



McBurney YMCA Pool Schedule

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

7/1/19 - 8/24/19

LAP SWIM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30-8:30am	5:30am - 7:00am 6 LANES	5:30am - 7:00am 6 LANES	5:30am - 7:00am 6 LANES	5:30am - 7:00am 6 LANES	5:30am - 7:00am 6 LANES	7:00am - 9:00am 6 LANES	7:00am - 10:00am 6 LANES
	7:00am - 8:30am 4 LANES	7:00am - 8:30am 3 LANES	7:00am - 8:30am 4 LANES	7:00am - 8:30am 4 LANES	7:00am - 8:30am 4 LANES	9:00am - 1:00pm 1 LANE	10:00am - 1:00pm 4 LANES
8:30am-5:30pm	8:30am - 9:00am 6 LANES	8:30am - 9:30am 6 LANES	8:30am - 9:00am 6 LANES	8:30am - 9:30am 6 LANES	8:30am - 10:00am 6 LANES	1:00pm - 5:00pm 3 LANES	1:00pm - 5:00pm 3 LANES
	9:00am - 10:30am 4 LANES	9:30am - 10:30am 4 LANES	9:00am - 10:30am 4 LANES	9:30am - 10:30am 4 LANES	10:00am - 12:30pm 3 LANES	5:00pm - 8:00pm 5 LANES	5:00pm - 8:00pm 5 LANES
	10:30am - 12:15pm 3 LANES	10:30am - 1:15pm 2 LANES	10:30am - 11:30am 3 LANES	10:30am - 12:00pm 2 LANES	12:30pm - 1:00pm 6 LANES		
	12:15am - 1:00pm 6 LANES	1:15pm - 3:30pm 3 LANES	11:30am - 12:15pm 2 LANES	12:00pm - 1:00pm 4 LANES	1:00pm - 2:30pm 3 LANES		
	1:00pm - 4:00pm 3 LANES	3:30pm - 5:30pm 1 LANE	12:15pm - 1:00pm 6 LANES	1:00pm - 3:30pm 3 LANES	2:30pm - 6:30pm 4 LANES	<p>Group lessons and private lessons available. Please check with Member Services or Aquatics Department for more information.</p> <p>Pool Length: 75 ft (25 yds) 7 lanes Minimum depth: 3.5 ft Maximum depth: 9 ft Water temperature: 83-84 degrees</p> <p>Pool will be closing from Saturday, August 24th - Monday September 2nd for annual maintenance.</p>	
	4:00pm - 5:30pm 1 LANE		1:00pm - 4:00pm 3 LANES	3:30pm - 5:30pm 1 LANE			
			4:00pm - 5:30pm 1 LANE				
5:30pm - 6:30pm 2 LANES	5:30pm - 6:30pm 5 LANES	5:30pm - 6:30pm 2 LANES	5:30pm - 6:30pm 5 LANES	6:30pm - 7:30pm 2 LANES			
6:30pm - 7:00pm 4 LANES	6:30pm - 9:00pm 3 LANES	6:30pm - 7:00pm 4 LANES	6:30pm - 9:00pm 3 LANES	7:30pm - 8:00pm 4 LANES			
7:00pm - 8:00pm 2 LANES		7:00pm - 8:00pm 2 LANES					
8:00pm-11:00pm	8:00pm - 9:00pm 5 LANES	9:00pm - 11:00pm 6 LANES	8:00pm - 9:30pm 4 LANES	8:00pm - 9:00pm 3 LANES	8:00pm - 9:00pm 5 LANES		
	9:00pm - 11:00pm 6 LANES		9:30pm - 11:00pm 6 LANES	9:00pm - 11:00pm 5 LANES	9:00pm - 11:00pm 6 LANES		

Multi Purpose (Water Jogging, Treading, Water Exercise, etc.)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am - 10:30am	5:30am - 10:30am	5:30am - 10:30am	5:30am - 10:30am	5:30am - 10:30am	7:00am - 9:00am	7:00am - 1:00pm
12:15pm-1:00pm	5:30pm - 8:00pm*	12:15pm - 1:00pm	5:30pm - 8:00pm*	12:15pm - 1:00pm	1:00pm-8:00pm**	1:00pm-8:00pm**
5:30pm - 7:00pm	8:00pm-11:00pm	5:30pm - 7:00pm	8:00pm-11:00pm**	2:30pm - 6:30pm*		
8:00pm - 11:00pm		8:00pm-11:00pm		7:30pm - 11:00pm		

Private lessons may occur in Multipurpose lane

*Combined with Family Swim

**Shallow end only; Combined with Scuba Diving

Aqua Exercise

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00pm-7:45pm	10:30am-11:15am*	11:30am-12:15pm*	10:30am-11:15am*	6:30pm-7:15pm	11:00am-11:45am	
	11:30am-12:15pm	7:00pm-7:45pm	11:30am-12:15pm*		11:45am-12:30pm	

*Aqua Exercise for Arthritis

Family Swim

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30am - 10:00am	8:30am - 10:00am	8:30am - 10:00am	8:30am - 10:00am	8:30am - 10:00am	1:00pm - 5:00pm	11:00am - 5:00pm
5:30pm - 8:00pm	5:30pm - 8:00pm	5:30pm - 8:00pm	5:30pm - 8:00pm	2:30pm - 8:00pm		

Schedule subject to change for private lessons. A swim cap is required for all participants in the water. For any questions regarding the pool schedule, please contact Madhur Patel, Aquatics Director at mpatel@ymcany.org or (212) 912-2321.