SUMMER / SES	<b>FO</b> SION 4   7/1-8/2		KIC as of 6.7.19	<b>)S</b>			
CLASS NAME	LEVEL/ AGE RANGE	DAY	START TIME	END TIME	FEE	ROOM	
Fees: <b>B:</b> Family Member \$112/ Fees: <b>C:</b> Family Member \$139/ Fees: <b>D:</b> Member \$99/ Commun	Youth Member \$171/ Community Youth Member \$135/ Community Youth Member \$164/ Community ity Member \$175 outh Member \$84/ Community Me	Member \$15 Member \$20	4		6:15 PM -8:30 8:45 AM - 1:15		
Enrichment Program	Ages 2-4	(Check	back for our Fall Sc	hedule)	(part of Y EC program)		
EARLY CHILDHOOD TOUI							
	First Tuesday of every month	Tuesday	9:30 AM	10:15 AM	NO COST	EC Center - 176 Java	
MY GROWN UP AND ME	Ages 18 - 36 months	Saturday	9:15-9:45 am (Studio	B)/10-10:30 am (Swim)	Member \$115/ NM \$205	Studio B/ Pool	
Gym & Swim Starters	Ages 18-36 months	Monday	-	)/ 10:30-11 am (Swim)	Member \$115/ NM \$205	Gym/ Pool	
Baby & Me Yoga	Ages 1-10 months	Monday	11:00 AM	11:50 AM	FREE - Y Family Members	Studio A	
Baby & Me Yoga	Ages 1-10 months	Wednesday		1:50 PM	FREE - Y Family Members	Studio A	
Baby & Me Yoga	Ages 1-10 months	Friday	1:00 PM	1:50 PM	FREE - Y Family Members	Studio A	
Tot & Me Yoga	Ages 10 - 24 months	Wednesday	10:00 AM	10:50 AM	FREE - Y Family Members	Studio A	
LIBRARY AT THE Y							
Toddler Time	Ages 18 months - 3 years	Tuesday	10:00 AM	10:30 AM	FREE	Studio A	
Babies and Books	Ages 0 - 18 months	Thursday	10:00 AM	10:30 AM	FREE	Studio A	
DANCE & MOVEMENT	· · · -						
Ballet	Ages 4 -5		back for our Fall Sc back for our Fall Sc	-			
Hip Hop ARTS & GAMES	Ages 6 -12	(CHECK	Dack for our Fall SC				
Drawing & Sculpting	Ages 7 -12	(Check	back for our Fall Sc	hedule)			
Theater	Ages 5-10		back for our Fall Sc				
Puppetry and Mask Making	Ages 4 - 6	(Check back for our Fall Schedule)					
	Ages 7 -12	(Check	back for our Fall Sc	hedule)			
MUSIC	A C 12	(Charle)	back for our Fall Sc	hedule)			
Keyboard/ Piano	Ages 6 -12	(CHECK					
SPORTS, MARTIAL ARTS Shotokan Karate - Beg.	& FITNESS Ages 4 - 6	Saturday	12:00 PM	1:00 PM	Fee: D	Studio B	
Shotokan Karate - Beg.	Ages 7 -12	Saturday	1:00 PM	2:00 PM	Fee: D	Studio B	
Shotokan Karate - Adv.	Ages 7 -12	Saturday	2:00 PM	3:00 PM	Fee: D	Studio B	
Indoor Soccer NEW	Ages 2 - 3		back for our Fall Sc				
Indoor Soccer	Ages 4 - 6	Friday	4:00 PM	5:00 PM	Fee: A	Gym	
Indoor Soccer	Ages 7 - 11	Friday	5:00 PM	6:00 PM	Fee: A	Gym	
Basketball Basketball	Ages 4 - 6 Ages 7 - 12	Saturday Saturday	1:30 PM 2:30 PM	2:30 PM 3:30 PM	Fee: E Fee: E	Gym Gym	
Youth Fitness NEW	Ages 5-12	•	back for our Fall Sc		166. L		
FAMILY & YOUTH OPEN				<u>·</u>			
Open Play - Family Play Time	Families & Kids  Ages 5 & under	Wednesday	11:00 AM	12:15 PM	FREE - Y Family Members	Gym	
Open Play - Family Play Time	Families & Kids  Ages 5 & under	Friday	11:00 AM	11:50 AM	FREE - Y Family Members	Gym	
Open Gym - Family & Youth	Families & Kids   Ages 12 & under	Monday	4:30 PM	6:15 PM	FREE - Y Family Members	Gym	
Open Gym - Family & Youth Open Gym - Family & Youth	Families & Kids   Ages 12 & under	Tuesday Tuesday	11:00 AM 5:30 PM	11:50 AM 6:25 PM	FREE - Y Family Members	Gym Gym	
Open Gym - Family & Youth Open Gym - Family & Youth	Families & Kids   Ages 12 & under Families & Kids   Ages 12 & under	Wednesday	3:00 PM	5:30 PM	FREE - Y Family Members FREE - Y Family Members	Gym Gym	
Open Gym - Family & Youth	Families & Kids   Ages 12 & under	Thursday	11:00 AM	11:50 AM	FREE - Y Family Members	Gym	
Open Gym - Family & Youth	Families & Kids   Ages 12 & under	Saturday	3:45 PM	4:45 PM	FREE - Y Family Members	Gym	
Open Gym - Family & Youth	Families & Kids   Ages 12 & under	Sunday	7:00 AM	8:45 AM	FREE - Y Family Members	Gym	
	RENT/CHILD   6 - 36 MO						
	ession/ Program Member: \$205 per 8			(Cum) ( 11, 17, 20, 11)		C	
Gym/ Swim B/ Water Exploration Art/ Swim B/ Water Exploration		Monday Saturday		(Gym)/ 11-11:30 AM t-Studio B)/ 10:00 -		Gym/ Pool LL/ Pool	
PARENT/ CHILD SWIM   6			5.15 5.15 AM (A			22, . 001	
	ession/ Program Member: \$205 per 8	week session					

