	West Side Large Pool Schedule						Winter Schedule - Session I January 2 - February 24, 2019 **Effective January 24, 2019**	
	[	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ULE	5:00am 5:15am 5:30am 5:45am 6:00am 6:15am 6:30am 6:45am 7:00am 7:15am 7:30am 7:45am 8:00am 8:15am 8:30am 8:45am 9:00am 9:15am 9:00am 9:15am 9:00am 9:45am 10:15am 10:30am 10:45am 10:30am 10:45am 11:00pm 12:15pm 12:30pm 12:45pm 1:45pm 2:00pm 2:15pm 2:30pm 2:45pm 3:30pm 3:15pm 3:30pm	All Ages Lap Swim 5:00 AM - 3:55 PM	All Ages Lap Swim 5:00 AM - 10:45 PM	All Ages Lap Swim 5:00 AM - 3:55 PM	All Ages Lap Swim 5:00 AM - 10:45 PM	All Ages Lap Swim 5:00 AM - 3:55 PM	All Ages Lap Swim 7:00 AM - 7:45 PM Stroke Introduction 10:00-10:45 Lane 1 Comp. Skills/Drills 10:45-11:30 Lane 1 Stoke 11:30-12:15 Lane 1 Stroke Development 12:15-1:00 Lane 1	All Ages Lap Swim 8:00 AM - 7:45 PM Comp. Skills/Drills 10:00-10:45 Lane 1 Stroke Introduction 10:45-11:30 Lane 1 Stroke Development 11:30-12:15 Lane 1 Stroke Mechanics 12:15-1:00 Lane 1
SC	4:00pm 4:15pm 4:30pm	POOL CLOSED Piranhas Swim Team	Team/Lessons   Lap Swim     4:00-5:00 PM   4:00-5:00 PM     Lanes 1 & 2   Lanes 3 & 4	POOL CLOSED Piranhas Swim Team	Team/Lessons   Lap Swim     4:00-5:45 PM   4:00-5:45 PM     Lanes 1 & 2   Lane 3 & 4	POOL CLOSED Piranhas Swim Team	All Ages Lap Swim 7:00 AM - 7:45 PM	All Ages Lap Swim 8:00 AM - 7:45 PM
LARGE	4:45pm 5:00pm 5:15pm 5:30pm 6:00pm 6:15pm 6:45pm 7:00pm 7:15pm 7:30pm 7:45pm 8:00pm 8:15pm 8:30pm 9:00pm 9:15pm 9:30pm 9:45pm 10:00pm 10:15pm	3:55-5:30 PM   Lessons Lap Swim   5:30-6:15 PM 5:30-6:15 PM   Lanes 1 & 2 1:30-6:15 PM   Lanes 3-4 1:30-6:15 PM   All Ages Lap Swim 5:30 PM - 10:45 PM   in open lanes during classes 1:30 PM - 10:45 PM	Lessons 5:00-5:45 PM Lanes 1 & 2 All Ages Lap Swim 5:00 AM - 10:45 PM in open lanes during classes	SissesSissesLessons 5:30-6:15 PM Lanes 1 & 2Lap Swim 5:30-6:15 PM Lanes 3-4Lessons 7:00-8:00 PM Lanes 1Lap Swim 7:00-8:00 PM Lanes 2-4All Ages Lap Swim 5:30 PM - 10:45 PM in open lanes during classes	All Ages Lap Swim 5:00 AM - 10:45 PM in open lanes during classes	3:55-5:30 PM   Lessons Lap Swim   5:30-6:15 PM 5:30-6:15 PM   Lanes 1 & 2 Lanes 3-4   All Ages Lap Swim 5:30 PM - 10:45 PM   5:30 PM - 10:45 PM in open lanes during classes		
	10:45pm	E "SAFE POOLS HAVE RULES		AQUATICS DIRECTOR: Melani	o Torros			

PLEASE SEE "SAFE POOLS HAVE RULES"

AQUATICS DIRECTOR: Melanie Torres torresm@ymcanyc.org or 212-912-2676