



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCAs OF STATEN ISLAND

OUR MISSION

The YMCA is, and always will be, dedicated to building healthy, confident, connected and secure children, adults, families and communities. With a focus on youth development, healthy living and social responsibility, the Y nurtures the potential of every youth and teen, improves Staten Island's health and well-being and provides opportunities to give back and support neighbors.

ENSURING ACCESS TO ALL

In 2018, we delivered more than \$4 million in free, subsidized or sponsored programs to more than 60,000 Staten Islanders, ensuring the availability of the YMCA's programs and services to those most in need.

BECOMING THE BEST YOU

The Annual Campaign provides families in need with financial support to participate in membership and program activities at the Staten Island YMCA. Funds for the Annual Campaign are raised by YMCA members and community volunteers. The YMCA provides membership assistance and scholarships to programs like summer camp, child care and teen activities, so that no one is turned away due to an inability to pay.

STATEN ISLAND YMCA

\$376,500

Our 2019 Goal

\$228,975

Total Raised in 2018

New York City's YMCA
**WHERE THERE'S A Y
THERE'S A WAY**

YMCAs of Staten Island

Anita Harvey, Senior Executive Director

Sandie O'Connor, Board Chair

The YMCA is making a difference in neighborhoods across the borough, operating 18 locations throughout Staten Island with three main facilities and 15 program sites. In 2018, more than 60,000 people — including 30,000 kids and teens — received the support they needed to learn, grow and thrive.



BROADWAY YMCA

Joseph Verhey, LCSW, Executive Director

John Birstler, Committee of Management Chair

The Broadway YMCA administers high-quality programs and services to our community that positively impact people from all walks of life. Our Y also makes membership opportunities available, granting convenient access to aquatics, cardiovascular and strength training equipment, recreational sports, and arts and leisure activities for health seekers and their families. The Broadway YMCA serves over 10,000 youth and 13,000 adults through innovative programs. Located in West Brighton, the

Broadway Y offers access to an assortment of fitness and aquatics facilities, exposes youth and adults to educational programming and encourages healthy lifestyles. Some of our most popular programs include swim lessons, basketball, soccer, Tae Kwon Do, jazz/hip hop, nursery school, adult basketball leagues, yoga, Indoor Cycling, Zumba, personal training, aqua exercise classes and SilverSneakers.



SOUTH SHORE YMCA

Anita Harvey, Interim Executive Director

William Abell, Committee of Management Chair

Through programs and memberships, the South Shore YMCA promotes caring, honesty, respect and responsibility as our core values and adheres to a tradition of excellence that sets our organization apart from other not-for-profits. Serving our communities since 1997, our YMCA has been engaging youth and families in Staten Island with programs that captivate the spirit, enrich the mind and strengthen the body. The South Shore YMCA reaches over 13,000 youth and 20,000 adults through innovative programs. Located in Eltingville, the South Shore YMCA provides an assortment of fitness and aquatics options and offers youth, families and adults educational and recreational programming. A few of our most popular programs include Tae Kwon Do, lacrosse, baseball leagues, basketball, soccer, baby ballet/tap, swim lessons, nursery school, summer day camp, personal training, Indoor Cycling, Active Older Adults Aerobics, aquatic exercise classes, SilverSneakers, and Renew Active.



YMCA COUNSELING SERVICE

Jacqueline Filis, LCSW, CASAC, Executive Director

Connie Thanasoulis-Cerrachio, Committee of Management Chair

The YMCA Counseling Service offers hope to individuals whose lives have been turned upside-down by addiction. Since 1980, we have provided the Staten Island community with comprehensive prevention and treatment services that promote the development of spirit, mind and body. Our state-licensed outpatient program includes treatment services for adults and teens, prevention services for at-risk youth and counseling services for children, adolescents and teens who have been affected by a loved one's addiction. The YMCA Counseling Service offers programs that are specially tailored to address different aspects of addiction such as Little Steps, a program for children of substance abusers; adult programs that include individual and group counseling; programs for at risk youth; family support groups, and 12-Step Fellowship meetings for those in recovery. The YMCA Counseling Service is located on both the North and South shores of Staten Island.



Staten Island YMCA Locations

- 1. Staten Island Broadway YMCA**
651 Broadway, SI, NY 10310
(718) 981-4933
ymcanyc.org/broadway
 - 2. Staten Island South Shore YMCA**
3939 Richmond Ave., SI, NY 10312
(718) 227-3200
ymcanyc.org/southshore
 - 3. YMCA Counseling Service**
North Shore Center &
New Americans Welcome Center
285 Vanderbilt Ave., SI, NY 10304
(718) 981-4382
- South Shore Center
3911 Richmond Ave., SI, NY 10312
(718) 948-3232
ymcanyc.org/counseling

