

DODGE YMCA Gymnasium Schedule

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
COURT	Α	В	Α	В	Α	В	Α	В	Α	В	Α	В	Α	В
M o r n i n g	Adult Open Gym 5:30am-8:45am		Adult Open Gym 5:30am-8:45am		Adult Open Gym 5:30am-8:45am		Adult Open Gym 5:30am-9:45am		Adult Open Gym 5:30am-9:45am		Adult Open Gym 6:00am-7:45am		Adult Open Gym 7:00am-9:45am	
	Rumble Tumble 9:00am-9:45am		Barre 9:00am-9:55am		Toddler Time 9:00am-9:45am						Les Mills BodyPump™ 8:00am-9:00am		Toddler Time 10:00am-12:00pm	
	Rumble Tumble Extreme 10:00am-10:45am		Kinder Sports 10:00am-10:45am		Rumble Tumble 9:45am-11:45am		Kinder 10:00am-		Soccer Jr 2-3yrs 10:05am - 10:45am		Grit Cardio 9:10am-9:40am		Family Open Gym 12:00pm-1:00pm	
A	Toddler Time 11:00am-11:45am		Family Open Gym 10:45am- 12:00pm	Drumming & Percussion 11:00am - 11:45am			AOA Card 10:55am-		Soccer Jr 4-5yrs 11:00am - 11:45am		Family Open Gym 10:00am-3:00am		Teen Open Gym 1:00pm-3:30pm	
f	Adult Open Gym 12:00pm-3:30pm		Adult Open Gym 12:00pm-1:00pm		Adult Open Gym 12:00pm-3:30pm		Adult Op 12:00pm	oen Gym -1:00pm					Family Open Gym	
e r n			Mary McDowell & Friends 1pm-2:30pm				Mary McDowell & Friends 1pm-2:30pm Adult Open Gym 2:30pm-3:30pm		Adult Open Gym 12:00pm-3:30pm		Family Open Gym 3:30am- 6:30pm	Open Gym 3:30pm-	6:00pm 3:30	Open Gym 3:30pm- 6:00pm
0			Adult Open Gym 2:30pm-3:30pm											
n	Youth Basketball 3-5yrs 3:30-4:15pm	Teen Open Gym	Youth Tennis 3-5yrs 3:30- 4:15pm	Teen Open Gym	Youth Basketball 6- 7yrs 3:30- 4:15pm	Teen Open Gym	Youth Basketball 9-10yrs 3:30- 4:15pm	Teen Open Gym	Soccer Spikes 3 5yrs 4:30- 5:15pm	Teen Open Gym	(Birthday Party Events)	6:00pm		
Ш	Soccer Spikes 3-5yrs 4:30-5:15pm	3:30pm- 5:45pm	Youth Tennis 6-8yrs 4:30- 5:15pm	3:30pm- 6:30pm	Youth Basketball 6-8yrs 3:30- 4:15pm	3:30pm- 5:15pm	Youth Basketball 3- 5yrs 4:30- 5:15pm	3:30pm- 6:30pm	Soccer Spikes 6- 8yrs 4:30- 5:15pm	3:30pm- 5:45pm			Adult Volleyball 6:00pm-7:45pm	
v e n	Total Body Conditioning 6:00pm-7:00pm		Family Open Gym AGES 7-11 (Parent/Child) 5:15pm-6:15pm		Teen Open Gym 5:15pm-6:15pm		Family Open Gym AGES 7-11 (Parent/Child) 5:15pm-6:15pm		Les Mills BodyPump™ 6:00pm-6:45pm		Adult Open Gym 6:00pm-7:45pm			
i n g	Les Mills BodyPump™ 7:00pm-8:00pm		Teen Open Gym 6:30pm-8pm		Les Mills BodyPump™ 6:30pm-7:30pm		Teen Open Gym 6:30pm-8:00pm		Adult Basketball 7:00pm-10:45pm		Facility Closed 8:00pm		Facility Closed 8:00pm	
	Adult Soccer 8:15pm-10:45pm		Adult Basketball 8:00pm-10:45pm		Adult Volleyball 7:45pm-10:45pm		Adult Soccer 8:15pm-10:45pm				Dodge YMCA 225 Atlantic Ave. Brooklyn, NY 11201 212.912.2400 ymcanyc.org/dodge			
	KEY:		HEAL	THY LIFEST	YLES	TEENS	TEENS PICK-UP ADULT			FAMILY	*Note: Schedule is subject to change			