

**NEW! Back-to-Back 4 Week Summer Sessions: July 1-28 & July 29-Aug 23**

**NEW! Summer classes run in 4 week sessions. Registration: Members 6/15, Community 6/22**

<p><b>Swim Starters/Parent Child (6-36 months)</b></p>	<p><b>Preschool Ages 3-5yrs (1:6)</b> </p>
<p>Member - \$147 Community - \$229</p>	<p>Member - \$147 Community - \$229</p>
<p>6-18m(1:12)</p>	<p><b>Water Acclimation – Stage 1</b></p>
<p>Water Discovery Stage A 6-18m(1:12)                  Thursday 9-9:30a (6m - 36m)                  Saturday - 8-8:30am*                  Saturday - 10:30-11:00am*                  Sunday - 10:00-10:30am*                  Water Exploration Stage B 6-18m (1:12)                  Tuesday 12:30-1:00pm (6m - 36m)                  Saturday - 9-9:30am*                  Sunday - 8:30-9am*                  Sunday - 11:00-11:30am*</p>	<p>Monday - 4:00-4:30pm                  Tuesday - 12:30-1:00pm                  Tuesday - 1:00-1:30pm                  Wednesday - 3:30-4pm                  Thursday - 9:00-9:30am                  Thursday - 9:30-10:00am                  Saturday - 10:00-10:30am                  Saturday - 10:35-11:05am                  Saturday - 1:05-1:35pm                  Sunday - 9:30-10:00am                  Sunday - 9:30-10:00am                  Sunday - 10:05-10:35am</p>
<p>18-36m(1:12)</p>	<p><b>Water Movement – Stage 2</b></p>
<p>Water Discovery Stage A 18-36m                  Thursday 9:30-10:00am (6m - 36m)                  Saturday - 8:30-9:00am*                  Saturday - 11:00-11:30am*                  Sunday - 10:30-11:00am*                  Water Exploration Stage B 18-36(1:12)                  Friday - 12-12:30pm (6m - 36m)                  Saturday- 9:30-10:00am*                  Sunday - 9:00-9:30am*                  Sunday - 11:30am-12:00pm*</p>	<p>Monday - 3:30-4pm                  Tuesday -1:00-1:30pm                  Tuesday -1:30-2:00pm                  Thursday - 9:30-10:00am                  Thursday - 10:00-10:30am                  Saturday - 10:00-10:30am                  Saturday - 1:05-1:35pm                  Sunday - 9:30-10:00am                  Sunday - 10:05-10:35am</p>
<p>Preschool Ages 2.5-5yrs (1:8 or 1:12)</p>	<p><b>Water Stamina – Stage 3</b></p>
<p>Water Acclimation-Stage 1 w/Parent                  Tuesday 1:00-1:30pm                  Thursday 10:00-10:30am                  Saturday -10:00 -10:30am*                  Sunday -9:30-10:00am*</p>	<p>Monday - 4:00-4:30pm                  Tuesday - 12:30-1:00pm                  Tuesday - 1:30-2:00pm                  Thursday - 9:00-9:30am                  Saturday - 10:00-10:30am                  Sunday - 10:05-10:35am</p>
<p><b>SWIM STARTERS</b></p>	<p><b>Stroke Introduction – Stage 4</b></p>
<p>Water Discovery (A)                  Water Exploration (B)</p>	<p>Tuesday - 1:00-1:30pm                  Wednesday - 3:30-4pm                  Thursday - 9:30-10:00am                  Saturday - 1:40pm-2:10pm                  Sunday - 10:40-11:10am</p>
<p><b>SWIM BASICS 3-5YRS</b></p>	<p><b>*All Saturday and Sunday Swim Starters/Parent child classes will take place in LANE 1 and 2*</b></p> <p><b>*If a class is full, please add yourself to the waiting list at the membership desk located on the main floor of the branch. Please ensure the phone number on file is correct and the most up to date number. If we are able to another instructor or class will contact you from the number you have on file*</b></p>
<p><b>STAGE 1 WATER ACCLIMATION</b></p>	
<p><b>STAGE 2 WATER MOVEMENT</b></p>	
<p><b>STAGE 3 WATER STAMINA</b></p>	
<p><b>STAGE 4 STROKE INTRODUCTION</b></p>	