Fee: Member: \$115 per 8 week session/ Program Member: \$205 per 8 week session 6-18 months Swim Starters (6-18 months) Stage A/ Water Discovery Saturday 9:15 AM 9:45 AM

Pool

Gym/ Swim Starters (6-18	Sunday	9:30-10:00 AM (P	(Studio A)	Pool		
PRESCHOOL SWIM						
Fee: Member: \$101 per 8 we	eek session/ Program Member: \$188 per 8	3 week session				
Swim Basics	Stage 1/ Water Acclimation	Wednesday	3:30 PM	4:00 PM	3-5 years old	Pool
Swim Basics	Stage 1/ Water Acclimation	Saturday	10:40 AM	11:10 AM	3-5 years old	Pool
Swim Basics	Stage 1/ Water Acclimation	Saturday	11:20 AM	11:50 AM	3-5 years old	Pool
wim Basics w/ Parent	Stage 1/ Water Acclimation	Sunday	10:00 AM	10:30 AM	3-5 years old	Pool
wim Basics	Stage 1/ Water Acclimation	Sunday	10:40 AM	11:10 AM	3-5 years old	Pool
wim Basics	Stage 2/ Water Movement	Tuesday	4:10 PM	4:40 PM	3-5 years old	Pool
wim Basics	Stage 2/ Water Movement	Thursday	3:30 PM	4:00 PM	3-5 years old	Pool
wim Basics	Stage 2/ Water Movement	Saturday	10:40 AM	11:10 AM	3-5 years old	Pool
wim Basics	Stage 2/ Water Movement	Saturday	11:20 AM	11:50 AM	3-5 years old	Pool
wim Basics	Stage 2/ Water Movement (#1)	Saturday	12:00 PM	12:30 PM	3-5 years old	Pool
wim Basics	Stage 2/ Water Movement	Sunday	11:20 AM	11:50 AM	3-5 years old	Pool
wim Basics	Stage 3/ Water Stamina	Tuesday	4:50 PM	5:20 PM	3-5 years old	Pool
wim Basics	Stage 3/ Water Stamina	Saturday	11:20 AM	11:50 AM	3-5 years old	Pool
wim Basics	Stage 3/ Water Stamina	Saturday	12:00 PM	12:30 PM	3-5 years old	Pool
wim Basics	Stage 3/ Water Stamina	Sunday	12:00 PM	12:30 PM	3-5 years old	Pool
wim Strokes	Stage 4/ Stroke Introduction	Tuesday	4:10 PM	4:40 PM	3-5 years old	Pool
		Tuesday	4:10 FM	4:40 FM	5 5 years old	FUUI
	Program Member: \$205 per	2 week session				
wim Basics	Stage 1/ Water Acclimation	Saturday	12:40 PM	1:25 PM	5-12 years old	Pool
wim Basics	Stage 2/ Water Movement	Thursday	4:10 PM	4:55 PM	5-12 years old	Pool
wim Basics	Stage 2/ Water Movement	Saturday	12:40 PM	1:25 PM	5-12 years old	Pool
wim Basics	Stage 2/ Water Movement (#1)	Saturday	2:30 PM	3:15 PM	5-12 years old	Pool
