

KID STUFF

Fall 2: October 28th, 2019– December 22nd, 2019
Members– \$100; Non-Members– \$130 (1x a week)
unless noted otherwise



REGISTER ONLINE!

Take a look at our website and get acquainted with our online registration process!

register.ymcanyc.org

TAE KWON DO (Begins May 7th)

Learn basic punches, strikes, blocks and kicks while gaining focus, strength and coordination. TKD at the Y is all about teamwork, respect and patience—not combat or self-defense.

4-5 YEARS

TUESDAYS 5:00-5:50PM
THURSDAYS 5:00PM-5:50PM



4-99 YEARS

TUESDAYS & THURSDAYS 6:15-7:15PM (BEG)
TUESDAYS & THURSDAYS 7:15-8:15PM (INT/ADV)
SATURDAYS 9:30-10:30AM (BEG)
SATURDAYS 10:30-11:30AM (INT/ADV)

Munch Center

BALLET/TAP

The basics are introduced with patience and care, not to mention fun! Our programs nurture kids' sense of self-confidence and introduce them to positive, fun activities that build athletic, social and interpersonal skills.

3-6 YEARS

SATURDAYS 12:00-12:45PM

7-12 YEARS

SATURDAYS 12:50-1:35PM
Fitness Studio



HIP HOP

This introductory-level Hip Hop class provides a structured method of learning various Hip Hop dance movements in a fun-filled and vibrant class environment, and offers a new set of combinations and routines every time.

3-5 YEARS

SATURDAYS 1:30-2:20PM

6-8 YEARS

SATURDAYS 2:30-3:20PM
Fitness Studio

DANCE TEAM

Our Dance team's purpose is to provide a dance experience that includes: accelerated instruction, increased performance opportunities, and development of proper placement, technique, discipline, strength and performance skills. Our Team of dancers will have the opportunity to travel to outside locations and perform in different dance competitions as well as events.

**Price includes track suits and practices
**Additional costs apply for costumes and competitions

8--15 YEARS

SATURDAYS 3:45-5:45M

* (UNLESS NOTED OTHERWISE)
* \$280

Toddler Play

Toddler play is an introduction for toddlers to the basics of dance, STEM and ART. Pre-schoolers will explore the arts as a tool for self-expression using rhythm games, songs, and stories. Children learn balance, coordination, and develop basic locomotive skills.

12 MONTHS-2 YEARS

SATURDAYS 10:00-10:45AM

3-5 YEARS

SATURDAYS 11:00-11:45AM

CHILD WATCH ROOM

Member Registration
10/12/19
Non Member Registration
10/19/2019



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Need financial assistance? JUST ASK!

Schedule subject to change; classes need minimum 3 participants to operate.

BRONX YMCA. 2 Castle Hill Avenue Bronx, NY 10473. 212-912-2490

QUESTIONS?

Stefany Navarro
snavarro@ymcanyc.org

YBL Clinic

Children will learn the fundamentals of the sport, along with being able to compete with their peers. Instructors will prepare kids for real-time competition by teaching skills such as dribbling, shooting, formations, plays, endurance perfor-

5-6 YEARS
SATURDAYS 12:10PM-1:00PM
7-9 YEARS
SATURDAYS 1:10PM-2:00PM
10-12 YEARS
SATURDAYS 2:10PM-3:00PM
13-18 YEARS
SATURDAYS 3:10PM- 4:00PM
Munch Center

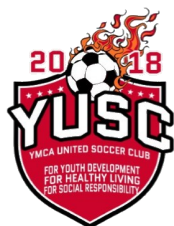


SOCCER TEAM

This program is perfect for players looking for a more competitive soccer environment with 3 weekly practices and small sided games to enhance player development. Training focuses on technical skill development as well as tactical ideas

7-11 YEARS
6:30PM-7:30PM
MONDAY, WEDNESDAY, FRIDAY

12-16 YEARS
7:30PM-8:30PM
EVERY MONDAY, WEDNESDAY, FRIDAY
6:30-8:30PM
EVERY THURSDAY



Little Kickers

Instructional program designed to prepare kids for soccer without the threat of competition or fear of getting injured. Parents follow along with children to learn all of the basic skills, such as dribbling, passing, and shooting the ball.

3-6 YEARS

THURSDAYS
4:30PM-5:20PM
OR
FRIDAYS
4:30PM-5:20PM
Multi Purpose Room



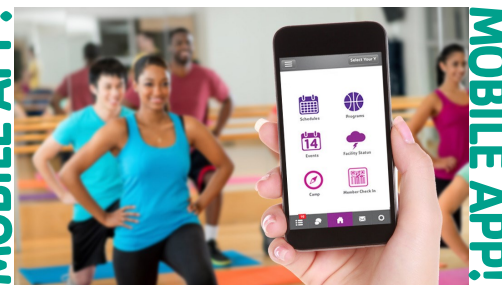
YOUNG PICASSO

Exploring all different art techniques using a variety of pencils, pastels, painting, and arts and crafts. Students will find their individual expression through art and develop technical skills.

10-12 YEARS
SATURDAYS 10:00AM-10:50AM
5-6 YEARS
SATURDAYS 11:00AM-11:50AM
7-9 YEARS
SATURDAYS 12:00PM-12:50PM
MUNCH CENTER CLASSROOM

* MEMBERS: \$110 NON-MEMBERS: \$ 140

MOBILE APP!



MOBILE APP!

Download our mobile app for automatic updates on class changes and cancellations.

ymcanyc.org/app or visit the app store on your device and search:

* FRIDAY
7-11 YEARS
6:30PM-7:30PM
\$300