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<b>School Age 5-12yrs (1:8)</b>	<b>Teens/Adults 13yrs+ (1:8-1:10)</b>
<b>Member - \$156 Community - \$239</b>	
<b>Water Acclimation – Stage 1</b>	<b>Member - \$167 Community - \$250</b>
Monday - 4:35-5:20pm Tuesday - 2:00-2:45pm Thursday - 10:30-11:15am Saturday - 10:35am-11:20pm Sunday - 10:40am-11:25am	<b>Water Acclimation – Stage 1</b> Monday - 7-8pm Thursday - 12-1p *Active Older Adults Saturday - 2-3pm
<b>Water Movement - Stage 2</b>	<b>Water Movement - Stage 2</b> Tuesday - 7-8p Wednesday - 6-7pm Thursday - 1-2p *Active Older Adults Sunday 12:20-1:20pm
Tuesday - 2:00-2:45pm Wednesday - 4:10-4:55pm Thursday - 10:30-11:15am Saturday - 10:35-11:20am Saturday - 12:15-1:00pm Sunday - 10:40-11:25am	<b>Water Stamina – Stage 3</b> Monday - 5:30-6:30pm Thursday - 7-8pm
<b>Water Stamina – Stage 3</b>	<b>Stroke Introduction – Stage 4</b>
Monday - 4:35-5:20pm Tuesday - 2:00-2:45pm Thursday - 10:30-11:15am Saturday - 11:25am-12:10pm Saturday - 11:25am-12:10pm Saturday - 1:50pm-2:35pm Sunday 12:20-1:05pm	Monday - 5:30-6:30pm
<b>Stroke Introduction – Stage 4</b>	<b>Synchronized Swimming</b>
Tuesday - 2:45-3:30pm Wednesday - 4:10-4:55pm Thursday - 11:15am-12:00pm Saturday - 12:15-1:00pm Saturday - 11:25am-12:10pm Sunday - 11:30-12:15pm Sunday - 11:30-12:15pm	Tuesday - 7-8pm
<b>Stroke Development -Stage 5</b>	<b>Masters/Triathlon Training</b>
Tuesday - 2:45-3:30pm Thursday - 11:15am-12:00pm Saturday - 12:15-1:00pm Sunday - 11:30am-12:15pm	Monday - 8-9pm Wednesday - 7-8pm Thursday 6:30-7:30pm
<b>Stroke Mechanics – Stage 6</b>	<b>Member      Community</b>
Tuesday - 2:45-3:30pm Thursday - 11:15am-12:00pm Saturday - 1:05-1:50pm Sunday - 12:20-1:05pm	<b>1x week      \$106      \$132</b>
<b>Pathways School Age/Teen (6-17yrs)</b>	<b>2x week      \$180      \$220</b>
<b>Member - \$167 Community - \$250</b>	<b>3x week      \$240      \$290</b>
<b>Aquatics Conditioning* (6-11yrs)</b>	<p><b>*If a class is full, please add yourself to the waiting list at the membership desk located on the main floor of the branch. Please check to make sure we have your updated information and phone number on file. If we are able to add an additional instructor or class to the schedule, will contact your the number on file.*</b></p>
Wednesday - 5-6pm Thursday - 5:30-6:30pm	
<b>Aquatics Conditioning* (12-17yrs)*</b>	
Wednesday - 5-6pm Thursday - 5:30-6:30pm	
	<p><b>Any questions please contact:</b></p> <p style="text-align: center;">Aytaiassa Kirkpatrick Akirkpatrick@ymcanyc.org 212-912-2421</p>