

West Side Small Pool Schedule

July 29 - August 25, 2019

Effective July 29, 2019

SMALL POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am 6:15am 6:30am 6:45am	Adult Only Rec Swim 6:00-8:00 AM	Adult Only Rec Swim 6:00-8:00 AM	Adult Only Rec Swim 6:00-8:00 AM	Adult Only Rec Swim 6:00-8:00 AM	Adult Only Rec Swim 6:00-8:00 AM		
7:00am 7:15am 7:30am 7:45am						Adult Only Rec Swim 7:00-8:55 AM	Adult Only Rec Swim 8:00-8:55 AM
8:00am 8:15am 8:30am 8:45am	Arthritis 8:05-8:55 AM	All Ages Rec Swim 8:00-8:55 AM	Arthritis 8:05-8:55 AM	All Ages Rec Swim 8:00-9:25 AM	Arthritis 8:05-8:55 AM		
9:00am 9:15am 9:30am 9:45am	Swim Starters & Swim Basics 9:00 - 9:30 AM	Swim Starters & Swim Basics 9:00-9:30 AM Swim Strokes 9:30-10:00 AM All Ages Rec Swim 9:30-10:00 AM	All Ages Rec Swim 9:00-10:25 AM	Tendercare 9:30-10:00 AM All Ages Rec Swim 9:30-10:00 AM	All Ages Rec Swim 9:00-9:30 AM Tendercare 9:30-10:00 AM All Ages Rec Swim 9:30-10:00 AM		
10:00am 10:15am 10:30am 10:45am	All Ages Rec Swim 10:00-10:25 AM		Tendercare 10:00-10:30AM All Ages Rec Swim 10:00-10:25 AM		DAY CAMP GROUPS 4/5 KINDER CAMP 10:00 AM-12:30 PM	Swim Starters Swim Basics Swim Strokes 9:00 AM - 1:15 PM	Swim Starters Swim Basics Swim Strokes 9:00 AM - 1:30 PM
11:00am 11:15am 11:30am 11:45am	DAY CAMP GROUPS 1/2 & SPORTS CAMP 10:30 AM - 12:30 PM	KINDER CAMP 10:00 AM-12:30 PM	DAY CAMP GROUPS 1/2 & SPORTS CAMP 10:30 AM - 12:30 PM	KINDER CAMP 10:00 AM-12:30 PM			
12:00pm 12:15pm 12:30pm 12:45pm	Arthritis 12:35-1:25 PM	Arthritis 12:35-1:25 PM	Aqua Dance 12:35-1:25 PM	Arthritis 12:35-1:25 PM	Arthritis 12:35-1:25 PM		
1:00pm 1:15pm 1:30pm 1:45pm					DAY CAMP TEEN CAMP GROUP 6 1:30-2:15 PM	All Ages Rec Swim 1:15-2:25 PM	All Ages Rec Swim 1:30-2:25 PM
2:00pm 2:15pm 2:30pm 2:45pm	DAY CAMP GROUPS 3/4/5 1:30-3:45 PM	ARTS CAMP GROUPS 1-3 1:30-3:30 PM	ARTS CAMP GROUPS 1-3 1:30-3:30 PM	DAY CAMP TEENS/SPORTS GROUP 3 1:30-3:30 PM		Pool Parties* 2:30-3:30 PM	Pool Parties* 2:30-3:30 PM
3:00pm 3:15pm 3:30pm 3:45pm		All Ages Rec Swim 3:30 - 5:00 PM	All Ages Rec Swim 3:30 - 4:25 PM	All Ages Rec Swim 3:30 - 5:00 PM	All Ages Rec Swim 2:30-3:25 PM		
4:00pm 4:15pm 4:30pm 4:45pm	Swim Basics/Swim Strokes 4:00-6:00 PM	Swim Basics Swim Strokes 5:00-6:00 PM All Ages Rec Swim 5:00-5:25 PM Share Pool	Swim Basics/Swim Strokes 4:30-6:00 PM	Swim Basics Swim Strokes 5:00-6:00 PM All Ages Rec Swim 5:00-5:25 PM Share Pool	Swim Basics/Swim Strokes 3:30-6:00 PM	All Ages Rec Swim 3:35-5:55 PM	All Ages Rec Swim 3:35-5:55 PM
5:00pm 5:15pm 5:30pm 5:45pm	All Ages Rec Swim 5:15-6:00 PM (Share Pool w/Programs)						
6:00pm 6:15pm 6:30pm 6:45pm	Aqua Aerobics 6:05-6:55 PM	Aqua Aerobics 6:05-6:55 PM	Aqua Aerobics 6:05-6:55 PM	Aqua Aerobics 6:05-6:55 PM		Adult Only Rec Swim 6:00-7:45 PM	Adult Only Rec Swim 6:00-7:45 PM
7:00pm 7:15pm 7:30pm 7:45pm	Swim Basic/Swim Strokes Teen/Adult 7:00-8:00 PM	Swim Basic/Swim Strokes Teen/Adult 7:00-8:00 PM	Swim Basics Strokes Teen/Adult 7:00-8:00 PM All Ages Rec Swim 7:00-8:00 PM	Swim Basic/Swim Strokes Teen/Adult 7:00-8:00 PM	All Ages Rec Swim 6:05-8:55 PM		
8:00pm 8:15pm 8:30pm 8:45pm							
9:00pm 9:15pm 9:30pm 9:45pm	Adult Only Rec Swim 8:05-10:45 PM	Adult Only Rec Swim 8:05-10:45 PM	Adult Only Rec Swim 8:05-10:45 PM	Adult Only Rec Swim 8:05-10:45 PM	Adult Only Rec Swim 9:00-10:45 PM		
10:00pm 10:15pm 10:30pm 10:45pm							

PLEASE SEE "SAFE POOLS HAVE RULES"

AQUATICS DIRECTOR: Melanie Torres

Please check our website for any changes and Event Closings as we are subject to change.

torresm@ymcanyc.org or 212-912-2676

*Please Note: During "Program Time" We ask that our Small Pool Deck be kept clear of all patrons. Please wait in the Program Lounge during this time.

During our Summer Session, Recreational Swim may be during our Program Time.

