

# ARTS & CULTURE PROGRAM SCHEDULE



FALL II SESSION: 10/28 - 12/22

MON	TUES	WED	THURS	FRI	SAT
	10:15- 11:00am Ready, Set, Science Ages: 3-4 years Amy, AT		<b>NEW!</b> 11:15- 11:55am Bilingual Baby Ages: 2-3 years Elisa, CT	10:30-11:15am Imagination Theater Ages: 3-4 years Miho, MB	9:00-10:00am Intermediate Karate Ages: 4 and up Mostafa, CT
	<p><b>LOOKING FOR MORE FAMILY FUN?</b></p> <p>Check out our <b>FREE Family Programs Schedule!</b></p>		3:00-3:40pm Tiny Toes Ballet Ages: 3-4 years Miho, MB	11:15- 11:55am Tiny Toes Ballet Ages: 3-4 years Miho, MB	10:00-11:00am Beginner Karate Ages: 4 and up Mostafa, CT
			3:15-3:55pm Hip Hop Ages: 5-7 years Jessilyn, CR		
3:45-4:45pm Beginner Karate Ages: 4 and up Yasser, CT	<b>NEW!</b> 3:15-3:55pm Kids Modern Dance Ages: 5-7 years Faith, MB	3:00-3:40pm Tiny Toes Ballet Ages: 3-4 years Faith, MB	3:45-4:25pm Tiny Toes Ballet Ages: 3-4 years Miho, MB	3:00-3:40pm Tiny Toes Ballet Ages: 3-4 years Anna, MB	
3:45-4:30pm Sing, Act, Dance! Ages: 3-4 years Elon, CR	4:00-4:40pm Tiny Toes Ballet Ages: 3-4 years Faith, MB	3:45-4:25pm Tiny Toes Ballet Ages: 3-4 years Faith, MB	3:45-4:45pm Beginner Karate Ages: 4 and up Mostafa, CT	3:45-4:25pm Tiny Toes Ballet Ages: 3-4 years Anna, MB	11:00 am-12:00pm Intermediate Karate Ages: 4 and up Mostafa, CT
<b>NEW!</b> 3:45-4:30 pm Lights, Camera, Action Ages: 7-9 years Lix, AT	4:00-4:40pm Ballet/Creative Movement Ages: 3-4 years Phoebe, CT	3:45-4:45pm Beginner Karate Ages: 4 and up Yasser, CT	4:00-4:45pm Hip Hop/Breakdancing Ages: 7-9 years Jessilyn, CR		
4:00-4:45pm Yoga for Kids Ages: 7-9 years Miho, MB	4:45-5:25pm Tiny Toes Ballet Ages: 3-4 years Faith, MB	3:45-4:30pm Build, Build, Build Ages: 3-4 years Denise, AT	4:30-5:15pm Kids Ballet I Ages: 5-7 years Miho, MB		
<b>NEW!</b> 4:45-5:30 pm Lights, Camera, Action Ages: 10-12 years Lix, AT	4:45-5:30pm Kids Ballet I Ages: 5-7 years Phoebe, CT	4:30-5:15pm Kids Ballet I Ages: 5-7 years Faith, MB	4:45-5:30pm Ready, Set, Science Ages: 3-4 years Amy, AT	4:30-5:15pm Kids Ballet I Ages: 5-7 years Anna, MB	
4:45-5:30pm Sing, Act, Dance! Ages: 5-7 years Elon, CR	<b>NEW!</b> 5:35-6:25pm Kids Modern Dance Ages: 7-9 years Phoebe, CT	4:45-5:30pm Science Explorers Ages: 5-7 years Denise, AT	4:45-5:45pm Advanced Karate** Mostafa, CT	<b>**green belt and higher</b>	
4:45-5:45pm Intermediate Karate Ages: 4 and up Yasser, CT		4:45-5:45pm Intermediate Karate Ages: 4 and up Yasser, CT	5:20 - 6:05pm Kids Ballet II* Ages: 7-10 years Miho, MB	<b>*16 week class</b>	<b>NEW Classes!</b>
5:45-6:45pm Advanced Karate Ages: 6 and up Yasser, CT		5:45-6:45pm Advanced Karate Ages: 4 and up Yasser, CT	5:45-6:45pm Beginner Karate Ages: 4 and up Mostafa, CT	<p><b>REGISTRATION</b></p> <p>Members: October 12 Community: October 19</p>	
6:45-7:45pm Karate Teen/Adult Yasser, CT	<p><b>CLASS LOCATIONS:</b></p> <p>Art Room (AT) Culture Room (CT) Mind-Body (MB) Multipurpose (MP) Cardio Room (CR)</p>		6:45-7:45pm Teen/Adult Karate Mostafa, CT		
			7:00-10:00pm Adult Collage/ Mixed Media Susan, AT		

## YOUTH VISUAL ARTS & LANGUAGE

### NEW! BILINGUAL BABY

**Members: \$130, Community Fee: \$210**

¡Hola! Hello! You are never too young to learn a new language. Become a bilingual baby with this interactive, sensory-filled English and Spanish class. Through music, movement, bubbles, and MORE, this language introduction class will encourage parent-child bonding and learning. Bilingual baby is also a wonderful opportunity to enhance your child's English language, while learning a new one. When is the best time to learn a new language? ¡Ahora!

