

West Side Small Pool Schedule

Spring Schedule - Session I

February 25 - April 21, 2019

****Effective February 25, 2019****

SMALL POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am 6:15am 6:30am 6:45am	Adult Only Rec Swim 6:00-8:00 AM	Adult Only Rec Swim 6:00-8:00 AM	Adult Only Rec Swim 6:00-8:00 AM	Adult Only Rec Swim 6:00-8:00 AM	Adult Only Rec Swim 6:00-8:00 AM	Adult Only Rec Swim 7:00-8:55 AM	Adult Only Rec Swim 8:00-8:55 AM
7:00am 7:15am 7:30am 7:45am							
8:00am 8:15am 8:30am 8:45am	Arthritis 8:05-8:55 AM	All Ages Rec Swim 8:00-9:30 AM	Arthritis 8:05-8:55 AM	All Ages Rec Swim 8:00AM - 10:30PM	Arthritis 8:05-8:55 AM	Swim Starters Swim Basics/Swim Strokes 9:00 AM - 1:15 PM	Swim Starters Swim Basics/Swim Strokes 9:00 AM - 1:30 PM
9:00am 9:15am 9:30am 9:45am	All Ages Rec Swim 9:00-10:30 AM		All Ages Rec Swim 9:00-9:30 AM Swim Starters 9:30-10:00 AM		All Ages Rec Swim 9:00-9:30 AM		
10:00am 10:15am 10:30am 10:45am	Swim Starters 10:30 AM - 12:30 PM	Swim Starters/Swim Basics 9:30-11:00 AM	Tender Care Lessons 10:00-11:00 AM	Tender Care Lessons 10:30 - 11:30 AM	Co-op Lessons 9:30 - 11:30 AM		
11:00am 11:15am 11:30am 11:45am			All Ages Rec Swim 11:00 AM - 12:30 PM				
12:00pm 12:15pm 12:30pm 12:45pm	Arthritis 12:35-1:25 PM	Arthritis 12:35-1:25 PM	Swim Starters 12:00-12:30 PM	Arthritis 12:35-1:25 PM	Arthritis 12:35-1:25 PM	All Ages Rec Swim 1:15-2:25 PM	All Ages Rec Swim 1:30-2:25 PM
1:00pm 1:15pm 1:30pm 1:45pm			Aqua Dance 1:05-1:55 PM				
2:00pm 2:15pm 2:30pm 2:45pm	All Ages Rec Swim 1:30-3:25 PM	All Ages Rec Swim 1:30-3:40 PM	All Ages Rec Swim 2:00-3:55 PM	All Ages Rec Swim 3:55 PM	All Ages Rec Swim 1:30-3:25 PM	Pool Parties* 2:30-3:30 PM	Pool Parties* 2:30-3:30 PM
3:00pm 3:15pm 3:30pm 3:45pm							
4:00pm 4:15pm 4:30pm 4:45pm	Swim Basics/Swim Strokes 3:30-6:00 PM	Swim Basics/Swim Strokes 4:00-6:00 PM	Swim Basics/Swim Strokes 4:00-6:15 PM	Swim Basics/Swim Strokes 4:00-6:00 PM	Swim Basics/Swim Strokes 3:30-6:00 PM	All Ages Rec Swim 3:30-5:55 PM	All Ages Rec Swim 3:30-5:55 PM
5:00pm 5:15pm 5:30pm 5:45pm							
6:00pm 6:15pm 6:30pm 6:45pm	Aqua Aerobics 6:05-6:55 PM	Aqua Aerobics 6:05-6:55 PM	Aqua Aerobics 6:05-6:55 PM	Aqua Aerobics 6:05-6:55 PM	All Ages Rec Swim 6:05-8:55 PM	Adult Only Rec Swim 6:00-7:45 PM	Adult Only Rec Swim 6:00-7:45 PM
7:00pm 7:15pm 7:30pm 7:45pm	Teen/Adult Lessons Swim Basics/Swim Strokes 7:00-8:00 PM	Teen/Adult Lessons Swim Basics/Swim Strokes 7:00-8:00 PM	Teen/Adult Swim Basics Swim Strokes 7:00-8:00 PM	All Ages Rec Swim 7:00-8:00 PM			
8:00pm 8:15pm 8:30pm 8:45pm	Adult Only Rec Swim 8:05-10:45 PM	Adult Only Rec Swim 8:05-10:45 PM	Adult Only Rec Swim 8:05-10:45 PM	Adult Only Rec Swim 8:05-10:45 PM	Adult Only Rec Swim 9:00-10:45 PM		
9:00pm 9:15pm 9:30pm 9:45pm							
10:00pm 10:15pm 10:30pm 10:45pm							

PLEASE SEE "SAFE POOLS HAVE RULES"

*Pool may be closed for events. Please check website for updates.

AQUATICS DIRECTOR: Melanie Torres

torresm@ymcany.org or 212-912-2676

