



CLASS NAME LEVEL/AGE RANGE DAY START TIME END TIME FEE ROOM

Fee per 8 week session:

Fees: **A**: Family Member \$145/ Youth Member \$171/ Community Member \$210

Fees: B: Family Member \$112/ Youth Member \$135/ Community Member \$154 Fees: C: Family Member \$139/ Youth Member \$164/ Community Member \$204

Fees: **D**: Member \$99/ Community Member \$175

Childwatch Hours: Mon -Thurs 6:15 PM -8:30 PM/ Saturday 8:45 AM - 1:15 PM

Fees: E: Family Member \$72/ Y	NEED FINANCIAL ASSISTANCE? JUST ASK!					
PRESCHOOL/TODDLER						
Ready, Set, Read	Ages 3 - 4	Monday	1:00 PM	2:00 PM	Fee: B	EC Center - 176 Java
Ready, Set, Math	Ages 3 - 4	Tuesday	1:00 PM	2:00 PM	Fee: B	EC Center - 176 Java
Ready, Set, Art	Ages 3 - 4	Wednesday	1:00 PM	2:00 PM	Fee: B	EC Center - 176 Java
Ready, Set, Science	Ages 3 - 4	Thursday	1:00 PM	2:00 PM	Fee: B	EC Center - 176 Java
Ready, Set, Explore	Ages 3 - 4	Friday	1:00 PM	2:00 PM	Fee: B	EC Center - 176 Java
Y EC Program Gym Time	Ages 2	(Co	ming in Spring 20	19)	(part of Y EC program)	
Y EC Program Gym Time	Ages 2	(Coming in Spring 20		19)	(part of Y EC program)	
EARLY CHILDHOOD TOU	RS (NEW FAMILIES)					
EC Tours (School Year)	First Tuesday of every month	Tuesday	9:30 AM	10:15 AM	NO COST	EC Center - 176 Java
MY GROWN UP AND ME						
Art & Swim	Ages 18 - 36 months	Saturday	9:15-9:45 am (Studi	io B)/10-10:30 am (Swim)	Member \$115/ NM \$205	Studio B/ Pool
Gym & Swim Starters	Ages 6-18 months	Monday	9:15-9:45 am (Studi	io A)/10-10:30 am (Swim)	Member \$105/ NM \$187	Studio A/ Pool
Gym & Swim Starters	Ages 18-36 months	Monday	9:50-10:20 am (Gyn	m)/ 10:30-11 am (Swim)	Member \$115/ NM \$205	Gym/ Pool
Baby & Me Yoga	Ages 1-10 months	Monday	11:00 AM	11:50 AM	FREE - Y Family Members	Studio A
Baby & Me Yoga	Ages 1-10 months	Wednesday	1:00 PM	1:50 PM	FREE - Y Family Members	Studio A
Baby & Me Yoga	Ages 1-10 months	Friday	1:00 PM	1:50 PM	FREE - Y Family Members	Studio A
Tot & Me Yoga	Ages 10 - 24 months	Wednesday	10:00 AM	10:50 AM	FREE - Y Family Members	Studio A
LIBRARY AT THE Y	3	<u>, , , , , , , , , , , , , , , , , , , </u>			<u>, </u>	
Toddler Time	Ages 18 months - 3 years	Tuesday	10:00 AM	10:30 AM	FREE	Studio A
Babies and Books	Ages 0 - 18 months	Thursday	10:00 AM	10:30 AM	FREE	Studio A
