

## EARLY CHILDHOOD CLASSES (registration required)

\*Toddler Time is free for Family Members ONLY & \$15 for Non-Members & Youth Members

|                       | MONDAY  | TUESDAY  | WEDNESDAY                               | THURSDAY   | FRIDAY   | SATURDAY                                 |
|-----------------------|---|--|---|--|--|--|
| 9:00AM-<br>9:45AM     | *Toddler Time<br><sub>Gym</sub>                                   |  | *Toddler Time<br><sub>Gym</sub>         |  |  |  |
| 10:00 AM-<br>10:45 AM | Rumble & Tumble<br>Gym (18mo-3yrs)                                | Kindersports Jr.<br>Gym (18mo-2yrs)                                    | Rumble & Tumble<br>Gym (18mo-3yrs)      | Little Feet Wise<br>Heart yoga<br>Conference Rm (2yr-5yrs)       | Little Painters –<br>Arts & Crafts<br>Conference Rm. (16mo-5yrs) |  |
|                       |   |  |   |  |  | SUNDAY                                   |
| 11:00 AM-<br>11:45 AM | Rumble & Tumble<br>Xtreme<br>Gym (3yrs-5yrs)                      | Drumming, Percussion<br>& Sing Along<br>Conference room<br>(18mo-4yrs) | Rumble & Tumble Jr.<br>Gym (6mo-17mo)   | MAD SCIENCE -<br>Little Scientists<br>Conference Rm. (2yrs-5yrs) | <b>Soccer JR.</b><br>Gym (2yrs-5yrs)                             | *Toddler Time<br>Gym<br>10 AM - 12:00 PM |
|                       | Exciting News! We've updated our Rumble & Tumble Equipment and Fe |  |   |  |  | eatures.                                 |
| YOUTH                 | YOUTH SPORTS CLASSES (registration required)                      |  |   |  |  |  |
|                       | MONDAY  | TUESDAY  | WEDNESDAY                               | THURSDAY   | FRIDAY   |  |
| 3:30 PM-<br>4:15 PM   | <b>Basketball</b><br>Gym (3-5yrs)                                 | <b>Tennis</b><br>Gym (3-5yrs)  | <b>Basketball</b><br>Gym (6-7yrs)       | <b>Basketball</b><br>Gym (9-10yrs)                               | Soccer Spikes<br>Gym (3-5yrs)                                    |  |
|                       |   | Ballet Studio B (3-6yrs)<br>3:30-4:15PM                                | Ballet Studio B (3-6yrs)<br>3:30-4:15PM |  |  |  |
|                       |   |  |   |  |  |  |
| 4:30 PM-<br>5:15 PM   | Soccer Spikes<br>Gym (3-5yrs)                                     | <b>Tennis</b><br>Gym (6-8 yrs)   | <b>Basketball</b><br>Gym (6-8yrs)       | Basketball<br>Gym (3-5yrs)                                       | Soccer Spikes<br>Gym (6-8yrs)                                    |  |
|                       |   |  |   |  |  |  |



# DODGE YMCA YOUTH & FAMILY CLASS DESCRIPTIONS

All Youth Sports Classes are \$165 for Members & \$230 for Non-Members.





Play

#### Members: \$165 / Community \$230

Mixing paints and using crayons and markers, while learning basic drawing skills.



Members: \$175 / Community \$240 Preschoolers enjoy captivating demonstrations, perform simple science experiments and discover science.



### Members: \$165 / Community \$230

Introduce your child to the world of sports and early fitness. Perfect for young athletes.



These hands-on weekly classes are filled with joy and laughter as children and family members play instruments, sing, learn body percussion and dance. All ages and levels welcome! Instruments and activity materials provided and bi-lingual elements will be woven into the activities Grow... Tegether! RUMBLE & TUMBLE

Members: \$165 / Community \$230

This class develops motor skills & movement throughout our obstacle course, ball play & songs.



# LITTLE FEET WISE HEART YOGA

Members: \$165 / Community \$230

Encourage growth and learning through innovative play and calming techniques. Geared towards toddlers and up, this class uses a combination of songs, stories and movement for children and caregivers to develop little bodies and minds. Inspiring confidence, strength and fun, these classes create connections for both younger and oder yogis! For 18m-3.5yrs. Adult participation is encouraged! So much to learn and explore- join us!

