- **Multipurpose (MP)**
- **Cardio Room (CR)**

- **NEW!**
  - **Hip Hop/Breakdancing**
    - Ages: 7-9 years
    - 6:05
    - Jessilyn, CR

- **NEW!**
  - **Teen/Adult Karate**
    - Ages: 6 and up
    - 5:30
    - Yasser, CT

- **NEW!**
  - **Kids Ballet I**
    - Ages: 5-7 years
    - 4:30
    - Miho, MB

- **NEW!**
  - **Kid Modern Dance**
    - Ages: 5
    - 4:00
    - Miho, MB

- **NEW!**
  - **Lights, Camera, Action**
    - Ages: 4 and up
    - 3:45
    - Mostafa, CT

- **NEW!**
  - **Mind**
    - Ages: 7-9 years
    - 4:45
    - Amy, AT

- **NEW!**
  - **Cardio Room (CR)**
    - Ages: 4 years
    - 4:00
    - Mostafa, CT

- **NEW!**
  - **Imagination Theater**
    - Ages: 4 years
    - 3:00
    - Mostafa, CT

- **NEW!**
  - **Photography**
    - Ages: 10-12 years
    - 4:45
    - Charlotte, AT

- **NEW!**
  - **Kid Modern Dance**
    - Ages: 9 years
    - 6:05
    - Miho, MB

- **NEW!**
  - **Kid Modern Dance**
    - Ages: 4 years
    - 5:30
    - Mostafa, CT

- **NEW!**
  - **Teen/Adult Karate**
    - Ages: 4 and up
    - 6:45
    - Mostafa, CT

**REGISTRATION**

- **Members:** February 8
- **Community:** February 15

### PARK SLOPE ARMORY YMCA
361 15TH STREET, PARK SLOPE, BROOKLYN, 212-912-2580
NEW! BILINGUAL BABY
Members: $130, Community Fee: $210
iHola! Hello! You are never too young to learn a new language. Become a bilingual baby with this interactive, sensory-filled English and Spanish class. Through music, movement, bubbles, and MORE, this language introduction class will encourage parent-child bonding and learning. Bilingual baby is also a wonderful opportunity to enhance your child's English language, while learning a new one. When is the best time to learn a new language? ¡Ahora!

NEW! LIGHTS, CAMERA, ACTION
Members: $150, Community: $210
Welcome to YMCA Hollywood; where everyone’s a star! Use visual storytelling to explore self-expression, creativity, build self-confidence, and have fun! Students will create their own scripts, act, direct, and produce their own original movies. This class is a great introduction to film, directing, acting, video editing, and more!

NEW! PHOTOGRAPHY
Members: $135, Community: $215
Capture your own reality through the camera lens! Learn different techniques and tools for creating captivating images, and practice these techniques in action. Students will learn how a camera works and practice with lighting. At the end of the session students will display their work in a culmination celebration!

NEW! VISUAL ARTS & LANGUAGE
Members: $125, Community Fee: $180
Tell a story through movement in this fun and empowering introduction to modern dance! Students will explore emotions and self-expression using a mixture of structured dance and creativity. In this class we'll look to build self-confidence and encourage our dancers to not only move within a group, but stand out on their own! The last week of class will be a performance showcase, an opportunity to showcase what they’ve learned.

NEW! KIDS MODERN DANCE
Members: $125, Community Fee: $180
Tell a story through movement in this fun and empowering introduction to modern dance! Students will explore emotions and self-expression using a mixture of structured dance and creativity. In this class we’ll look to build self-confidence and encourage our dancers to not only move within a group, but stand out on their own! The last week of class will be a performance showcase, an opportunity to showcase what they’ve learned.

NEW! STems
Members: $135, Community: $215
Each week students have the opportunity to build their own creations using their imagination. Students will build 3-D sculptures, robots, cars, castles, planes and more!

NEW! SET, SCIENCE!
Members: $140, Community: $220
From erupting volcanoes to experimenting with matter in different forms, this class invites children to test their own scientific theories and engage in experiments, expanding their knowledge and interests.

NEW! SCIENCE EXPLORERS
Members: $140, Community: $220
This class invites children (ages 5-7) to explore the wonders of science! Each week, students will test their theories, participate in science projects, and record their findings through observational drawings!

YOUTH MARTIAL ARTS & YOGA

KARATE (Beginner I, Beginner II, Intermediate, Advanced)
Members: $160, Community: $220
Karate develops physical conditioning, mental awareness and self-defense strategies. Students will learn to develop speed, power, focus, and balance. Level is determined by the instructor.

*Please note there is a $40 fee for the karate uniform for all students & there is a belting fee that goes directly to the National Karate Association for those who qualify and choose to belt.

YOGA FOR KIDS
Members: $130, Community: $215
Students will learn techniques to help them improve their self-awareness and concentration. Children will explore their ability to connect, breathe, move, focus & more!

ADULT CLASSES

TEEN/ADULT KARATE
Members: $160, Community: $220
This class combines fitness and self-defense with warm ups, stretching and conditioning. Explore the connection between mind and body, get exercise, and relieve stress. Students will work on basic techniques of karate, forms, and sparring.

ADULT COLLAB & MIXED MEDIA
Members: $265, Community: $320
This workshop will explore the art of collage and its many materials, techniques, approaches and possibilities for personal expression. Students will work with media such as water based paint, pencils, and charcoal. All levels of experience are welcome. Students bring their own supplies and will receive a list of materials and small tools.

FOR MORE INFORMATION:
DENISE FRANCIS | ARTS & CULTURE DIRECTOR
DFRANCIS@YMCA NYC.ORG | 212.912.2588