KID STUFF

SPRING 2: April 29th – June 23rd 2019
Members– $100; Non-Members– $130 (1x a week)
unless noted otherwise

the Y

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

REGISTER ONLINE!

Take a look at our website and get acquainted with our online registration process!

register.ymcanyc.org

BALLET

The basics are introduced with patience and care, not to mention fun! Our programs nurture kids' sense of self-confidence and introduce them to positive, fun activities that build athletic, social and interpersonal skills.

3-6 YEARS
SATURDAYS 12:00-12:45PM

BEGINNER 7-12 YEARS
SATURDAYS 12:50-1:35PM
Fitness Studio

DANCE TEAM

Our Dance team's purpose is to provide a dance experience that includes: accelerated instruction, increased performance opportunities, and development of proper placement, technique, discipline, strength and performance skills. Our Team of dancers will have the opportunity to travel to outside locations and perform in different dance competitions as well as events.
**Price includes track suits and practices
**Additional costs apply for costumes and competitions

8--15 YEARS
SATURDAYS 3:45-5:45M
* (UNLESS NOTED OTHERWISE)
$280

TAE KWON DO (Begins May 7th)

Learn basic punches, strikes, blocks and kicks while gaining focus, strength and coordination. TKD at the Y is all about teamwork, respect and patience—not combat or self-defense.

4-5 YEARS
TUESDAYS 5:00-5:50PM
THURSDAYS 5:00PM-5:50PM

4-99 YEARS
TUESDAYS & THURSDAYS 6:15-7:15PM (BEG)
TUESDAYS & THURSDAYS 7:15-8:15PM (INT/ADV)
SATURDAYS 9:30-10:30AM (BEG)
SATURDAYS 10:30-11:30AM (INT/ADV)
Munch Center

HIP HOP

This introductory-level Hip Hop class provides a structured method of learning various Hip Hop dance movements in a fun-filled and vibrant class environment, and offers a new set of combinations and routines every time.

3-6 YEARS
SATURDAYS 1:30-2:20PM

6-8 YEARS
SATURDAYS 2:30-3:20PM
Fitness Studio

Toddler Play

Toddler play is an introduction for toddlers to the basics of dance, STEM and ART. Pre-schoolers will explore the arts as a tool for self-expression using rhythm games, songs, and stories. Children learn balance, coordination, and develop basic locomotive skills.

12 MONTHS-2 YEARS
SATURDAYS 10:00-10:45AM

3-5 YEARS
SATURDAYS 11:00-11:45AM
MPR

Need financial assistance? JUST ASK!
Schedule subject to change; classes need minimum 3 participants to operate.

BRONX YMCA. 2 Castle Hill Avenue Bronx, NY 10473. 212-912-2490

QUESTIONS?
Stefany Navarro
snavarro@ymcanyc.org

YBL Tournament (Begins May 11th)

Children will learn the fundamentals of the sport, along with being able to compete with their peers. Instructors will prepare kids for real-time competition by teaching skills such as dribbling, shooting, formations, plays, endurance perfor-

5-6 YEARS
SATURDAYS 12:10PM-1:00PM
7-9 YEARS
SATURDAYS 1:10PM-2:00PM
10-12 YEARS
SATURDAYS 2:10PM-3:00PM
13-18 YEARS
SATURDAYS 3:10PM– 4:00PM
Munch Center

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SOCCER TEAM

This program is perfect for players looking for a more competitive soccer environment with 3 weekly practices and small sided games to enhance player development. Training focuses on technical skill development as well as tactical ideas
TUESDAY
BEGINNER INTERMEDIATE
7-10 YEARS
6:30PM-7:30PM

11-15 YEARS
7:30PM-8:30PM

FRIDAY
7-14 YEARS
6:30PM-7:30PM
* FIELD
$300
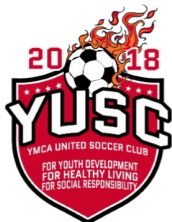
SOCCER INTRO

This skills and drills program teaches children the proper techniques needed to play the sport. Children will learn how to become comfortable with their feet while dribbling, passing, and shooting the ball.

Little Kickers
3-6 YEARS
FRIDAY
4:30-5:20P
FIELD
WEDNESDAY
Advanced
7-10 YEARS
6:30PM-7:30PM
FiELD

YOUNG PICASSO

Exploring all different art techniques using a variety of pencils, pastels, painting, and arts and crafts. Students will find their individual expression through art and develop technical skills.

10-12 YEARS
SATURDAYS 10:00AM-10:50AM
5-6 YEARS
SATURDAYS 11:00AM-11:50AM
7-9 YEARS
SATURDAYS 12:00PM-12:50PM
MUNCH CENTER CLASSROOM
* MEMBERS: $110   NON-MEMBERS: $ 140
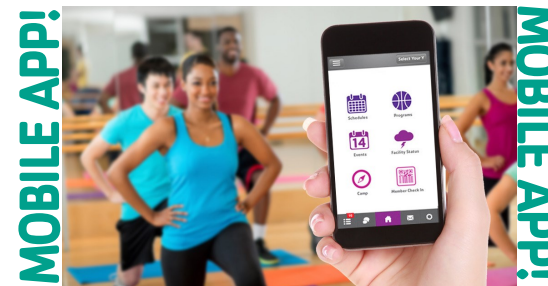
MOBILE APP!

Download our mobile app for automatic updates on class changes and cancellations.

ymcanyc.org/app or visit the app store on your device and search:

YMCA of Greater NY