

KID STUFF

Winter: January 2, 2019– February 24, 2019
Members– \$100; Non-Members– \$130 (1x a week)
unless noted otherwise **REVISED 12/21/18**

Member Registration
11/15/2018
Non Member Registration
11/22/2018



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



REGISTER ONLINE!

Take a look at our website and get acquainted with our online registration process!

register.ymcanyc.org

TAE KWON DO

Learn basic punches, strikes, blocks and kicks while gaining focus, strength and coordination. TKD at the Y is all about teamwork, respect and patience—not combat or self-defense.

4-5 YEARS

TUESDAYS 5:00-5:50PM
THURSDAYS 5:00PM-5:50PM



4-99 YEARS

TUESDAYS & THURSDAYS 6:15-7:15PM (BEG)
TUESDAYS & THURSDAYS 7:15-8:15PM (INT/ADV)
SATURDAYS 9:30-10:30AM (BEG)
SATURDAYS 10:30-11:30AM (INT/ADV)

Munch Center

BALLET

The basics are introduced with patience and care, not to mention fun! Our programs nurture kids' sense of self-confidence and introduce them to positive, fun activities that build athletic, social and interpersonal skills.

3-6 YEARS

SATURDAYS 12:00-12:45PM

BEGINNER 7-12 YEARS

SATURDAYS 12:50-1:35PM

Fitness Studio



HIP HOP

This introductory-level Hip Hop class provides a structured method of learning various Hip Hop dance movements in a fun-filled and vibrant class environment, and offers a new set of combinations and routines every time.

3-6 YEARS

SATURDAYS 1:30-2:20PM

6-8 YEARS

SATURDAYS 2:30-3:20PM

Fitness Studio

DANCE TEAM

Our Dance team's purpose is to provide a dance experience that includes: accelerated instruction, increased performance opportunities, and development of proper placement, technique, discipline, strength and performance skills. Our Team of dancers will have the opportunity to travel to outside locations and perform in different dance competitions as well as events.

**Price includes track suits and practices
**Additional costs apply for costumes and competitions

8--15 YEARS

SATURDAYS 3:45PM-5:45PM

* \$280

Toddler Play

Toddler play is an introduction for toddlers to the basics of dance, STEM and ART. Preschoolers will explore the arts as a tool for self-expression using rhythm games, songs, and stories. Children learn balance, coordination, and develop basic locomotive skills.

12 MONTHS-2 YEARS

SATURDAYS 10:00-10:45AM

3-5 YEARS

SATURDAYS 11:00-11:45AM

MPR

Need financial assistance? JUST ASK!

Schedule subject to change; classes need minimum 3 participants to operate.

BRONX YMCA. 2 Castle Hill Avenue Bronx, NY 10473. 212-912-2490

QUESTIONS?

Stefany Navarro

snavarro@ymcanyc.org

YBL Tournament

Children will learn the fundamentals of the sport, along with being able to compete with their peers. Instructors will prepare kids for real-time competition by teaching skills such as dribbling, shooting, formations, plays, endurance perfor-

5-6 YEARS
SATURDAYS 12:10PM-1:00PM
7-9 YEARS
SATURDAYS 1:10PM-2:00PM
10-13 YEARS
SATURDAYS 2:10PM-3:00PM
14-18 YEARS
SATURDAYS 3:10PM- 4:00PM
Munch Center



SOCCER

This program is perfect for players looking for a more competitive soccer environment with 3 weekly practices and small sided games to enhance player development. Training focuses on skill development while learning the fundamentals and proper technique in passing, dribbling, and shooting.



MONDAY, WEDNESDAY, & FRIDAY
7-14 YEARS
6:30PM-8:30PM
Munch Center
* \$300

SOCCER

This skills and drills program teaches children the proper techniques needed to play the sport. Children will learn how to become comfortable with their feet while dribbling, passing, and shooting the ball.

6-14 YEARS
SUNDAYS
10:00AM-10:50AM
3-5 YEARS
SUNDAYS
11:00AM-11:50AM

Munch Center



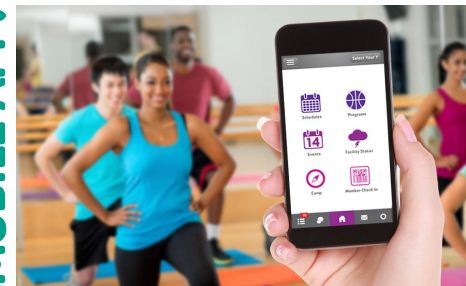
YOUNG PICASSO

Exploring all different drawing and painting techniques using different media such as a variety of pencils, pastels, watercolor and acrylics. Students will find their individual expression through art and develop technical skills with rendering and color.

10-12 YEARS
SATURDAYS 10:00AM-10:50AM
5-6 YEARS
SATURDAYS 11:00AM-11:50AM
7-9 YEARS
SATURDAYS 12:00PM-12:50PM
MUNCH CENTER CLASSROOM

* MEMBERS: \$105 NON-MEMBERS: \$135

MOBILE APP!



MOBILE APP!

Download our mobile app for automatic updates on class changes and cancellations.

ymcanyc.org/app or visit the app store on your device and search:

YMCA of Greater NY