wim Basics	Stage 2/ Water Movement (#2)	Saturday	2:30 PM	3:15 PM	5-12 years old	Pool
wim Basics	Stage 3/ Water Stamina	Wednesday	4:10 PM	4:55 PM	5-12 years old	Pool
wim Basics	Stage 3/ Water Stamina	Saturday	1:35 PM	2:20 PM	5-12 years old	Pool
wim Strokes	Stage 4/ Stroke Introduction	Wednesday	5:05 PM	5:50 PM	5-12 years old	Pool
wim Strokes	Stage 4/ Stroke Introduction	Saturday	12:40 PM	1:25 PM	5-12 years old	Pool
wim Strokes	Stage 4/ Stroke Introduction	Saturday	1:35 PM	2:20 PM	5-12 years old	Pool
wim Strokes	Stage 4/ Stroke Introduction	Saturday	2:30 PM	3:15 PM	5-12 years old	Pool
wim Strokes	Stage 5/ Stroke Development	Thursday	5:05 PM	5:50 PM	5-12 years old	Pool
wim Strokes	Stage 5/ Stroke Development	Thursday	6:00 PM	6:45 PM	5-12 years old	Pool
wim Strokes	Stage 6/ Stroke Mechanics	Monday	4:30 PM	5:15 PM	5-12 years old	Pool
	5	Monuay	4:30 PM	J: 1 J PM		FUUI
EEN SWIM Up to 1		Tuesdava	E.20 DM	C.EO DM	9-17 years old	Deal
quatics Conditioning	Ages 9-17	Tuesdays	5:30 PM	6:50 PM		Pool
AMILY SWIM						
amily, Youth & Private Sw		Monday	2:15 PM	4:00 PM	FREE - Y Family Members	Pool
amily, Youth & Private Sw		Monday	5:30 PM	6:55 PM	FREE - Y Family Members	Pool
amily, Youth & Private Sw		Wednesday	6:00 PM	6:55 PM	FREE - Y Family Members	Pool
amily, Youth & Private Sw		Friday	11:00 AM	12:30 AM	FREE - Y Family Members	Pool
amily, Youth & Private Sw		Friday	3:45 PM	6:00 PM	FREE - Y Family Members	Pool
amily, Youth & Private Sw		Saturday	3:30 PM	5:00 PM	FREE - Y Family Members	Pool
amily, Youth & Private Sw		Sunday	1:30 PM	3:15 PM	FREE - Y Family Members	Pool
amily, Youth & Private Sw	im Families	Sunday	4:45 PM	6:00 PM	FREE - Y Family Members	Pool

WHERE THERE'S A Y

THERE'S A WAY

GET SOCIAL: @GREENPOINTYMCA

## CELEBRATE WITH US!

Having a birthday party? Rent our pool on Sundays from 3:30 - 4:30 PM. Inquire at the front desk or call at 212-912-2260. SUMMER CAMP

☆ SPACE IS STILL AVAILABLE – REGISTER TODAY!

The American Market Mar

Financial Assistance Available

\*Schedule changes are noted in red.