



# EARLY CHILDHOOD PROGRAMMING

Winter Session: January 2 – February 24



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## Mondays

### Tiny Toes Ballet

3:00pm—3:45pm (ages 3-6)

Children will learn the fundamentals of ballet through awareness of body movement and creativity. While participating in exercise and dance sequences, participants will learn coordination while exploring various levels of movement that develop strength.



## Mondays

### Little Chefs

3:00pm—3:45pm (ages 3-6)

Healthy & yummy recipes are introduced as children cook up a fun recipe every week. Children will prepare and enjoy different foods while measuring, counting, sharing, and learning about nutrition.

## Tuesdays

### Ready, Set, Science

3:00pm—3:45pm (ages 4-6)

This class will provide hands on exploration of the wonders of science with experiments and fascinating discoveries.



## Wednesdays

### Little Artist

3:00pm—3:45pm (ages 3-6)

Kids will have a great time mixing paints and using different mediums while learning about various artists and basic drawing skills. A variety of projects will be created using different materials and techniques.

## Thursdays

### Hip Hop

3:00pm—3:45pm (ages 3-6)

Children will learn the fundamentals of hip hop while engaging in age appropriate dance movements to energetic music. This will enable them to learn rhythm, balance and coordination, while also aiding to build their memory skills as they remember the sequence of the dance moves.



## Fridays

### Ready, Set, Read

3:00pm—3:45pm (ages 4-6)

A reading readiness class, children are exposed to sight words, alphabet sounds and sounding out words. These skills are intended to help your child attain pre-reading skills.

## **FOR MORE INFORMATION:**

Lois Rothstein  
Early Childhood Director  
Phone: (718) 551-9356  
Email: [lrothstein@ymcanyc.org](mailto:lrothstein@ymcanyc.org)

**Member Price: \$100  
Program Member: \$160**