



# GYMNASIUM SCHEDULE

# SPRING 2019 FLUSHING YMCA

**SESSION 193 8 WEEKS 4/29/2019-6/23/2019**

as of 4.10

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5AM						YMCA OPENS AT 7AM	
6AM	5:00-9:35 Adult Open Court Basketball	5:00-9:35 Adult Open Court Basketball	5:00-8:35 Adult Open Court Basketball	5:00-8:35 Adult Open Court Basketball	5:00-9:35 Adult Open Court Basketball	7:00-8:20 Adult Open Court Basketball	
7AM							
8AM							
9AM			9:00-9:50 Silver Sneakers	9:00-9:50 Silver Sneakers		8:30-11:00 Family ½ Open Court Basketball	7:00-12:50 Adult Open Court Basketball
10AM	10:00-10:50 Silver Sneakers	10:00-10:50 Silver Sneakers	10:00-10:50 Silver Sneakers	10:00-10:50 Silver Sneakers	10:00-10:50 Silver Sneakers		
11AM	11:00-1:20 Adult Open Court Basketball	11:00-1:20 Adult Open Court Basketball	11:00-11:50 Int. Tai Chi	11:00-1:20 Adult Open Court Basketball	11:00-1:20 Adult Open Court Basketball	11:00-11:50 Family Open Court Volley/Basketball	
12PM			12:00-1:20 Adult Open Court Basketball			12:00-12:50 \$\$ Youth Soccer	
1PM						1:00-1:50 \$\$ Youth Soccer	1:00-2:50 Family Open Court Basketball
2PM	1:30-3:50 Family Open Court Volleyball Basketball	1:30-3:50 Family Open Court Volleyball Basketball	1:30-3:50 Family Open Court Basketball	1:30-3:50 Family Open Court Basketball	1:30-3:50 Family Open Court Basketball	2:00-2:50 \$\$ Youth Basketball	
3PM						3:00-3:50 \$\$ Youth Basketball	3:00-4:50 Teen Open Court Basketball
4PM	4:00-6:20 Teen Open Court Volleyball Basketball	4:00-6:20 Teen Open Court Basketball	4:00-6:20 Teen Open Court Basketball	4:00-4:50 Teen Open Court Basketball	4:00-5:50 Teen Open Court Basketball	4:00-4:50 \$\$ Youth Basketball	
5PM							
6PM	6:30-7:20 Teen Open Court Basketball	6:30-7:20 Zumba	6:30-7:20 Zumba	5:00-7:30 Teen ½ Open Court Basketball	6:00-7:30 Teen ½ Open Court Basketball	5:00-8:00 Adult Open Court Basketball	5:00-8:00 Adult Open Court Basketball
7PM							
8PM	7:30-10:30 Adult Full Court Basketball	7:30-10:30 Adult Full Court Basketball	7:30-10:30 Adult Full Court Basketball	7:30-9:00 Adult ½ Open Court Basketball	7:30-9:00 Adult ½ Open Court Basketball	YMCA CLOSSES AT 8:00PM	
9PM				9:00-10:30 Adult Full Court Basketball	9:00-10:30 Adult Full Court Basketball		
10PM							

YMCA CLOSSES AT 10:30PM

### REMINDERS

Schedule is subject to change without notice. Youth under 12 years must be accompanied by a parent or guardian. No food, no drinks, except for water and sports drinks. Throw out trash. Belongings must be kept in lockers and not on the floor. No sitting on carpets. Do not distract others when class is in session. Do not reserve spaces. Arrive on time. Have Fun.

### LEGEND

	Class in session Feel free to join
\$\$	Class in session Registration required
	Court Closed 7:30am – 5:30pm

### APRIL COURT CLOSURES

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

### MAY COURT CLOSURES

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	