

ARTS & CULTURE PROGRAM SCHEDULE



SUMMER SESSION: 7/1- 8/25

MON	TUES	WED	THURS	FRI	SAT
	NEW! 10:15- 11:00am Ready, Set, Science Ages: 3-4 years Amy, AT		3:00-3:40pm Tiny Toes Ballet Ages: 3-4 years Miho, MB	10:30-11:15am Imagination Theater Ages: 3-4 years Miho, MB	9:00-10:00am Intermediate Karate Ages: 4 and up Mostafa, CT
10:30-11:15am NEW! Block Party Ages: 2-3 years w/ adult Amy, CT			3:15-3:55pm Hip Hop Ages: 5-7 years TBA, CR	11:15- 11:55am Tiny Toes Ballet Ages: 3-4 years Miho, MB	10:00-11:00am Beginner Karate Ages: 4 and up Mostafa, CT
		3:00-3:40pm Tiny Toes Ballet Ages: 3-4 years Faith, MB	3:45-4:25pm Tiny Toes Ballet Ages: 3-4 years Miho, MB		11:00 am-12:00pm Intermediate Karate Ages: 4 and up Mostafa, CT
3:45-4:45pm Beginner Karate Ages: 4 and up Yasser, CT		3:45-4:25pm Tiny Toes Ballet Ages: 3-4 years Faith, MB	3:45-4:45pm Beginner Karate Ages: 4 and up Mostafa, CT	3:00-3:40pm Tiny Toes Ballet Ages: 3-4 years TBA, MB	
3:45-4:30pm Sing, Act, Dance! Ages: 3-4 years Elon, CR	3:45-4:25pm Tiny Toes Ballet Ages: 3-4 years TBA, MB	3:45-4:45pm Beginner Karate Ages: 4 and up Yasser, CT		3:45-4:25pm Tiny Toes Ballet Ages: 3-4 years TBA, MB	
4:00-4:45pm NEW! Yoga for Kids Ages: 7-9 years Miho, MB	4:00-4:40pm Ballet/Creative Movement Ages: 3-4 years Phoebe, CT	NEW! 3:45-4:30pm Build, Build, Build Ages: 3-4 years Denise, AT	4:00-4:45pm Hip Hop/Breakdancing Ages: 7-9 years TBA, CR		
4:45-5:30pm Sing, Act, Dance! Ages: 5-7 years Elon, CR	4:30-5:15pm Tiny Toes Ballet Ages: 3-4 years TBA, MB	4:30-5:15pm Kids Ballet I Ages: 5-7 years Faith, MB	4:30-5:15pm Kids Ballet I Ages: 5-7 years Miho, MB		
4:45-5:45pm Intermediate Karate Ages: 4 and up Yasser, CT	4:45-5:30pm Kids Ballet I Ages: 5-7 years Phoebe, CT	NEW! 4:45-5:30pm Science Explorers Ages: 5-7 years Denise, AT	NEW! 4:45-5:30pm Ready, Set, Science Ages: 3-4 years Amy, AT	4:30-5:15pm Kids Ballet I Ages: 5-7 years TBA, MB	
		4:45-5:45pm Intermediate Karate Ages: 4 and up Yasser, CT	4:45-5:45pm Advanced Karate** Mostafa, CT	**green belt and higher	
	CLASS LOCATIONS: Art Room (AT) Culture Room (CT) Mind-Body (MB) Multipurpose (MP) Cardio Room (CR) New Americans Office (NAO)		5:20 - 6:05pm NEW! Kids Ballet II Ages: 7-10 years Miho, MB		NEW Classes!
5:45-6:45pm Advanced Karate Ages: 6 and up Yasser, CT			5:45-6:45pm Beginner Karate Ages: 4 and up Mostafa, CT		
6:45-7:45pm Karate Teen/Adult Yasser, CT			5:45-6:45pm Advanced Karate Ages: 4 and up Yasser, CT	6:45-7:45pm Teen/Adult Karate Mostafa, CT	
				REGISTRATION Members: June 15 Community: June 22	
				*Registration required for fee-based classes.	

