

2019 SESSION DATES

Session	Session Dates	Registration
January	1/2/19 - 1/31/19	11/15/18
February	2/1/19 - 2/28/19	12/14/18
March	3/1/19 - 3/29/19	1/15/19
April	4/1/19 - 4/30/19	2/15/19
May	5/1/19 - 5/31/19	3/15/19
June	6/3/19 - 6/28/19	4/15/19

PREPARE FOR YOUR FIRST DAY

The first days can be difficult.

- Allow your children (and yourself) to experience the stress. This particular step seems counterintuitive, but acknowledging the stress that both you as a parent and your children are experiencing makes it that much easier to move beyond it.
- Exercise patience. Children in new educational settings are already overwhelmed with a new environment and teachers, so they do not need extra pressure.



- Talk to teachers about your concerns. No one will understand how much stress you and your child are going through more than your child's teacher. Discuss your concerns with your child's teacher, and ask for feedback. You are likely to discover that your teacher has resources to help you help your child.
- Talk to fellow parents. Having people who understand what you are going through can free you to work with your child to find other children who might be going through the same thing that they are.
- Keep open communication with your children, and before you know it, you and your children will be happily settled in your new environments!

CONTACT US

Greenpoint Y Early Learning
Separation Program

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GREENPOINT Y EARLY LEARNING Separation Program

Ages two and three



GREENPOINT YMCA

PROGRAM PHILOSOPHY

Our curriculum is designed to promote the growth and development of the “whole child.” We believe in an active learning method curriculum in which teaching strives to involve students in the learning process more directly and where the motivation to learn is authentic. The program focuses on the social-emotional, cognitive, and physical development of each child as an individual and with a group. This program is intended to serve as a gateway to Preschool. Our ultimate goal is that each child has a positive first school experience.



OUR PROGRAM PROVIDES

- A warm and inviting atmosphere
- Age-appropriate learning centers.
- A large indoor space to play and explore
- Experienced and friendly staff
- Music, yoga, art, and dance
- Small class size - 12 participants

HOURS/ DAYS

The program runs three days a week—Mondays, Wednesdays, and Fridays from 9 am to 12 pm each day. Each session is one month. The program runs on the NYC Board of Education Calendar. Drop off only.

COST

Payment is due before the start of the program.

Family Member rate: \$350/ month

Non-member rate: \$450/ month

THE MORE
THAT YOU READ
THE MORE
THINGS YOU WILL KNOW
THE MORE
THAT YOU WILL LEARN
THE MORE PLACES
YOU'LL GO.
-DR. SEUSS



REGISTRATION

Applications are available at the Member Services Desk at the Greenpoint Y branch located at 99 Meserole Avenue (off Manhattan Avenue), Brooklyn, NY 11222. To register, please submit a completed application with payment.

A TYPICAL DAY

Time	Activity
9:00 – 9:20 am	Drop off and free play
9:20 – 9:35 am	Circle Time
9:35 – 10:15 am	Stories, books, and theme related activities
10:15 – 10:35 am	Snack Time
10:35 – 11:00 am	Art Project
11:00 – 11:30 am	Music, art, yoga or dance
11:30 – 12:00 pm	Goodbye circle, songs, share, and recall
12:00 pm	Pick-up

CHILDREN'S CLASSES

YOGA

A class designed with play in mind. This class focuses on breathing, balance and animal postures. Twice a month for 30 minutes.



DANCE

Children can explore the various ways their bodies can move while manipulating scarves, ribbons and various props to music. Free exploration with the body is a great way to build self-confidence. Twice a month for 30 minutes.

MUSIC

An instructor gives a thirty-minute class exploring rhythm and harmony. Children are encouraged to use instruments to create their sound, as well as following along with the teacher. Twice a month for 30 minutes.

ART/SCIENCE

An instructor gives a thirty-minute class using a variety of materials so the children can explore and discover different ways to express themselves. Twice a month for 30 minutes.



SPECIALTY CLASS

Louie Miranda, the Music Man!

Louie will come twice a month to perform and entertain the children with an interactive music program, including nursery rhymes and children's songs.