



# Vanderbilt Pool Schedule

Effective 1/2/19

## East Pool Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>5:00 AM</b> 5:15 AM 5:30 AM 5:45 AM							
<b>6:00 AM</b> 6:15 AM 6:30 AM 6:45 AM							
<b>7:00 AM</b> 7:15 AM 7:30 AM 7:45 AM							
<b>8:00 AM</b> 8:15 AM 8:30 AM 8:45 AM							
<b>9:00 AM</b> 9:15 AM 9:30 AM 9:45 AM							
<b>10:00 AM</b> 10:15 AM 10:30 AM 10:45 AM							
<b>11:00 AM</b> 11:15 AM 11:30 AM 11:45 AM							
<b>12:00 PM</b> 12:15 PM 12:30 PM 12:45 PM					<b>Aqua Cycling</b> 12:00 - 12:45 pm		
<b>1:00 PM</b> 1:15 PM 1:30 PM 1:45 PM	<b>Adult Lessons</b> 11 am - 2 pm  <b>Master Swim</b> 2 - 3:30 pm						<b>Adult &amp; Youth Lessons</b> 11 am - 3 pm
<b>2:00 PM</b> 2:15 PM 2:30 PM 2:45 PM		<b>Adult Lap Swim</b> 5 am - 11 pm	<b>Adult Lap Swim</b> 5 am - 11 pm	<b>Adult Lap Swim</b> 5 am - 11 pm	<b>Adult Lap Swim</b> 5 am - 11 pm	<b>Adult Lap Swim</b> 5 am - 11 pm	
<b>3:00 PM</b> 3:15 PM 3:30 PM 3:45 PM							
<b>4:00 PM</b> 4:15 PM 4:30 PM 4:45 PM	<b>Adult Lap Swim</b> 7 am - 8 pm	<b>Swim Club</b> 4 - 5:30 pm	<b>Youth Lessons</b> 4 - 5 pm	<b>Swim Club</b> 4 - 5:30 pm	<b>Youth Lessons</b> 4:15 - 5 pm	<b>Swim Club</b> 4 - 5:30 pm	<b>Adult Lap Swim</b> 7 am - 8 pm
<b>5:00 PM</b> 5:15 PM 5:30 PM 5:45 PM							
<b>6:00 PM</b> 6:15 PM 6:30 PM 6:45 PM							
<b>7:00 PM</b> 7:15 PM 7:30 PM 7:45 PM		<b>Adult Lessons</b> 6:30 - 8:30 pm <b>Aqua Cycling</b> 7:15 - 8 pm		<b>Master Swim</b> 7 - 8:30 pm <b>Adult Lessons</b> 7:30 - 8:30 pm	<b>Adult Lessons</b> 7 - 8 pm <b>Master Swim</b> 7:30 - 9:00 pm	<b>Master Swim</b> 7 - 8:30 pm	
<b>8:00 PM</b> 8:15 PM 8:30 PM 8:45 PM							<b>Aqua Cycling will take place in lane 1.</b>
<b>9:00 PM</b> 9:15 PM 9:30 PM 9:45 PM							<b>Adult &amp; Youth lessons will take place in lanes 4, 5 &amp; 6.</b>
<b>10:00 PM</b> 10:15 PM 10:30 PM 10:45 PM							

AQUATICS DIRECTOR: Ivy Guerra, [iguerra@ymcany.org](mailto:iguerra@ymcany.org) or 212-912-2536

Please note: Private swim lessons may be going on at anytime during the day in any lane.

Pool schedule subject to change without notice.