

HARLEM YMCA POOL SCHEDULE

| 2021 SESSION 5 October 4th – October 31st, 2021 | | | | | | | |
|---|---|--|--------------------------------|---------------------------------|------------------------|---|--------|
| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| 7:00 AM 8:00 AM | - LAP SWIM 7:00 AM – 8:10 AM | LAP SWIM 7:00 AM – 8:50 AM | LAP SWIM 7:00 AM – 9:00 AM | LAP SWIM 7:00 AM – 8:50 | | | |
| 9:00 AM | AQUA AEROBICS 8:30-9:30 AM *(app reservations required) | | | | | AQUA AEROBICS 8:30–9:30 AM *(app reservations required) | |
| 10:00 AM | LAP SWIM 9:50 AM – 11:20 AM | | LAP SWIM 9:20 AM – 11:20 AM | | | | |
| 11:00 AM | | LAP SWIM 10:20 AM – 12:20 PM | | LAP SWIM 10:20 AM – 12:20 PM | | YOUTH LESSONS | |
| 12:00 PM 1:00 PM | LAP SWIM 11:40 AM – 1:40 PM | LAP SWIM 12:40 PM-1:40 PM | LAP SWIM 11:40 AM – 1:40 PM | LAP SWIM 12:40 PM-1:40 PM | CLOSED | 10:00 AM-2:30 PM | CLOSED |
| 2:00 PM 3:00 PM | | | | | | | |
| 4:00 PM | YOUTH | YOUTH | YOUTH | YOUTH | | POOL CLOSES AT 2:30 PM | |
| 5:00 PM 6:00 PM | 4:00 PM-6:00 PM | LESSONS 4:00 PM-6:00 PM | LESSONS 4:00 PM-6:00 PM | LESSONS 4:00 PM-6:00 PM | | | |
| 7:00 PM | LAP SWIM 6:20 PM-8:00 PM | LAP SWIM 6:20 PM-8:00 PM | LAP SWIM 6:20 PM-8:00 PM | LAP SWIM 6:20 PM-8:00 PM | | | |
| 8:00 PM | | | | | | | |
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