



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

THURSDAY GROUP EXERCISE SCHEDULE SUMMER SESSION | JUNE 24TH - AUGUST 25TH

JUNE 27TH - R.E.D. Warrior Nation with Adele

JULY 4TH - NO CLASSES

JULY 11TH - STRONG by Zumba with David

JULY 18TH - R.E.D. Warrior Nation with Adele

JULY 25TH - STRONG by Zumba with David

AUGUST 1ST - R.E.D. Warrior Nation with Adele

AUGUST 8TH - R.E.D. Warrior Nation with Adele

AUGUST 15TH - STRONG by Zumba with David

AUGUST 22ND - STRONG by Zumba with Jennifer