



# RIDGEWOOD Y - Kids & Family Programs Spring II 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	<b>Mon-Fri 8:30am-2:50pm Pre-K for All</b> Children born in 2014						<b>11:10am-12:00pm</b> Zumba Kids Ages 7-11 yrs.
	<b>Child Watch Ages 6 months-6 years, Members Only</b> 9:00am-12:00pm Mon, Tues, Thurs, Sat; Sundays: 10a-1p						<b>12:10pm-12:55pm</b> Zumba Kids Jr. Ages 4-6 yrs.
	<b>9am-10:15 am Let's Get Ready</b> Ages 2-3 years						<b>12pm-12:50pm</b> Fit Kids Ages 5-12 yrs.
	<b>10:25am-11:10 am Art &amp; Play</b> Ages 2-4 years						<b>1:10pm-2:00pm</b> Youth Karate Ages 5-14 yrs
	<b>11:20pm-12:05pm</b> Ready, Set, Science Ages 2-4 yrs.	<b>11:20pm-12:05pm</b> MUSIC & MOVEMENT Ages 2-4 yrs.	<b>11:20pm-12:05pm</b> Ready, Set, Science Ages 2-4 yrs.	<b>11:20pm-12:05pm</b> MUSIC & MOVEMENT Ages 2-4 yrs.	<b>11:20pm-12:05pm</b> Ready, Set, Science Ages 2-4 yrs.		<b>11:20pm-12:05pm</b> Ready, Set, Science Ages 2-4 yrs.
<b>2:30pm-3:50pm</b> Gymnastics Ages 5-9 yrs.	<b>12:15pm-2:00pm On Our Way</b> Ages 3-4 years						<b>12pm-12:50pm</b> Ballet Ages 2-3 yrs.
<b>4pm-5:20pm</b> Gymnastics Ages 10-14 yrs.	<b>2:50pm-6:00pm Clubhouse Afterschool</b> Ages 4-9 Years (PreK-5th grade)						<b>12pm-12:50pm</b> Ballet Ages 2-3 yrs.
<b>SAVE THE DATES:</b> <b>Healthy Kids Day</b> Sat. April 27, 10a-3p  <b>Spring Fling</b> Family Fun Sunday May 19, 1p-3p  <b>SUMMER CAMP</b> <b>REGISTRATION</b> <b>NOW OPEN</b> <b>Camp Open</b> <b>House 10a-3p,</b> <b>May 18</b>  <b>Holiday Camp</b> <b>also available</b> <b>4/19-4/26</b>  <b>Spring Showcase</b> <b>June 22</b> <b>1p-3p</b>	<b>5:15pm-6pm</b> Family Stretch Ages 5-12 yrs.	<b>3:00pm-3:30pm</b> Pee wee Sports Ages 2-4 yrs.		<b>3:00pm-3:30pm</b> Pee wee Sports Ages 2-4 yrs.		<b>1pm-1:50pm</b> Ballet Ages 7-13 yrs.	
		<b>4pm-4:50pm</b> Kids Soccer Ages 5-7 yrs.	<b>5:15pm-6:00pm</b> Fit Kids Ages 5-12 yrs.	<b>4pm-4:50pm</b> Kids Basketball Ages 5-7 yrs.		<b>1:05pm-2:00pm</b> Tiny Tumblers Ages 2-4 yrs.	
		<b>5pm-5:50pm</b> Kids Soccer Ages 8-11 yrs.	<b>6:15pm-7:00pm</b> Flex & Stretch Ages 7-13 yrs.	<b>5pm-5:50pm</b> Kids Basketball Ages 8-11 yrs.		<b>2pm-2:50pm</b> Ballet Ages 4-6 yrs.	
		<b>6:00pm-6:50pm</b> Youth Art in Action Ages 5-12 yrs.	<b>6:30pm-7:20pm</b> Youth Karate Ages 5-14 yrs.	<b>6:30pm-7:20pm</b> Youth Karate- Beginner			<b>5pm-5:50pm</b> Kids Chefs & Co. Ages 7-10 yrs.
	<b>6:00pm-6:50pm</b> Leader's Club Ages 14-18 yrs.	<b>7:30pm-8:20pm</b> Youth Karate- Intermediate	<b>7:00pm-7:50pm</b> Teens Take The City Ages 14-18 yrs.			<b>6pm-7:20pm</b> Cheerleading Ages 7-13 yrs.	
<b>5:30pm-8:30pm Child Watch</b> Ages 6 months-6 years (Members Only)					<b>6:00pm-8:00pm</b> TEEN CENTER LOUNGE Ages 11-19 yrs		
<b>6pm-8:30pm Y Kids Zone!</b> Ages 7-12 years (Family Members only)					<b>8:00pm-11:00pm</b> TEEN CENTER Ages 11-19 yrs.		