YOUTH VISUAL ARTS

NEW! BLOCK PARTY

Members: \$130, Community: \$210

Join the party on the block, and explore building! Use your imagination to create a world of your own through different building activities each week. Develop spatial reasoning, problem solving and motor skills together!

BUILD, BUILD, BUILD

Members: \$130, Community: \$210

Each week students have the opportunity to build their own creations using their imagination. Students will build 3-D sculptures, robots, cars, castles, planes and more!

YOUTH SCIENCE

READY, SET, SCIENCE!

Members: \$135, Community: \$215

From erupting volcanoes to experimenting with matter in different forms, this class invites children to test their own scientific theories and engage in experiments, expanding their knowledge and interests.

SCIENCE EXPLORERS

Members: \$135, Community: \$215

This class invites children (ages 5-7) to explore the wonders of science! Each week, students will test their theories, participate in science projects, and record their findings through observational drawings!

YOUTH MARTIAL ARTS & YOGA

KARATE (Beginner I, Beginner II, Intermediate, Advanced)

Members: \$150, Community: \$210

Karate develops physical conditioning, mental awareness and self-defense strategies. Students will learn to develop speed, power, focus, and balance. Level is determined by the instructor.

*Please note there is a \$40 fee for the karate uniform for all students & there is a belting fee that goes directly to the National Karate Association for those who qualify and choose to belt.

YOGA FOR KIDS

Members: \$125, Community: \$180

This class is a wonderful introduction to yoga & mindfulness. Students will learn tools to help them improve their self-awareness and concentration. Children will explore their ability to connect, breathe, move, focus & more!

ADULT CLASSES

TEEN/ ADULT KARATE

Members: \$150, Community: \$210

This class combines fitness and self-defense with warm ups, stretching and conditioning. Explore the connection between mind and body, get exercise, and relieve stress. Students will work on basic techniques of karate, forms, and sparring.



YOUTH PERFORMING ARTS



TINY TOES BALLET

Members: \$125, Community: \$180

A wonderful way to introduce children to movement. Children can twirl and leap with friends, developing strength, coordination, and body awareness while having fun.

KIDS BALLET I

Members: \$125, Community: \$180

This program is a fun and active way for children to learn ballet! Students will learn ballet techniques, build strength, and learn choreography. In the last week, students will put on a performance showcasing what they have learned.

KIDS BALLET II

Members: \$250, Community: \$360

Ready to challenge yourself to the next level? This class is for students who have taken ballet before and are ready to advance. Students will learn more advanced techniques and continue to develop their skills. In the last week, students will put on a performance showcasing what they have learned. Please note that Level II Ballet is invitation only. Not sure if your child is ready for Level II? If you're interested, please contact Leah Kriebel.

IMAGINATION THEATER

Members: \$125, Community: \$180

A great first theater experience that uses stories as the basis for imaginative play. Participants will work with a story each week to explore characters, settings, and plot. A wonderful way for children to learn to express emotions and interact with their peers.

SING, ACT, DANCE!

Members: \$125, Community: \$180

Through musical theater, children will explore the intersection of singing, drama, and dance. Students will have the opportunity to explore their vocal range through singing as well as explore characters, and develop their dancing and acting skills!

BALLET/CREATIVE MOVEMENT

Members: \$125, Community: \$180

This program is a fun and active way to introduce children to ballet, giving them the opportunity to explore movement, build confidence, and be creative. This class invites children to use movement as a vehicle for self-expression, encouraging individuality and creativity.

HIP HOP / BREAKDANCING

Members: \$125, Community: \$180

Students will learn a series of stylistic moves paired with Hip Hop music in order to work on musicality, coordination, cognitive awareness and personalization. Students will work on moving to the beat, remembering dance moves, and expressing themselves through choreographed movement.

ASK ABOUT PRIVATE GUITAR LESSONS FOR YOUTH AND ADULTS!

FOR MORE INFORMATION:

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