### NEW! LIGHTS, CAMERA, ACTION

**Members: \$150 Community: \$210**

Welcome to YMCA Hollywood; where everyone's a star! Use visual storytelling to explore self-expression, creativity, build self-confidence, and have fun! Students will create their own scripts, act, direct, and produce their own original movies. This class is a great induction to film, directing, acting, video editing, and more!

## YOUTH STEM

### BUILD, BUILD, BUILD

**Members: \$130, Community: \$210**

Each week students have the opportunity to build their own creations using their imagination. Students will build 3-D sculptures, robots, cars, castles, planes and more!

### READY, SET, SCIENCE!

**Members: \$135, Community: \$215**

From erupting volcanoes to experimenting with matter in different forms, this class invites children to test their own scientific theories and engage in experiments, expanding their knowledge and interests.

### SCIENCE EXPLORERS

**Members: \$135, Community: \$215**

This class invites children (ages 5-7) to explore the wonders of science! Each week, students will test their theories, participate in science projects, and record their findings through observational drawings!

## YOUTH MARTIAL ARTS & YOGA

### KARATE (Beginner I, Beginner II, Intermediate, Advanced)

**Members: \$150, Community: \$210**

Karate develops physical conditioning, mental awareness and self-defense strategies. Students will learn to develop speed, power, focus, and balance. Level is determined by the instructor.

\*Please note there is a \$40 fee for the karate uniform for all students & there is a belting fee that goes directly to the National Karate Association for those who qualify and choose to belt.

### YOGA FOR KIDS

**Members: \$125, Community: \$180**

This class is a wonderful introduction to yoga & mindfulness. Students will learn tools to help them improve their self-awareness and concentration. Children will explore their ability to connect, breathe, move, focus & more!

## ADULT CLASSES

### TEEN/ ADULT KARATE

**Members: \$150, Community: \$210**

This class combines fitness and self-defense with warm ups, stretching and conditioning. Explore the connection between mind and body, get exercise, and relieve stress. Students will work on basic techniques of karate, forms, and sparring.

### ADULT COLLAGE & MIXED MEDIA

**Members: \$260, Community: \$315**

This workshop will explore the art of collage and its many materials, techniques, approaches and possibilities for personal expression. Students will work with media such as water based paint, pencils, and charcoal. All levels of experience are welcome. Students bring their own supplies and will receive a list of materials and small tools.

## YOUTH PERFORMING ARTS

### NEW! KIDS MODERN DANCE

**Members: \$125, Community Fee: \$180**

Tell a story through movement in this fun and empowering introduction to modern dance! Students will explore emotions and self-expression using a mixture of structured dance and creativity. In this class we'll look to build self-confidence and encourage our dancers to not only move within a group, but stand out on their own! The last week of class will be performance style, an opportunity to showcase what they've learned.

### TINY TOES BALLET

**Members: \$125, Community: \$180**

A wonderful way to introduce children to movement. Children can twirl and leap with friends, developing strength, coordination, and body awareness while having fun.

### KIDS BALLET I

**Members: \$125, Community: \$180**

This program is a fun and active way for children to learn ballet! Students will learn ballet techniques, build strength, and learn choreography. In the last week, students will put on a performance showcasing what they have learned.

### KIDS BALLET II

**Members: \$250, Community: \$360**

Ready to challenge yourself to the next level? This class is for students who have taken ballet before and are ready to advance. Students will learn more advanced techniques and continue to develop their skills. In the last week, students will put on a performance showcasing what they have learned. Please note that Level II Ballet is invitation only. Not sure if your child is ready for Level II? If you're interested, please contact Leah Krieble.

### IMAGINATION THEATER

**Members: \$125, Community: \$180**

A great first theater experience that uses stories as the basis for imaginative play. Participants will work with a story each week to explore characters, settings, and plot. A wonderful way for children to learn to express emotions and interact with their peers.

### SING, ACT, DANCE!

**Members: \$125, Community: \$180**

Through musical theater, children will explore the intersection of singing, drama, and dance. Students will have the opportunity to explore their vocal range through singing as well as explore characters, and develop their dancing and acting skills!

### BALLET/CREATIVE MOVEMENT

**Members: \$125, Community: \$180**

This program is a fun and active way to introduce children to ballet, giving them the opportunity to explore movement, build confidence, and be creative. This class invites children to use movement as a vehicle for self-expression, encouraging individuality and creativity.

### HIP HOP / BREAKDANCING

**Members: \$125, Community: \$180**

Students will learn a series of stylistic moves paired with Hip Hop music in order to work on musicality, coordination, cognitive awareness and personalization. Students will work on moving to the beat, remembering dance moves, and expressing themselves through choreographed movement.

**ASK ABOUT PRIVATE GUITAR LESSONS FOR YOUTH AND ADULTS!**

### FOR MORE INFORMATION:

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