

# Gym Schedule

\*\*Effective April 2019\*\*

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00 AM						GYM CLOSED	GYM CLOSED	
5:30 AM								
6:00 AM	Adult Open Gym 5:00-9:00AM	Adult Open Gym 5:00-9:00AM	Adult Open Gym 5:00-9:00AM	Adult Open Gym 5:00-9:00AM	Adult Open Gym 5:00-9:00AM	Adult Open Gym 7:00AM-3:00PM	Adult Open Gym 7:00AM-3:00PM	
6:30 AM								
7:00 AM								
7:30 AM								
8:00 AM								
8:30 AM								
9:00 AM								
9:30 AM								
10:00 AM	Early* Childhood 9:00-12:30PM	Adult Open Gym 9:00-10:30A	Early Childhood* 9:00-12:30PM	Early* Childhood 9:00AM-3:00PM	Adult Open Gym 9:00-10:30A	Early* Childhood 9:00-12:30PM	Adult Open Gym 9:00-12:30PM	
10:30 AM								
11:00 AM								
11:30 AM								
12:00 PM								
12:30 PM								
1:00 PM	Adult Open Gym 12:30-3:00PM	Adult Open Gym 12:30-3:00PM	Adult Open Gym 12:30-3:00PM	Adult Open Gym 12:30PM-3:00PM	Adult Open Gym 12:30-3:00PM	Teen Open Gym 3:00-5:00PM	Teen Open Gym 3:00-5:00PM	
1:30 PM								
2:00 PM								
2:30 PM								
3:00 PM								
3:30 PM								
4:00 PM	Youth Sports* 3:00-6:15PM	Youth Sports* 3:00-6:00PM	Youth Sports* 3:00-5:30PM	Youth Sports* 3:00-6:00PM	Teen Open Gym 3:00-6:00PM	Teen Open Gym 3:00-5:00PM	Teen Open Gym 3:00-5:00PM	
4:30 PM								
5:00 PM								
5:30 PM								
6:00 PM								
6:30 PM	Adult Open Gym 6:30-10:45PM	Adult Open Gym 7:30-10:45PM	Volleyball Net Set Up/Warm Up 5:30-6:00PM Instructional Volleyball 6:00-7:15PM Game Beginner/Low Int Int/Adv 7:15-8:30PM 8:30-10:45PM	Teen Open 6:30-7:00PM	Adult Full Court Basketball 7:00-10:45PM	Family 6:00-7:00PM	Adult Open Gym 5:00-8:00PM	Adult Open Gym 5:00-8:00PM
6:30 PM								
7:00 PM								
7:30 PM								
8:00 PM								
8:30 PM								
9:00 PM								
9:30 PM								
10:00 PM								
10:45 PM	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	
11:00 PM								

Note\*: Classes that have an asterisk \* are paid programs/classes and require registration.