

Gym Schedule

Effective August 24, 2019

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00 AM	Adult Open Gym 5:00AM-10:45PM	Adult Open Gym 5:00AM-10:45PM	Adult Open Gym 5:00AM-5:30PM	Adult Open Gym 5:00AM-6:00PM	Adult Open Gym 5:00AM-10:45PM	GYM CLOSED	GYM CLOSED	
5:30 AM								
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6:30 AM								
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12:00 PM								
12:30 PM	Adult Open Gym 12:00PM- 2:00PM	Pickleball 12:00-2:00P		Pickleball 10:30-12:30P		Adult Open Gym 7:00AM-3:00PM	Adult Open Gym 7:00AM-3:00PM	
1:00 PM								
1:30 PM								
2:00 PM								
2:30 PM								
3:00 PM								
3:30 PM								
4:00 PM								
4:30 PM								
5:00 PM								
5:30 PM	Teen Open 5:30-6:30PM	Volleyball <i>Net Set Up/Warm Up</i> 5:30-6:00PM <i>Instructional Volleyball</i> 6:00-7:15PM <i>Game Beginner/Low Int</i> 7:15-8:30PM <i>Int/Adv</i> 8:30-10:45PM		Teen Open Gym 6:00-7:00PM		Family 6:00-7:00PM	Adult Open Gym 5:00-8:00PM	Adult Open Gym 5:00-8:00PM
6:00 PM								
6:30 PM								
7:00 PM								
7:30 PM								
8:00 PM								
8:30 PM	Adult Open Gym	Adult Open Gym	Adult Full Court Basketball 7:00-10:45PM	Adult Open Gym	GYM CLOSED	GYM CLOSED		
9:00 PM								
9:30 PM								
10:00 PM								
10:45 PM	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED		
11:00 PM	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	

Note*: Classes that have an asterisk * are paid programs/classes and require registration.