

POOL SCHEDULE

Updated April 2019

FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

ATTENTION MEMBERS: SMALL POOL CLOSED

Due to emergency repairs, the Small Pool is closed until further notice.

All programming will take place in the Large Pool during this time. Please be sure to check the pool schedule for updates.

Members have city-wide access during this time.

We sincerely apologize for the inconvenience and thank you for your patience!

Updates will be provided as they become available.

Water Exercise

Monday 9:00am-10:00am Monday 7:30pm-8:30pm Tuesday 9:00am-10:00am Wednesday 9:30am-10:30am Wednesday 7:00pm-8:00pm Thursday 10:30am-11:30am Thursday 7:30pm-8:30pm Sunday 9:00am-10:00am

Aqua Zumba

Tuesday 7:30pm-8:30pm Friday 9:00am-10:00am

Stretch and Strength

Thursday 9:00am-10:00am

Aqua Boot Camp

Monday 12:00pm-1:00pm Wednesday 12:00pm-1:00pm Thursday 6:30pm-7:30pm Friday12:00pm-1:00pm

Active Older Adult (AOA) Water EX

Monday 11:00am-11:30am Wednesday 11:00am-11:30am

Lap Swim

Monday 6:00am-11:00pm Tuesday 6:00am-11:00pm Wednesday 6:00am-11:00pm Thursday 6:00am-11:00pm Friday 6:00am-11:00pm Saturday 6:00am-9:00pm Sunday 7:00am-9:00pm

Please Note:

Teens may swim laps between 3:00pm and 8:00pm weekdays and all day on weekends.

Adult Free Swim

Monday 7:30am-3:30pm Monday 7:30pm-8:30pm Tuesday 7:30am-11:30am Tuesday 1:00pm-3:30pm Wednesday 7:30am-3:30pm Thursday 7:30am-3:30pm Thursday 7:30pm-8:30pm Friday 7:30am-4:00pm Saturday 5:00pm-9:00pm Sunday 8:00am-10:00am Sunday 11:30am-1:00pm Sunday 7:00pm-9:00pm

> Please check our NEW Pool Map for more information about Lap Swim times and lane availability.

Family Free Swim

Every Morning

10:00am-10:45am 10:45am-11:30am

Monday 6:15pm-7:30pm Tuesday 5:30pm-6:10pm Tuesday 6:10pm-6:50pm Tuesday 6:50pm-7:30pm Wednesday 6:00pm-6:45pm Wednesday 6:45pm-7:30pm Thursday 5:00pm-5:45pm Thursday 5:45pm-6:30pm Friday 5:30pm-6:15pm Friday 6:15pm-7:00pm Friday 7:00pm-7:45pm Friday 7:45pm-8:30pm Saturday 3:30pm-4:15pm Saturday 4:15pm-5:00pm Saturday 5:00pm-5:45pm Saturday 5:45pm-6:30pm Saturday 6:30pm-7:15pm Sunday 1:00pm-1:40pm Sunday 1:40pm-2:20pm Sunday 2:20pm-3:00pm

Please pick up a ticket for Family Free Swim at the front desk for Weekend and Evening Family Free Swim Times/Days. Tickets can be picked up 30 minutes prior to the swim time.