

DAY

**START TIME** 

**END TIME** 

**LEVEL/AGE RANGE** 

Families & Kids | Ages 12 & under

**CLASS NAME** 



ROOM

Gym

Fee per 8 week session: Fees: A: Family Member \$145/ Youth Member \$171/ Community Member \$210 Childwatch Hours: Mon -Thurs Fees: B: Family Member \$112/ Youth Member \$135/ Community Member \$154 6:15 PM -8:30 PM/ Saturday Fees: C: Family Member \$139/ Youth Member \$164/ Community Member \$204 8:45 AM - 1:15 PM Fees: **D**: Member \$99/ Community Member \$175 Fees: E: Family Member \$72/ Youth Member \$84/ Community Member \$115 **NEED FINANCIAL ASSISTANCE? JUST ASK!** PRESCHOOL/TODDLER 2:00 PM EC Center - 176 Java 1:00 PM Ready, Set, Read Ages 3 - 4 Monday Fee: B 2:00 PM EC Center - 176 Java Ready, Set, Math Ages 3 - 4 Tuesday 1:00 PM Fee: B Ready, Set, Art Ages 3 - 4 Wednesday 1:00 PM 2:00 PM Fee: B EC Center - 176 Java Ages 3 - 4 1:00 PM 2:00 PM EC Center - 176 Java Ready, Set, Science Thursday Fee: B Friday Ready, Set, Explore Ages 3 - 4 1:00 PM 2:00 PM Fee: B EC Center - 176 Java Ages 2 (part of Y EC program) Y EC Program Gym Time (Coming soon) Y EC Program Gym Time Ages 2 (Coming soon) (part of Y EC program) **EARLY CHILDHOOD TOURS (NEW FAMILIES)** EC Tours (School Year) First Tuesday of every month 9:30 AM 10:15 AM NO COST EC Center - 176 Java Tuesday MY GROWN UP AND ME Member \$115/ NM \$205 Art & Swim Ages 18 - 36 months Saturday 9:15-9:45 am (Studio B)/10-10:30 am (Swim) Studio B/ Pool 9:15-9:45 am (Studio A)/10-10:30 am (Swim) Member \$105/ NM \$187 Studio A/ Pool Gym & Swim Starters Ages 6-18 months Monday 9:50-10:20 am (Gym)/ 10:30-11 am (Swim) Member \$115/ NM \$205 Gym/ Pool Gym & Swim Starters Ages 18-36 months Monday Ages 1-10 months 11:00 AM FREE - Y Family Members Baby & Me Yoga Monday 11:50 AM Studio A Baby & Me Yoga Ages 1-10 months 1:00 PM 1:50 PM Wednesday FREE - Y Family Members Studio A Baby & Me Yoga Ages 1-10 months Friday 1:00 PM 1:50 PM FREE - Y Family Members Studio A Tot & Me Yoga Ages 10 - 24 months Wednesday 10:00 AM 10:50 AM FREE - Y Family Members Studio A **LIBRARY AT THE Y Toddler Time** Ages 18 months - 3 years 10:00 AM 10:30 AM Tuesday FRFF Studio A Babies and Books Ages 0 - 18 months Thursday 10:00 AM 10:30 AM FREE Studio A **DANCE & MOVEMENT** Ballet Ages 4 - 5 3:30 PM 4:30 PM Studio A Tuesday Fee: A Hip Hop Ages 6 -12 4:30 PM 5:30 PM Tuesday Fee: C Studio A **ARTS & GAMES Drawing & Sculpting** Ages 7 -12 Wednesday 5:30 PM 6:30 PM Studio A Fee: A Theater Ages 5-10 Wednesday 4:30 PM 5:30 PM Fee: C Studio A Puppetry and Mask Making Ages 4 - 6 3:30 PM 4:30 PM Studio A Wednesday Fee: A Chess NEW Ages 7 -12 Mondays 4:30 PM 5:30 PM Fee: C Gvm MUSIC 5:15 PM Keyboard/ Piano Ages 6 -12 Thursday 6:00 PM Fee: C Studio A **SPORTS, MARTIAL ARTS & FITNESS** Studio B Shotokan Karate - Beg. Ages 4 - 6 Saturday 12:00 PM 1:00 PM Fee: D Shotokan Karate - Beg. Ages 7 -12 1:00 PM 2:00 PM Studio B Saturday Fee: D Shotokan Karate - Adv. Ages 7 -12 Saturday 2:00 PM 3:00 PM Fee: D Studio B 3:30 PM 4:15 PM Indoor Soccer Ages 2 - 3 Friday Fee: A Gym Indoor Soccer Ages 4 - 6 4:15 PM 5:15 PM Friday Fee: A Gym 5:15 PM Indoor Soccer Ages 7 -11 Friday 6:15 PM Fee: A Gym Basketball Ages 4 - 6 Saturday 1:30 PM 2:30 PM Fee: E Gym Basketball Ages 7 - 12 Saturday 2:30 PM 3:30 PM Fee: E Gym Youth Fitness 1:00 PM 1:50 PM FREE Ages 5-12 Sunday Studio B **FAMILY & YOUTH OPEN GYM** Open Play - Family Play Time Families & Kids | Ages 5 & under Monday 10:30 AM 11:50 AM FREE - Y Family Members Gym Open Play - Family Play Time Families & Kids | Ages 5 & under Wednesday 11:00 AM 12:15 PM FREE - Y Family Members Gym Open Play - Family Play Time Families & Kids | Ages 5 & under 11:00 AM 11:50 AM FREE - Y Family Members Open Gym - Family & Youth Families & Kids | Ages 12 & under Monday 5:30 PM 6:15 PM FREE - Y Family Members Gym Open Gym - Family & Youth Families & Kids | Ages 12 & under Tuesday 11:00 AM 11:50 AM FREE - Y Family Members Gym Open Gym - Family & Youth Families & Kids | Ages 12 & under Tuesday 5:30 PM 6:25 PM FREE - Y Family Members Gym Open Gym - Family & Youth Families & Kids | Ages 12 & under Wednesday 12:15 PM 3:00 PM FREE - Y Family Members Gym Open Gym - Family & Youth 11:00 AM 11:50 AM FREE - Y Family Members Families & Kids | Ages 12 & under Thursday Gym Open Gym - Family & Youth 3:45 PM 4:45 PM FREE - Y Family Members

