

# KID STUFF

Summer : July 1st – August 25th, 2019  
Members- \$100; Non-Members- \$130 (1x a week)  
unless noted otherwise



## REGISTER ONLINE!

Take a look at our website and get acquainted with our online registration process!

[register.ymcanyc.org](http://register.ymcanyc.org)

## TAE KWON DO (Begins May 7th)

Learn basic punches, strikes, blocks and kicks while gaining focus, strength and coordination. TKD at the Y is all about teamwork, respect and patience—not combat or self-defense.

### 4-5 YEARS

TUESDAYS 5:00-5:50PM  
THURSDAYS 5:00PM-5:50PM



### 4-99 YEARS

TUESDAYS & THURSDAYS 6:15-7:15PM (BEG)  
TUESDAYS & THURSDAYS 7:15-8:15PM (INT/ADV)  
SATURDAYS 9:30-10:30AM (BEG)  
SATURDAYS 10:30-11:30AM (INT/ADV)

Munch Center

## BALLET

The basics are introduced with patience and care, not to mention fun! Our programs nurture kids' sense of self-confidence and introduce them to positive, fun activities that build athletic, social and interpersonal skills.

3-6 YEARS  
SATURDAYS 12:00-12:45PM

BEGINNER 7-12 YEARS  
SATURDAYS 12:50-1:35PM  
Fitness Studio



## HIP HOP

This introductory-level Hip Hop class provides a structured method of learning various Hip Hop dance movements in a fun-filled and vibrant class environment, and offers a new set of combinations and routines every time.

3-5 YEARS  
SATURDAYS 1:30-2:20PM

6-8 YEARS  
SATURDAYS 2:30-3:20PM  
Fitness Studio

## DANCE TEAM

Our Dance team's purpose is to provide a dance experience that includes: accelerated instruction, increased performance opportunities, and development of proper placement, technique, discipline, strength and performance skills. Our Team of dancers will have the opportunity to travel to outside locations and perform in different dance competitions as well as events.

\*\*Price includes track suits and practices  
\*\*Additional costs apply for costumes and competitions

8--15 YEARS  
SATURDAYS 3:45-5:45M  
\* (UNLESS NOTED OTHERWISE)  
\* \$280

## Toddler Play

Toddler play is an introduction for toddlers to the basics of dance, STEM and ART. Pre-schoolers will explore the arts as a tool for self-expression using rhythm games, songs, and stories. Children learn balance, coordination, and develop basic locomotive skills.

12 MONTHS-2 YEARS  
SATURDAYS 10:00-10:45AM

3-5 YEARS  
SATURDAYS 11:00-11:45AM  
MPR

Member Registration  
06/15/19  
Non Member Registration  
06/22/19



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Need financial assistance? JUST ASK!  
Schedule subject to change; classes need minimum 3 participants to operate.

BRONX YMCA. 2 Castle Hill Avenue Bronx, NY 10473. 212-912-2490

## QUESTIONS?

Tammy Nolasco  
[tnolasco@ymcanyc.org](mailto:tnolasco@ymcanyc.org)

## YBL Tournament

Children will learn the fundamentals of the sport, along with being able to compete with their peers. Instructors will prepare kids for real-time competition by teaching skills such as dribbling, shooting, formations, plays, endurance perfor-

5-6 YEARS  
SATURDAYS 12:10PM-1:00PM  
7-9 YEARS  
SATURDAYS 1:10PM-2:00PM  
10-12 YEARS  
SATURDAYS 2:10PM-3:00PM  
13-18 YEARS  
SATURDAYS 3:10PM- 4:00PM  
Munch Center



## SOCCER TEAM

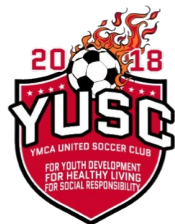
This program is perfect for players looking for a more competitive soccer environment with 3 weekly practices and small sided games to enhance player development. Training focuses on technical skill development as well as tactical ideas

7-11 YEARS  
MON, TUES, WED.  
6:30PM-7:30PM

12-15 YEARS  
MON., WED.,  
7:30PM-8:30PM  
THURSDAY  
6:30PM-7:30PM



\* \$300/3MONTHS



## SOCCER INTRO

This skills and drills program teaches children the proper techniques needed to play the sport. Children will learn how to become comfortable with their feet while dribbling, passing, and shooting the ball.

Little Kickers  
3-6 YEARS  
THURSDAY  
4:30-5:20P

7-11 YEARS  
TUESDAY  
4:30PM-5:20PM

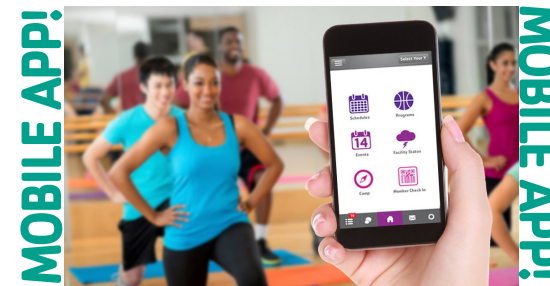
12-16 YEARS  
TUESDAY  
7:30PM-8:20PM

## YOUNG PICASSO

Exploring all different art techniques using a variety of pencils, pastels, painting, and arts and crafts. Students will find their individual expression through art and develop technical skills.

5-6 YEARS  
THURSDAYS 6:00PM-6:50PM  
7-9 & 10-12  
THURSDAYS 7:00PM-7:50PM  
MUNCH CENTER CLASSROOM

\* MEMBERS: \$110 NON-MEMBERS: \$ 140



Download our mobile app for automatic updates on class changes and cancellations.

[ymcanyc.org/app](http://ymcanyc.org/app) or visit the app store on your device and search:

YMCA of Greater NY