Off-Site Locations

- Summer Day Camp Program Site
Outdoor Adventure Day Camp
at Pouch Camp
1465 Manor Rd. SI, NY 10314
- YMCA Youth Baseball & Recreation Field
The corner of Oakdale Street &
Pacific Avenue, SI, NY 10312

Y After School Program Sites

- PS 31 — The William T. Davis School
55 Layton Ave., SI, NY 10301
- PS 32 — The Gifford School
232 Barlow Avenue, SI, NY 10308
- PS 36 — John C. Drumgoole School
255 Ionia Avenue, SI, NY 10312
- PS 39 — Francis J. Murphy School
71 Sand Lane, SI, NY 10305
- PS 46 — Albert V. Maniscalco School
41 Reid Avenue, SI, NY 10305
- PS 57 — Hubert H. Humphrey School
140 Palma Drive, SI, NY 10304
- PS 60 — The Alice Austin School
55 Merrill Ave., SI, NY 10314
- PS 68 — The Port Richmond School for
Visionary Learners
1625 Forest Ave, SI, NY 10302
- I.S. 49 — The Berta A. Dreyfus School
101 Warren St., 10304

New Americans Welcome Center Off-Site Locations

- Kingsley Head Start
10 Kingsley Place, SI, NY 10301
- El Centro del Inmigrante
1546 Castleton Ave., SI, NY 10302
- CYO
120 Anderson Ave., SI, NY 10302
- PS 16
80 Monroe Ave., SI, NY 10301



- YMCA Counseling Service
3911 Richmond Ave., SI, NY 10312
- PS 48
1055 Targee St., SI, NY 10304
- St. Stanislaus Kostka Parish
109 York Ave., SI, NY 10301
- PS 78
100 Tompkins Ave., SI, NY 10304

YMCA Programs



Youth Programs: The YMCA offers the highest quality youth programs including infant care, early childhood education programs, pre-school, after school and youth sports. YMCA youth programs provide kids with a safe environment to explore the arts, recreational sports and academics, while emphasizing our organizational values of caring, honesty, respect and responsibility.



Teen Programs: Our South Shore YMCA's Teen Fitness Center was designed as a safe, inviting environment for teens to learn about their own health in spirit, mind and body, with the latest equipment. For teens looking to develop as leaders and make a positive impact on their community, the YMCA offers free civic engagement and service learning programs.



Family Programs: Offered in a nurturing and supportive environment, YMCA family programs help to provide a foundation of positive communication, teach positive parenting and mutual respect and create fond memories. Some of our most popular family programs include Family Nights and Parent & Me classes.



Older Adult Programs: The YMCA provides an assortment of programs tailored to address the needs of Active Older Adults. Programs offer seniors opportunities to take part in cardiovascular fitness activities, arthritis exercise, instructional aquatics programs and social activities. We are also a provider of the SilverSneakers and Renew Active Fitness Programs.



Summer Day Camp: Our Summer Day Camp program, located on 50 acres in the Greenbelt of Staten Island at Pouch Camp, focuses on developing the whole child through programs that support children's social, emotional, physical, intellectual and spiritual development. The YMCA also offers early childhood camps for kids ages 3 to 5 and in-house camps for youth ages 6 to 13.



Y After School: The Y After School program is for elementary and junior high school students. It focuses on academic support and social and emotional growth with a program model based on learning enhancement, health and recreation, values and building competence and confidence in children. Children attend the same school as the Y After School program.



Strong Kids Card Initiative: As part of our commitment to combating the childhood obesity epidemic and improving children's health and wellness, the YMCA Strong Kids Card creates free access to the resources and facilities of the YMCA of Greater New York, to help kids develop healthy habits for the rest of their life, all in a safe, fun and supervised environment.



Y FIT START Program: This 12-week, personalized exercise program is geared for anyone interested in making a lasting lifestyle change by incorporating physical activity into their normal routine. The program helps people overcome the obstacles they have faced in the past like lack of time, lack of support and motivation, feeling uncomfortable in an exercise environment and confusion as to where and how to begin.



New Americans Welcome Center: The New Americans Welcome Center, located at the YMCA Counseling Service's North Shore Center, serves as a safe haven where the City's growing immigrant community, together with natural born citizens, can access free multilingual information, resources, referrals and services (instructional, vocational, recreational and family support) that will help them attain their goals.



YMCA Weight Loss Program: Our new Weight Loss Program is free for members and provides you with the tools you need to eat healthier, move more, and lose weight. We provide strategies to incorporate nutrition and physical activity into your lifestyle, keep you motivated, and address the obstacles that make losing weight, and keeping it off, such a challenge. Classes meet in small groups for one hour every week for 12 weeks.



LIVESTRONG at the YMCA: The YMCA and LIVESTRONG have joined together to create LIVESTRONG at the YMCA, a physical activity and well-being program designed to help adult cancer survivors achieve their holistic health goals. The research-based program offers people affected by cancer, a safe, supportive environment to participate in physical and social activities focused on strengthening the whole person.