DANCE & MOVEMENT	3					
Ballet	Ages 4 - 5	Tuesday	3:30 PM	4:30 PM	Fee: A	Studio A
Hip Hop	Ages 6 -12	Tuesday	4:30 PM	5:30 PM	Fee: C	Studio A
ARTS & GAMES	3					
Drawing & Sculpting	Ages 7 -12	Wednesday	5:30 PM	6:30 PM	Fee: A	Studio A
Theater	Ages 5-10	Wednesday	4:30 PM	5:30 PM	Fee: C	Studio A
Puppetry and Mask Making	Ages 4 - 6	Wednesday	3:30 PM	4:30 PM	Fee: A	Studio A
Chess NEW	Ages 7 -12	Mondays	4:30 PM	5:30 PM	Fee: C	Gym
MUSIC						
Keyboard/ Piano	Ages 6 -12	Thursday	5:15 PM	6:00 PM	Fee: C	Studio A
SPORTS, MARTIAL ARTS	& FITNESS					
Shotokan Karate - Beg.	Ages 4 - 6	Saturday	12:00 PM	1:00 PM	Fee: D	Studio B
Shotokan Karate - Beg.	Ages 7 -12	Saturday	1:00 PM	2:00 PM	Fee: D	Studio B
Shotokan Karate - Adv.	Ages 7 -12	Saturday	2:00 PM	3:00 PM	Fee: D	Studio B
Indoor Soccer NEW	Ages 2 - 3	Friday	3:30 PM	4:15 PM	Fee: A	Gym
Indoor Soccer	Ages 4 - 6	Friday	4:15 PM	5:15 PM	Fee: A	Gym
Indoor Soccer	Ages 7 -11	Friday	5:15 PM	6:15 PM	Fee: A	Gym
Basketball	Ages 4 - 6	Saturday	1:30 PM	2:30 PM	Fee: E	Gym
Basketball	Ages 7 - 12	Saturday	2:30 PM	3:30 PM	Fee: E	Gym
Youth Fitness NEW	Ages 5-12	Sunday	1:00 PM	1:50 PM	FREE	Studio B
FAMILY & YOUTH OPEN			10.20.444	11.50.444		
Open Play - Family Play Time	Families & Kids Ages 5 & under	Monday Wednesday	10:30 AM	11:50 AM	FREE - Y Family Members	Gym
Open Play - Family Play Time Open Play - Family Play Time	Families & Kids Ages 5 & under Families & Kids Ages 5 & under	Friday	11:00 AM 11:00 AM	12:15 PM 11:50 AM	FREE - Y Family Members FREE - Y Family Members	Gym Gym
Open Gym - Family & Youth			5:30 PM	6:15 PM	FREE - Y Family Members	_
Open Gym - Family & Youth	Families & Kids Ages 12 & under Families & Kids Ages 12 & under	Monday Tuesday	11:00 AM	11:50 AM	FREE - Y Family Members FREE - Y Family Members	Gym Gym
Open Gym - Family & Youth	Families & Kids Ages 12 & under	Tuesday	5:30 PM	6:25 PM	FREE - Y Family Members	Gym
Open Gym - Family & Youth	Families & Kids Ages 12 & under	Wednesday	12:15 PM	3:00 PM	FREE - Y Family Members	Gym
Open Gym - Family & Youth	Families & Kids Ages 12 & under	Thursday	11:00 AM	11:50 AM	FREE - Y Family Members	Gym
Open Gym - Family & Youth	Families & Kids Ages 12 & under	Saturday	3:45 PM	4:45 PM	FREE - Y Family Members	Gym

