

# GYMNASIUM SCHEDULE

WINTER SESSION: 1/1 - 2/24



MON

TUES

WED

THURS

FRI

SAT

SUN

|   |   |   |   |   |  |  |
|---|---|---|---|---|--|--|
| Adult Open Gym Basketball<br>5:00am—7:00am                          | Adult Open Gym Basketball<br>5:00am—8:30am                          | Adult Open Gym Basketball<br>5:00am—7:00am                          | Adult Open Gym Basketball<br>5:00am—8:30am                          | Adult Open Gym Basketball<br>5:00am—7:00am                          | Adult Open Gym Basketball<br>6:00am—8:15am       | Adult Open Gym Basketball<br>6:00am—7:45am                       |
| Total Body Cond. with Gwen<br>7:10am—7:55am                         | Boot Camp with Juan<br>9:00am—9:55am                                | Total Body Cond. with Gwen<br>7:10am—7:55am                         | Indoor Playground<br>9:00am—11:30am                                 | Total Body Cond. with Gwen<br>7:10am—7:55am                         | Zumba® with Lisa<br>8:30am—9:30am                | Insanity® with Joseph<br>8:00am—9:00am                           |
| Adult Open Gym Basketball<br>8:00am—9:00am                          | Adult Open Gym Basketball<br>10:00am—3:00pm                         | Adult Open Gym Basketball<br>8:00am—9:00am                          | Adult Open Gym Basketball<br>12:00pm—3:00pm                         | Adult Open Gym Basketball<br>8:00am—3:00pm                          | Pre-School Gym & Swim Classes<br>10:00am—12:30pm | Youth Soccer<br>9:00am—12:00pm<br><i>(registration required)</i> |
| Indoor Playground<br>9:00am—11:30am                                 | Youth Basketball<br>3:00pm—5:55pm<br><i>(registration required)</i> | Indoor Playground<br>9:00am—11:30am                                 | Youth Gymnastics<br>3:00pm—6:00pm<br><i>(registration required)</i> | Youth Gymnastics<br>3:00pm—7:00pm<br><i>(registration required)</i> | Zumba® with Michael<br>1:20pm—2:20pm             | Family Open Court<br>12:00pm—2:00pm                              |
| Adult Open Gym Basketball<br>12:00pm—3:00pm                         | Insanity® With Daniel<br>6:00pm—6:55pm                              | Adult Open Gym Basketball<br>12:00pm—3:00pm                         | Teen Full Court Basketball<br>6:00pm—7:00pm                         | Teen Full Court Basketball<br>7:00pm—8:00pm                         | Family Open Court<br>2:30pm—5:30pm               | Teen Full Court Basketball<br>2:00pm—4:00pm                      |
| Youth Gymnastics<br>3:00pm—7:00pm<br><i>(registration required)</i> | Adult Open Gym Basketball<br>7:00pm—8:15pm                          | Youth Gymnastics<br>3:00pm—7:00pm<br><i>(registration required)</i> | Boot Camp with Joseph<br>7:15pm—8:15pm                              | Adult Open Gym Basketball<br>8:15pm—11:00pm                         | Teen Full Court Basketball<br>5:30pm—7:00pm      | Adult Open Gym Basketball<br>4:00pm—9:00pm                       |
| Boot Camp with Joseph<br>7:15pm—8:15pm                              | Co-ed Volleyball<br>8:30pm—11:00pm                                  | Teen Full Court Basketball<br>7:00pm—8:00pm                         | Co-ed Volleyball<br>8:30pm—11:00pm                                  |   | Adult Open Gym Basketball<br>7:00pm—9:00pm       |  |
| Adult Open Gym Basketball<br>8:30pm—11:00pm                         |   | Adult Open Gym Basketball<br>8:15pm—11:00pm                         |   |   |  |  |