**Programs Effective:**  
**April 29, 2019-**  
**June 23, 2019**

*Program Break*  
*Apr.22-Apr.28- no classes*

**Fee-Based Classes**  
**require registration**

**Member Registration**

**April 13**

**Non-Member Registration**

**April 20**

**Contact Information**

**Pre-K and Education**  
**Programs**

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## Session Dates: April 29—June 23, 2019

Program break—No Classes April 22—April 28; June 24—June 28

# RIDGEWOOD Y Kids Programs Spring II 2019

### LETS GET READY! - Ages 2-3 yrs.

This class will help your child transition and become familiar with the classroom atmosphere and be better prepared to eventually attend classes independently.

3x/wk.: \$165 Members; \$221 Non-Members  
2x/wk.: \$135 Members; \$183 Non-Members

### ART & PLAY - Ages 2-4 yrs.

Kids will create projects using different materials and techniques. This class can get messy!

3x/wk.: \$178 Members; \$233 Non-Members  
2x/wk.: \$147 Members; \$193 Non-Members

**READY, SET, SCIENCE - Ages 2-4 yrs.** An independent program with an introduction into a classroom setting where your child will experience science concepts. Children will explore science concepts through the use of hands on materials and manipulatives.

3x/wk.: \$165 Members; \$221 Non-Members

**MUSIC & MOVEMENT - Ages 2-4 yrs.** Enhance your child's development and love of music through song, dance, movement games, and instruments. Children will sing, listen to stories, play instruments, and more in this class for young children.

2x/wk.: \$135 Members; \$183 Non-Members

### ON OUR WAY - Ages 3-4 yrs.

An introduction into a classroom setting where your child will experience activities such as Exploration time, arts/crafts, and Circle time. The objective of this class is for us to help your child learn the necessary skills to succeed in a school environment.

3x/wk.: \$165 Members; \$221 Non-Members  
2x/wk.: \$135 Members; \$183 Non-Members

### PEEWEE SPORTS - Ages 2-4 yrs.

Children have fun and learn the fundamentals of soccer and or basketball in a structured setting. Children will build confidence, develop teamwork and learn social skills and the basics of soccer/basketball in a positive and fun environment!

1x Week: \$73 Members; \$100 Non-Members  
2x Week: \$140 Members; \$190 Non-Members

### CHILD WATCH - Ages 6 month—6 yrs.

Children spend quality time with peers in play based interest areas while their parents workout on site for 2 hours a day.

FREE: Members Only

**PRE-KINDERGARTEN FOR ALL - Full Day (Available to children born in 2014) September 5, 2018—June 14, 2019** Teachers introduce children to positive, fun activities that build education, social, and interpersonal skills. Children are taught by highly qualified, certified teachers and personnel. FREE: Members and Non-Members

**CLUBHOUSE AFTERSCHOOL: PRE-K-5 September 10, 2018—June 14, 2019** Clubhouse is ready to take over during after school hours with daily activities that are structured, fun, and educational. Includes Sports on Tuesdays and Thursdays \$399 Members; \$473 Non-Members

### Y KIDS ZONE! - Ages 7-12 yrs.

Kids spend quality time with peers, playing games and making crafts under staff supervision. FREE Members Only

### YOUTH ART IN ACTION - Ages 5-12 yrs.

Join us for fun and crafty activities themed and engaging for the entire family. Registration is required for all participants. FREE Members; \$120 Non-Members

### KIDS CHEFS & CO. - Ages 7-10 yrs.

Kids and their families learn about nutrition and culinary arts! Learn how to make a variety of tasty snacks and meals while spending quality time with their peers and family. Registration is required for all participants.