Open Gym - Family & Youth	Families & Kids Ages 12 & under	Sunday	7:00 AM	9:45 AM	FREE - Y Family Members	Gym				
			7.00 7114	3.137111	TREE Truining Members	Gym				
	PARENT/CHILD 6 - 36 MO									
	session/ Program Member: \$187 per	3 week session								
Gym/ Swim A/ Water Discover	•	Monday	•	tudio A)/10-10:30 A		Studio A/ Pool				
Gym/ Swim B/ Water Explorat	_	Monday		Gym)/ 10:30-11 AM		Gym/ Pool				
Art/ Swim B/ Water Exploration		Saturday	9:15-9:45 AM (A	rt-Studio B)/ 10:00 -	- 10:30 AM (Swim-Pool)	LL/ Pool				
PARENT/CHILD SWIM 6 - 18 MONTHS										
Fee: Member: \$101 per 8 week	session/ Program Member: \$188 per 8	week session								
Swim Starters (6-18 months)	Stage A/ Water Discovery	Saturday	9:15 AM	9:45 AM	6-18 months	Pool				
PRESCHOOL SWIM 3-	-5 YEARS OLD									
Fee: Member: \$101 per 8 week	session/ Program Member: \$188 per 8	week session								
Swim Basics	Stage 1/ Water Acclimation	Tuesday	3:30 PM	4:00 PM	3-5 years old	Pool				
Swim Basics	Stage 1/ Water Acclimation	Wednesday	3:30 PM	4:00 PM	3-5 years old	Pool				
Swim Basics	Stage 1/ Water Acclimation	Saturday	10:40 AM	11:10 AM	3-5 years old	Pool				
Swim Basics	Stage 1/ Water Acclimation	Saturday	11:20 AM	11:50 AM	3-5 years old	Pool				
Swim Basics w/ Parent	Stage 1/ Water Acclimation	Sunday	9:30 AM	10:00 AM	3-5 years old	Pool				
Swim Basics	Stage 1/ Water Acclimation	Sunday	10:00 AM	10:30 AM	3-5 years old	Pool				
Swim Basics	Stage 2/ Water Movement	Tuesday	4:10 PM	4:40 PM	3-5 years old	Pool				
Swim Basics	Stage 2/ Water Movement	Thursday	3:30 PM	4:00 PM	3-5 years old	Pool				
Swim Basics	Stage 2/ Water Movement	Saturday	10:40 AM	11:10 AM	3-5 years old	Pool				
Swim Basics	Stage 2/ Water Movement	Saturday	11:20 AM	11:50 AM	3-5 years old	Pool				
Swim Basics	Stage 2/ Water Movement (#1)	Saturday	12:00 PM	12:30 PM	3-5 years old	Pool				
Swim Basics	Stage 2/ Water Movement (#2)	Saturday	12:00 PM	12:30 PM	3-5 years old	Pool				
Swim Basics	Stage 2/ Water Movement	Sunday	10:40 AM	11:10 AM	3-5 years old	Pool				
Swim Basics		•			3-5 years old					
	Stage 3/ Water Stamina	Tuesday	4:50 PM	5:20 PM	· · · · · · · · · · · · · · · · · · ·	Pool				
Swim Basics	Stage 3/ Water Stamina	Saturday	11:20 AM	11:50 AM	3-5 years old	Pool				
Swim Basics	Stage 3/ Water Stamina	Saturday	12:00 PM	12:30 PM	3-5 years old	Pool				
Swim Basics	Stage 3/ Water Stamina	Sunday	11:20 AM	11:50 PM	3-5 years old	Pool				
Swim Strokes	Stage 4/ Stroke Introduction	Sunday	12:00 PM	12:30 PM	3-5 years old	Pool				
	'EARS OLD									
	session/ Program Member: \$205 per		12.40 DM	1 25 DM	5-12 years old	Dool				
Swim Basics Swim Basics	Stage 1/ Water Acclimation Stage 1/ Water Acclimation	Saturday	12:40 PM 1:35 PM	1:25 PM 2:20 PM	5-12 years old	Pool Pool				
		Saturday			<u> </u>					
Swim Basics	Stage 2/ Water Movement	Thursday	4:10 PM	4:55 PM	5-12 years old	Pool				
Swim Basics	Stage 2/ Water Movement	Saturday	12:40 PM	1:25 PM	5-12 years old 5-12 years old	Pool				
Swim Basics Swim Basics	Stage 2/ Water Movement (#1) Stage 2/ Water Movement (#2)	Saturday	2:30 PM 2:30 PM	3:15 PM	5-12 years old	Pool Pool				
		Saturday		3:15 PM	<u> </u>					
Swim Basics	Stage 3/ Water Stamina	Wednesday	4:10 PM	4:55 PM	5-12 years old	Pool				
Swim Basics	Stage 3/ Water Stamina	Saturday	1:35 PM	2:20 PM	5-12 years old	Pool				
Swim Strokes	Stage 4/ Stroke Introduction	Wednesday	5:05 PM	5:50 PM	5-12 years old	Pool				
Swim Strokes	Stage 4/ Stroke Introduction	Saturday	12:40 PM	1:25 PM	5-12 years old	Pool				
Swim Strokes	Stage 4/ Stroke Introduction	Saturday	1:35 PM	2:20 PM	5-12 years old	Pool				
Swim Strokes	Stage 4/ Stroke Introduction	Saturday	2:30 PM	3:15 PM	5-12 years old	Pool				
