

# KID STUFF

Winter: January 2, 2020 – February 23, 2020

Members: \$108; Non-Members: \$140 (1x a week)

unless noted otherwise



## REGISTER ONLINE!

Take a look at our website and get acquainted with our online registration process!

[register.ymcanyc.org](http://register.ymcanyc.org)

## TAE KWON DO

Learn basic punches, strikes, blocks and kicks while gaining focus, strength and coordination. TKD at the Y is all about teamwork, respect and patience—not combat or self-defense.

### 4-5 YEARS

TUESDAYS 5:00-5:50PM

THURSDAYS 5:00PM-5:50PM

### 4-99 YEARS

TUESDAYS & THURSDAYS 6:15-7:15PM (BEG)

TUESDAYS & THURSDAYS 7:15-8:15PM (INT/ADV)

SATURDAYS 9:30-10:30AM (BEG)

SATURDAYS 10:30-11:30AM (INT/ADV)

Munch Center



## BALLET/TAP

The basics are introduced with patience and care, not to mention fun! Our programs nurture kids' sense of self-confidence and introduce them to positive, fun activities that build athletic, social and interpersonal skills.

### 3-6 YEARS

SATURDAYS 12:00-12:45PM

### 7-12 YEARS

SATURDAYS 12:50-1:35PM

Fitness Studio



## HIP HOP

This introductory-level Hip Hop class provides a structured method of learning various Hip Hop dance movements in a fun-filled and vibrant class environment, and offers a new set of combinations and routines every time.

### 3-5 YEARS

SATURDAYS 1:30-2:20PM

### 6-8 YEARS

SATURDAYS 2:30-3:20PM

Fitness Studio

Member Registration

12/14/19

Non-Member

Registration

12/21/2019



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## DANCE TEAM

Our Dance team's purpose is to provide a dance experience that includes: accelerated instruction, increased performance opportunities, and development of proper placement, technique, discipline, strength and performance skills. Our Team of dancers will have the opportunity to travel to outside locations and perform in different dance competitions as well as events.

\*\*Price includes track suits and practices

\*\*Additional costs apply for costumes and competitions

### 8-15 YEARS

SATURDAYS 3:45-5:45M

(unless noted otherwise)

\$285 \*

## TODDLER PLAY

Toddler play is an introduction for toddlers to the basics of dance, STEM and ART. Pre-schoolers will explore the arts as a tool for self-expression using rhythm games, songs, and stories. Children learn balance, coordination, and develop basic locomotive skills.

### 12 MONTHS-2 YEARS

SATURDAYS 10:00-10:45AM

### 3-5 YEARS

SATURDAYS 11:00-11:45AM

Child Watch Room

Need financial assistance? JUST ASK!

Schedule subject to change; classes need minimum 3 participants to operate.

CASTLE HILL YMCA. 2 Castle Hill Avenue Bronx, NY 10473 (212) 912-2490

## QUESTIONS?

Tammy Nolasco

[tnolasco@ymcanyc.org](mailto:tnolasco@ymcanyc.org)

## SOCCER CLUB

This program is perfect for players looking for a more competitive soccer environment with 3 weekly practices and small sided games to enhance player development. Training focuses on technical skill development as well as tactical ideas.

**7-12 YEARS**  
6:00PM-7:00PM  
WEDNESDAY, FRIDAY  
6:30-7:30  
THURSDAY



**13-17 YEARS**  
6:00PM-8:00PM  
EVERY MONDAY, THURSDAY

7PM-8PM  
WEDNESDAY

7:15PM-8:45PM  
FRIDAY

**\$300 PER SEASON \***  
**\$200 PAID AT FRONT DESK**  
**\$100 PAID TO COACH FOR UNIFORM**

WINTER: JANUARY 1-MARCH 31  
SPRING: APRIL 1-JUNE 30  
SUMMER: JULY 1-SEPTEMBER 30  
FALL: OCTOBER 1-DECEMBER 31



## YOUNG PICASSO

Exploring all different art techniques using a variety of pencils, pastels, painting, and arts and crafts. Students will find their individual expression through art and develop technical skills.

**10-12 YEARS**  
SATURDAYS 10:00AM-10:50AM  
**5-6 YEARS**  
SATURDAYS 11:00AM-11:50AM  
**7-9 YEARS**  
SATURDAYS 12:00PM-12:50PM  
MUNCH CENTER CLASSROOM

**\* MEMBERS: \$120**  
**NON-MEMBERS: \$148**



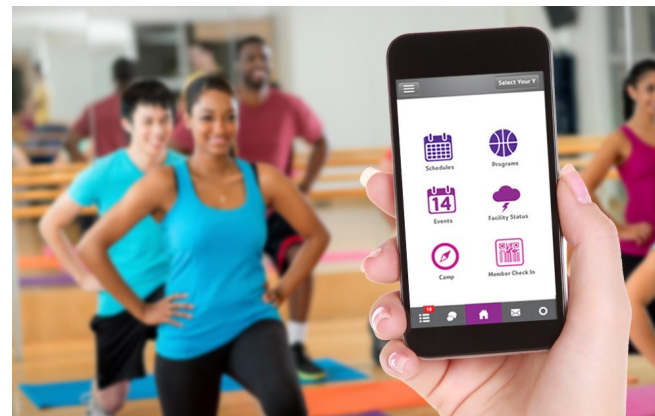
## YBL CLINIC

Children will learn the fundamentals of the sport, along with being able to compete with their peers. Instructors will prepare kids for real-time competition by teaching skills such as dribbling, shooting, formations, plays, endurance performance, defense and offense.

**5-6 YEARS**  
SATURDAYS 12:10PM-1:00PM  
**7-9 YEARS**  
SATURDAYS 1:10PM-2:00PM  
**10-12 YEARS**  
SATURDAYS 2:10PM-3:00PM  
**13-18 YEARS**  
SATURDAYS 3:10PM- 4:00PM  
Munch Center



MOBILE APP!



MOBILE APP!

Download our mobile app for automatic updates on class changes and cancellations.

[ymcanyc.org/app](http://ymcanyc.org/app) or visit the app store on your device and search:

**YMCA of Greater NY**