FREE Members; \$120 Non-Members

### KIDS KARATE - Ages 5-14 yrs.

Learn basic punches, strikes, blocks and kicks while gaining focus, strength and coordination. Karate is all about teamwork, respect and patience—not combat or self-defense. \*\*Benefits from participating 2x a week!

Classes partake in sparring with proper equipment only\*\*

**Beginners - White, Yellow, Orange belts; Intermediate - Green, Blue belts; Advanced - Purple, Brown, Black belts**  
1x Week: \$75 Members; \$105 Non-Members  
2x Week: \$143 Members; \$200 Non-Members

## DANCE PROGRAM

### BALLET - Ages 2-13 yrs.

Ballet is an essential foundation for all dance. The basics and more are introduced with patience and care, not to mention fun!

\$88 Members; \$120 Non-Members

### ZUMBA KIDS JR. - Ages 4-6 yrs.

It's a dance party for little feet where pint sized party animals get silly, dream big, and begin their journey to a healthy future.

FREE Members; \$105 Non-Members

### ZUMBA KIDS - Ages 7-11 yrs.

The Zumba Kids program is the ultimate dance-fitness party for young Zumba fans ages 7-11 yrs where they can play it loud and rock with friends! Age-appropriate music moves and gets kids movin' to the beat.

FREE Members; \$105 Non-Members

### FAMILY STRETCH - Adults with Children Ages 5+ yrs.

The whole family (Adults with Children 5+) can stretch together. Enjoy the fun and bonding that comes with family activities. Children should dress comfortably.

FREE Members; \$110 Non-Members

### YOUTH SOCCER/BASKETBALL - Ages 5-11 yrs.

Get the ball rolling and develop and improve your skills through engaging warm-ups, activities and games, all while having fun! Outdoor playing time also scheduled this spring! \$73 Members; \$100 Non-Members

**LEADERS CLUB - Ages 14-18 yrs.** helps to develop their self-confidence and leadership skills. The program also involves community service and service learning. FREE to the Teens in our Community

**TEEN TAKE THE CITY - Ages 14-18 yrs.** Teens will discuss, participate in and focus on civic engagement. Teens in this program will go on a variety of different trips and will create a community advocacy project and have the chance to present it at City Hall.

FREE to the Teens in our Community

**TEEN CENTER - Ages 11-19 yrs.** is a drop in program that is open to all Teens. They can choose to participate from a variety of programs including Weight Training and Cardio workouts, Teen Dance, and Basketball.

FREE to the Teens in our Community

### GYMNASTICS - Ages 5-14 yrs.

\$115 Members; \$142 Non-members

A fun, non-competitive program for children ages 5-14. Our active gymnasts will be geared up to advance in safe, consistent, and productive progressions.

### CHEERLEADING - Ages 7-13 yrs.

This 8-week Cheerleading Program is a beginner class that teaches basic arm movements, jumps, stunting, and tumbling. Don't miss out on the fun!

\$115 Members; \$142 Non-Members

### FIT KIDS! - Ages 5-12 yrs.

Run, jump, catch, dance, and have fun! This class is all about moving, staying healthy, and having fun.

FREE Members Only

### FLEX & STRETCH - Ages 7-13 yrs

Join Coach Darryl for an 8- week program that will condition our dancers, cheerleaders, and gymnasts. This class will help our students gain strength and flexibility which will help with their overall performance.

\$88 Members; \$120 Non-Members

### TINY TUMBLERS - Ages 2-4 yrs.

Tiny Tumblers is a fun and positive introduction to the sport of gymnastics and the concept of fitness. The class is for children between the ages of 2 and 4. Benefits of Tiny Tumblers for your child include Increased confidence, Improved motor skills, Improvement in flexibility and stretch.

\$115 Members; \$142 Non-members