

Fall 1 SESSION YOUTH PROGRAMS

September 3, 2019 - October 27, 2019

MONDAY			
TIME	CLASS	AGE	LOCATION ✓
10:00-10:45am	Zumbini	0-5yrs	Stage Room
3:30-4:00pm	Rookie Basketball	4-6 yrs	Gym
3:30- 4:15pm	Tiny Toes	3-5yrs	Studio
4:00-4:45pm	Mad Scientist	6-12yrs	Stage Room
4:00-5:00 pm	Starter Basketball Clinic	7-9 yrs	Gym
4:15-5:15pm	Ballet/Tap/Hip Hop	6-12yrs	Studio
5:00-6:00pm	Y Botics	6-11 yrs	Stage Room
5:00-6:00 pm	All Star Basketball Clinic	10-12yrs	Gym
6:00-7:00 pm	MVP Basketball Clinic	13-15yrs	Gym
6:00-7:00pm	Track	5-8 yrs	Track
7:00-8:00pm	Track	9-12yrs	Track

TUESDAY			
TIME	CLASS	AGE	LOCATION ✓
10:00-10:45am	Giggle and Groove	2-4yrs	Stage Room
3:30-4:15pm	Kidzerise	5-12yrs	Gym
3:30-4:15pm	T-Ball Clinic	4-6yrs	Field
3:30-4:30pm	Junior Pickle ball	6-12yrs	Gym
4:00-5:00pm	Tae Kwon Do	7-10yrs	Studio
4:15-5:00pm	Baseball Clinic	7-10yrs	Field
4:30-5:15pm	Jewelry Making	6-11 yrs	Stage Room
5:00-6:00 pm	Tae Kwon Do	7-14 yrs	Studio
5:00-6:00pm	Beginner Flag Football	4-7yrs	Gym
5:00-5:45pm	Kids Yoga	5-11yrs	Teen Center
5:15-6:00pm	Stitch in Time	7-14yrs	Stage Room
5:45-6:30pm	Kids Zumba	7-11yrs	Teen Center
6:00-7:00pm	Semi-Pro Flag Football	8-12yrs	Gym

WEDNESDAY			
TIME	CLASS	AGE	LOCATION ✓
10:00-10:45am	Mommy and me Fun Time	1-5yrs	Stage Room
3:30-4:00pm	Rookies Basketball Clinic	4-6yrs	Gym
4:00-5:00pm	Starter Basketball Clinic	7-9yrs	Gym
4:00-5:00pm	CATCH	1st- 4th grade	Studio
5:00-6:00pm	All Star Basketball Clinic	10-12 yrs	Gym
5:00-5:45pm	Kids Yoga	5-11yrs	Teen Center
5:15-6:00pm	Let's Go to Paint	6-12yrs	Room 4
5:15-6:00pm	Sing It	6-12yrs	Stage Room
6:00-7:00 pm	MVP Basketball Clinic	13-14yrs	Gym

THURSDAY			
TIME	CLASS	AGE	LOCATION ✓
10:00-10:45am	Building Buddies	2-4yrs	Stage Room
3:30-4:30pm	Ping Pong Clinic	6-8yrs	Teen Fitness
3:30-4:30pm	Ninja Warrior	6-12yrs	Gym
4:00- 4:30pm	Lil Kicks Soccer	6-12yrs	Gym
4:30-5:30pm	Ping Pong Clinic	9-12yrs	Teen Fitness
4:30-5:30pm	Instructional Soccer	7-9yrs	Gym
5:00-6:00pm	Young Chefs	5-10yrs	Room 4
5:30-6:30pm	Intermediate/Advanced Soccer	10-12yrs	Gym

FRIDAY			
TIME	CLASS	AGE	LOCATION ✓
3:30-4:15pm	Tumbling Tots	3-5yrs	Gym
3:30-4:30pm	Sports Sampler	4-6yrs	Gym
4:00-5:00pm	Tae Kwon Do	5-7 yrs	Studio
4:15-5:00pm	Tumbling Stars	6-10yrs	Gym
4:30-5:30pm	Junior Golf	6-12yrs	Gym
5:00-6:00pm	Passport to Art	5-12yrs	Stage Room
5:00-6:00pm	Tae Kwon Do	7-14 yrs	Studio
5:00-6:00pm	Youth Tennis	6-8yrs	Gym
6:00-7:00pm	Youth Tennis	9-12yrs	Gym

SATURDAY			
TIME	CLASS	AGE	LOCATION ✓
9:00-9:45am	Musical Jamboree	1-5 yrs	Room 4
9:30-10:30am	Starters Basketball Clinic	5-7 yrs	Gym
10:00-10:45am	Mother Goose Rhyme Time	1.5-3 yrs	Room 4
10:00-11:00am	Tae Kwon Do	5-7 yrs	Gym
10:30-11:30am	ALL Star Basketball Clinic	8-12 yrs	Gym
10:45-11:15am	Kids Zumba	7-11yrs	Teen Fitness
11:00-1:00pm	Tae Kwon Do	7-14 yrs	Gym
1:00-2:15pm	Tae Kwon Do	Tournament	Gym
1:30-2:15pm	Tiny Toes	3-5yrs	Studio
2:15- 3:15pm	Ballet/Tap/Hip Hop	5-8yrs	Studio
2:15-4:15pm	Tae Kwon Do	Advanced	Gym

SUNDAY			
TIME	CLASS	AGE	LOCATION ✓
10:00-10:45am	Born to Move	1-5yrs	Room 4
11:00-11:45am	Zumbini	1-5 yrs	Room 4
12:15-1:15 pm	Tae Kwon Do	Pre-K	Studio
12:15-1:15pm	Upper Cutters	7-14yrs	Teen Center
1:15-2:00pm	Tiny Toes	3-5 yrs	Studio
2:00-3:00 pm	Ballet/Tap/Hip Hop	5-8yrs	Studio

CHECK OUT THESE NEW! PROGRAMS

- Zumbini (Ages 1-5yrs)
- Junior Golf (Ages 6-12yrs)
- Junior Pickleball (Ages 6-12yrs)
- Kidzercise (Ages 5 -12yrs)
- Upper Cutters (Ages 7-14yrs)
- Tumbling Stars (Ages 6-10yrs)

For more information on youth programming,
contact Tylar Simon , Program Director
at 718-227-3200 or tsimon@ymcanyc.org



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUTH & FAMILY PROGRAMS FALL 1 SESSION 2019

September 3 – October 27, 2019

Member Registration: August 17

Program Registration: August 24

WELCOME BACK!



SOUTH SHORE YMCA

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