Open Gym - Family & Youth	Families & Kids   Ages 12 & under	Sunday	7:00 AM	9:45 AM	FREE - Y Family Members	Gym
SPECIALTY CLASSES - P	ARENT/CHILD   6 - 36 MO	NTHS				·
Fee: Member: \$105 per 8 week session/ Program Member: \$187 per 8 week session						
Gym/ Swim A/ Water Discovery		Monday		tudio A)/10-10:30 A	M (Swim/ Pool)	Studio A/ Pool
Gym/ Swim B/ Water Exploration (18-36 months)		Monday	9:50-10:20 AM (Gym)/ 10:30-11 AM (Swim/Pool)			Gym/ Pool
Art/ Swim B/ Water Exploration		Saturday			- 10:30 AM (Swim-Pool)	LL/ Pool
PARENT/CHILD SWIM		•		-		
	session/ Program Member: \$188 per 8	week session				
Swim Starters (6-18 months)	Stage A/ Water Discovery	Saturday	9:15 AM	9:45 AM	6-18 months	Pool
PRESCHOOL SWIM   3-5 YEARS OLD						
	session/ Program Member: \$188 per 8	Week session				
Swim Basics	Stage 1/ Water Acclimation	Tuesday	3:30 PM	4:00 PM	3-5 years old	Pool
Swim Basics	Stage 1/ Water Acclimation	Wednesday	3:30 PM	4:00 PM	3-5 years old	Pool
Swim Basics	Stage 1/ Water Acclimation	Saturday	10:40 AM	11:10 AM	3-5 years old	Pool
Swim Basics	Stage 1/ Water Acclimation	Saturday	11:20 AM	11:50 AM	3-5 years old	Pool
Swim Basics w/ Parent	Stage 1/ Water Acclimation	Sunday	9:30 AM	10:00 AM	3-5 years old	Pool
Swim Basics	Stage 1/ Water Acclimation	Sunday	10:00 AM	10:30 AM	3-5 years old	Pool
Swim Basics	Stage 2/ Water Movement	Tuesday	4:10 PM	4:40 PM	3-5 years old	Pool
Swim Basics	Stage 2/ Water Movement	Thursday	3:30 PM	4:00 PM	3-5 years old	Pool
Swim Basics	Stage 2/ Water Movement	Saturday	10:40 AM	11:10 AM	3-5 years old	Pool
Swim Basics	Stage 2/ Water Movement	Saturday	11:20 AM	11:50 AM	3-5 years old	Pool
Swim Basics	Stage 2/ Water Movement (#1)	Saturday	12:00 PM	12:30 PM	3-5 years old	Pool
Swim Basics	Stage 2/ Water Movement	Sunday	10:40 AM	11:10 AM	3-5 years old	Pool
Swim Basics	Stage 3/ Water Stamina	Tuesday	4:50 PM	5:20 PM	3-5 years old	Pool
Swim Basics	Stage 3/ Water Stamina	Saturday	11:20 AM	11:50 AM	3-5 years old	Pool
Swim Basics	Stage 3/ Water Stamina	Saturday	12:00 PM	12:30 PM	3-5 years old	Pool
Swim Basics	Stage 3/ Water Stamina	Sunday	11:20 AM	11:50 PM	3-5 years old	Pool
Swim Basics	Stage 3/ Water Stamina	Sunday	12:00 PM	12:30 PM	3-5 years old	Pool
YOUTH SWIM   5-12 YEARS OLD						
	session/ Program Member: \$205 per		12.40 DM	1 25 DM	E 12 years ald	Deal
Swim Basics	Stage 1/ Water Acclimation	Saturday	12:40 PM	1:25 PM	5-12 years old	Pool
Swim Basics	Stage 2/ Water Movement	Thursday	4:10 PM	4:55 PM	5-12 years old	Pool
Swim Basics	Stage 2/ Water Movement	Saturday	12:40 PM	1:25 PM	5-12 years old 5-12 years old	Pool