Swim Strokes	Stage 5/ Stroke Development	Thursday	5:05 PM	5:50 PM	5-12 years old	Pool				
Swim Strokes	C. E/C/ · D ·			c	E 10 !!					
	Stage 5/ Stroke Development	Thursday	6:00 PM	6:45 PM	5-12 years old	Pool				
Swim Strokes	Stage 6/ Stroke Mechanics	Thursday Monday	6:00 PM 4:30 PM	6:45 PM 5:15 PM	5-12 years old 5-12 years old	Pool Pool				
	Stage 6/ Stroke Mechanics			5:15 PM	-					
Swim Strokes	Stage 6/ Stroke Mechanics				-					
Swim Strokes TEEN SWIM Up to 17	Stage 6/ Stroke Mechanics YEARS OLD	Monday	4:30 PM	5:15 PM	5-12 years old	Pool				
Swim Strokes TEEN SWIM Up to 17 Aquatics Conditioning	Stage 6/ Stroke Mechanics YEARS OLD	Monday	4:30 PM	5:15 PM	5-12 years old	Pool				
Swim Strokes TEEN SWIM Up to 17 Aquatics Conditioning FAMILY SWIM	Stage 6/ Stroke Mechanics YEARS OLD Ages 9-17	Monday Tuesdays	4:30 PM 5:30 PM	5:15 PM 6:15 PM	5-12 years old 9-17 years old	Pool Pool				
Swim Strokes TEEN SWIM Up to 17 Aquatics Conditioning FAMILY SWIM Family, Youth & Private Swim	Stage 6/ Stroke Mechanics YEARS OLD Ages 9-17 Families Families	Monday Tuesdays Monday	4:30 PM 5:30 PM 2:15 PM	5:15 PM 6:15 PM 3:15 PM	5-12 years old 9-17 years old FREE - Y Family Members	Pool Pool				
Swim Strokes TEEN SWIM Up to 17 Aquatics Conditioning FAMILY SWIM Family, Youth & Private Swim Family, Youth & Private Swim	Stage 6/ Stroke Mechanics YEARS OLD Ages 9-17 Families Families	Monday Tuesdays Monday Monday	4:30 PM 5:30 PM 2:15 PM 5:30 PM	5:15 PM 6:15 PM 3:15 PM 6:50 PM	5-12 years old 9-17 years old FREE - Y Family Members FREE - Y Family Members	Pool Pool Pool				
Swim Strokes TEEN SWIM Up to 17 Aquatics Conditioning FAMILY SWIM Family, Youth & Private Swim Family, Youth & Private Swim Family, Youth & Private Swim	Stage 6/ Stroke Mechanics YEARS OLD Ages 9-17 Families Families Families Families Families	Monday Tuesdays Monday Monday Wednesday	4:30 PM 5:30 PM 2:15 PM 5:30 PM 6:00 PM	5:15 PM 6:15 PM 3:15 PM 6:50 PM 6:55 PM	5-12 years old 9-17 years old FREE - Y Family Members FREE - Y Family Members FREE - Y Family Members	Pool Pool Pool Pool				
Swim Strokes TEEN SWIM Up to 17 Aquatics Conditioning FAMILY SWIM Family, Youth & Private Swim	Stage 6/ Stroke Mechanics YEARS OLD Ages 9-17 Families Families Families Families Families	Monday Tuesdays Monday Monday Wednesday Friday	4:30 PM 5:30 PM 2:15 PM 5:30 PM 6:00 PM 11:00 AM	5:15 PM 6:15 PM 3:15 PM 6:50 PM 6:55 PM 12:30 AM	5-12 years old 9-17 years old FREE - Y Family Members	Pool Pool Pool Pool Pool				
Swim Strokes TEEN SWIM Up to 17 Aquatics Conditioning FAMILY SWIM Family, Youth & Private Swim	Stage 6/ Stroke Mechanics YEARS OLD Ages 9-17 Families Families Families Families Families Families Families Families Families Families	Monday Tuesdays Monday Monday Wednesday Friday Friday	4:30 PM 5:30 PM 2:15 PM 5:30 PM 6:00 PM 11:00 AM 3:45 PM	5:15 PM 6:15 PM 3:15 PM 6:50 PM 6:55 PM 12:30 AM 6:00 PM	5-12 years old 9-17 years old FREE - Y Family Members	Pool Pool Pool Pool Pool Pool				

GET SOCIAL: FACEBOOK AND TWITTER - GREENPOINTYMCA

SATURDAY DIVE IN MOVIES

The two-part family event at the Greenpoint YMCA feature family movie and family swim time in our indoor heated pool.
*FREE for Y families. FREE pizza.
Family Swim: 3:30 - 5 PM / Family Movie: 5 - 7 PM

2/9 Lady and the Tramp 3/9 Moana 4/13 Toy Story

5/11 Up 6/8 Finding Nemo



CELEBRATE WITH US!

Having a birthday party? Rent our pool on Sundays from 3:30 – 4:30 PM. Inquire at the front desk or call at 212-912-2260.

*Schedule changes are noted in red.

WINTER 2019 HOLIDAY CAMP DATES

2/5 Lunar New Year Mid-Winter Recess 2/18-22 2/18-22 Recess Swim Camp

Rates per day: Family Member: \$35/ Youth Member: \$55/ Non-Member: \$75

Sign up for Holiday Camp at Member Svcs Desk.