Swim Basics Swim Basics	Stage 2/ Water Movement (#1) Stage 2/ Water Movement (#2)	Saturday Saturday	2:30 PM 2:30 PM	3:15 PM 3:15 PM	5-12 years old	Pool Pool
					5-12 years old	
Swim Basics Swim Basics	Stage 3/ Water Stamina Stage 3/ Water Stamina	Wednesday Saturday	4:10 PM 1:35 PM	4:55 PM 2:20 PM	5-12 years old	Pool Pool
					•	
Swim Strokes	Stage 4/ Stroke Introduction	Wednesday	5:05 PM 12:40 PM	5:50 PM	5-12 years old 5-12 years old	Pool
Swim Strokes Swim Strokes	Stage 4/ Stroke Introduction Stage 4/ Stroke Introduction	Saturday Saturday	1:35 PM	1:25 PM 2:20 PM	5-12 years old	Pool Pool
Swim Strokes	Stage 4/ Stroke Introduction	Saturday	2:30 PM	3:15 PM	5-12 years old	Pool
Swim Strokes	Stage 5/ Stroke Development	Thursday	5:05 PM	5:50 PM	5-12 years old	Pool
Swim Strokes	Stage 5/ Stroke Development	Thursday	6:00 PM	6:45 PM	5-12 years old	Pool
Swim Strokes	Stage 6/ Stroke Mechanics	Monday	4:30 PM	5:15 PM	5-12 years old	Pool
		Monday	4:30 FM	7:12 FM	3 12 years old	FUUI
TEEN SWIM   Up to 17 Y		Tuesdava	E.20 DM	C.1E DM	9-17 years old	Dog!
Aquatics Conditioning	Ages 9-17	Tuesdays	5:30 PM	6:15 PM	9-17 years old	Pool
FAMILY SWIM						
Family, Youth & Private Swim	Families	Monday	2:15 PM	3:15 PM	FREE - Y Family Members	Pool
Family, Youth & Private Swim	Families	Monday	5:30 PM	6:50 PM	FREE - Y Family Members	Pool
Family, Youth & Private Swim	Families	Wednesday	6:00 PM	6:55 PM	FREE - Y Family Members	Pool
Family, Youth & Private Swim	Families	Friday	11:00 AM	12:30 AM	FREE - Y Family Members	Pool
Family, Youth & Private Swim	Families  Families	Friday	3:45 PM	6:00 PM	FREE - Y Family Members	Pool
Family, Youth & Private Swim Family, Youth & Private Swim	Families Families	Saturday Sunday	3:30 PM 1:45 PM	5:00 PM 3:00 PM	FREE - Y Family Members FREE - Y Family Members	Pool Pool
Family, Youth & Private Swim	Families	Sunday	4:45 PM	6:00 PM	FREE - Y Family Members	Pool
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**GET SOCIAL: FACEBOOK AND TWITTER - GREENPOINTYMCA** 

## **SATURDAY DIVE IN MOVIES**

The two-part family event at the Greenpoint YMCA feature family movie and family swim time in our indoor heated pool.

\*FREE for Y families. FREE pizza.

Family Swim: 3:30 - 5 PM / Family Movie: 5 - 7 PM

4/13 Toy Story 5/11 Up 6/8 Finding Nemo



Having a birthday party? Rent our pool on Sundays from 3:30 - 4:30 PM. Inquire at the front desk or call at 212-912-2260.

\*Schedule changes are noted in red.

## **2019 HOLIDAY CAMP DATES**

4/19-26 Spring Recess 6/4 Eid-al-Fitr **DOE Clerical Day** 6/11



Sign up for Holiday Camp at Member Svcs Desk. Rates per day: Family Member: \$35/ Youth Member: \$55/ Non-Member: \$75